



14 **Street Beat**
North Beach:
 Saloon talks 8
Food & Wine
New & Notable:
 Le Marais opens
 up shop 14



18 **A&E**
Back Story:
 S.F.'s rich newspaper
 history 18
Pets
The Halo Effect: A
 passion for rescue 30



20 **Calendar**
August Events: Jessye Norman
 has something to say to you – sing
 to you, actually. You can catch her
 this month, as well as Rita Moreno,
 a Japantown street fair, and the
 classic film *The Princess Bride* in
 the park 20

MarinaTimes

WWW.MARINATIMES.COM :: CELEBRATING OUR 27TH YEAR :: VOLUME 29 :: ISSUE 8 :: AUGUST 2013



Rob Donnelly, Neal Cassady, Allen Ginsberg, Robert La Vigne, and Lawrence Ferlinghetti in front of City Lights bookstore, 1956 PHOTO: ALLEN GINSBERG

Allen Ginsberg's Beat memories at the Contemporary Jewish Museum

by sharon anderson

WHEN ALLEN GINSBERG'S poem *Howl* was first published in 1956, it ignited controversy and sealed his reputation as a formidable poet. Influenced by Whitman's free verse and departing from formal traditions, Ginsberg went on to publish numerous volumes of poetry and become well known as a leader of the Beat Generation.

During the late 1940s and early 1950s, Ginsberg began taking photos of his friends and colleagues, many of them fellow Beats, including Jack Kerouac and William S. Burroughs. The intimate, personal style of these photos, many of which have now become iconic images of the young Beats, revealed his deep affection for his friends and lovers during their entwined careers and relationships. After purchasing a Kodak

Retina camera, Ginsberg increased his documentary-style photographic output between 1953 and 1963, after which he continued as an occasional photographer until his death in 1997.

These photographs and negatives, a family album of sorts for the Beat and counterculture generation, were catalogued in the Ginsberg archive at Columbia University in the 1980s. At that

GINSBERG, continued on 4

REYNOLDS RAP

Dirty Politics

Lombard Street may stay as dirty as Marina politics

by susan dyer reynolds

The truth is incontrovertible. Malice may attack it and ignorance may deride it, but in the end, there it is.

—Winston Churchill

AT A MEETING OF THE SAN FRANCISCO COUNCIL OF District Merchants (DCM) held July 16, 2013, Michael Levy, co-owner of Pet Food Express (PFE), was invited to speak. Kathleen Dooley represented the San Francisco Pet Store Coalition, asking the council to send a letter to the Planning Commission denouncing efforts by PFE and the Pets Unlimited Cat Adoption Center to move into 2460 Lombard Street.

If her name sounds familiar, it's because I wrote a column last month about the railroad job against PFE taking place at the Small Business Commission (SBC). Dooley, who helped form the pet store coalition to keep PFE out of the same building in 2009, held secret "subcommittee" meetings and was present at full commission meetings where the coalition was invited to present and PFE was not. The meetings resulted in Dooley representing the SBC several times before the Planning Commission in opposition to PFE.

Prior to the DCM meeting, requests for ethics violation investigations of Dooley, SBC secretary Chris Schulman, and Office of Small Business Executive Director Regina Dick-Endrizzi had been submitted. Dooley is either incredibly arrogant or feels she's untouchable because of her close

DIRTY POLITICS, continued on 3

Spending \$7.9 billion

How San Francisco's new budget will affect you and your community

by supervisor mark e. farrell

AFTER MAYOR ED LEE PRESENTED his proposed balanced budget on May 31 of this year, the Budget and Finance Committee, which I chair, spent the month of June reviewing the mayor's draft, sitting through committee hearings with every major department, meeting with our controller and the Budget and Legislative Analyst's Office, and meeting with residents, community organizations, city commissioners, business leaders, labor organizations and others to thoroughly assess the budget proposed by the mayor. In addition, we held six town hall meetings throughout different neighborhoods across San Francisco (including one at Galileo High School in District 2), an online town hall forum, and a full day of

public comment that lasted more than six hours at the Budget and Finance Committee.

It was a long and exhausting process. As I stated when we began this process, my role as chair of our Budget and Finance Committee was two-fold: strongly advocate for my budget priorities, while at the same time develop a consensus budget with my colleagues to create a budget we can all support. After months of work and a number of all-night efforts at City Hall in the final weeks, I am thankful that we did just that. On July 23, 2013, the Board of Supervisors unanimously passed the consensus balanced budget reached by the Budget and Finance Committee for Fiscal Year 2013-14 and 2014-15, and on July 24 Mayor Lee signed the final budget into law.

BUDGET, continued on 6



Emirates Team New Zealand's Aotearoa suffered a breakdown with a sail during the Louis Vuitton Cup in July PHOTO: © ACEA / PHOTO GILLES MARTIN-RAGET

Now, for the action

After legal and political wrangling, America's Cup is putting on a show at the Marina's doorstep

by john zipperer

PEOPLE WHO THINK that the America's Cup is an uneventful playtoy of billionaires

are given second thoughts when they hear that the large AC72 catamarans used in these races are literally faster than the wind. As everyone in the Marina

knows, the wind can be quite fast, indeed.

July saw the competition get into high gear, with the action spread from the

AMERICA'S CUP, continued on 13

North Beach Restaurant Since 1970 in San Francisco



North Beach Restaurant has served the finest Cucina Toscana in the Bay Area. Famous for its home-cured prosciutto and extra virgin olive oil from owner Lorenzo Petroni's Sonoma olive groves, the restaurant is a dining destination with great food, award-winning wine list, relaxed atmosphere and superb service.

Lunch in North Beach Although open seven days a week for lunch and dinner, our lunch offers a unique opportunity to try some new dishes in a relaxed setting and at lower prices. Many offerings are unique to our restaurant and not available elsewhere.

Some suggestions: Calamari Vinegarette, Pappa al Pomodoro, Frittata Lucchese, Farro, Cold Fresh Pickled Halibut with Onions, Burrata Pugliese, Osso Buco. And all of the fish we offer is both fresh and wild caught.



Petroni Vineyards Since 1992 North Beach Restaurant owner, Lorenzo Petroni, has produced award-winning wines in Sonoma: estate grown and organically farmed Brunello di Sonoma, Cabernet, Syrah, Chardonnay and Sauvignon Blanc.

Now at North Beach Restaurant you will sample Brunello di Sonoma — America's first Brunello — when you dine at North Beach Restaurant. And you can save 20% on all Petroni award-winning wines when you join the Petroni Vineyards VIP Wine Club. For a Wine Club application, please call (707) 935-8311 or e-mail wine@petronivineyards.com



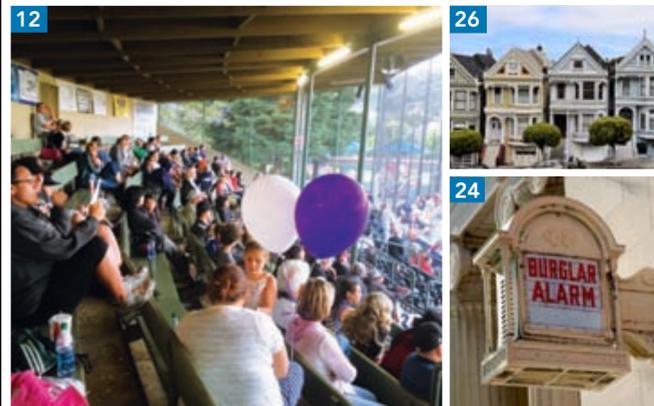
A Creation of Lorenzo Petroni and Bruno Orsi
Serving Continuously From 11:30am-11:45pm.
Banquet Room 12 - 100

1512 Stockton Street, San Francisco • (415) 392-1700
www.northbeachrestaurant.com www.petronivineyards.com

VALET PARKING

CONTENTS

IN THIS ISSUE



News

On the beat

Bruce Bellingham reports on people buffeted by the news; briefs on transportation plans, hit-and-run rally, and arboretum fees. **4**

Community

Perfecting the City

Criminals never sleep in the Northside, as the Police Blotter reports. **6**

Street Beat

Words by the Bay

Ernest Beyl, veteran pub expert, shares words of wisdom from North Beach's saloons; and Fred Gehrunge unveils a tongue-in-cheek solution to our aging skin. **8**

Business & Finance

Business that works and doesn't

John Zipperer teaches texting etiquette 101; and Marilyn Damon Diamond shines the spotlight on Esta Soler and her organization Futures Without Violence. **10**

Sports

Batter up

Steve Hermanos looks for and finds family-friendly baseball in our backyard. **12**

Food & Wine

Dining and dishing

Julie Mitchell investigates the new Le Marais bakery; Ernest Beyl shares his latest grab bag of food thoughts and threats; Bill Knutson grills some pomegranate chicken; and the Tablehopper unveils a bunch of openings. **14**

Arts & Entertainment

Life and Nightlife

Film critic Michael Snyder reviews *Blue Jasmine*; Ernest Beyl delves into the storied history of San Francisco's newspapers; plus the Marina's best sellers. **18**

Calendar

August events

Before the summer ends, take in America's Cup action and side events, a giant craft show at Fort Mason, Paul McCartney at Outside Lands, Larry Ellison's art collection, Haydn's Die Jahreszeit by the S.F. Choral Society, the Resonance Jazz Ensemble ... and much more to keep you busy, having fun, and learning this month. **20**

At Home

Health and House

Thalia Farshchian shows how to improve and safeguard your memory; Liz Farrell tells you how to take charge of your children's technology intake; and Julia Strzesieski offers home security tips for everyone. **22**

Real Estate

Renting, buying, and selling

John Zipperer reports on the windfall some well-positioned Marina owners are making by renting their homes to out-of-town America's Cup fans; Realtor Carole Isaacs says affordability has become a key concern for buyers; plus the Marina market report. **25**

Travel

The other side of the mountain

Patty Bunniss finds it's always sunny in Carmel Valley Village. **28**

Pets

The halo effect

Susan Dyer Reynolds explains how anything you do to support animal rescue, no matter how big or how small, makes a difference. **30**

ONLINE SPECIALS

Evalyn Baron explores the fun of finding free furniture on the street, Michael Snyder reveals his love for 101, and more: [on www.marinatimes.com](http://www.marinatimes.com)

EDITOR'S NOTE

DIRTY POLITICS

CONTINUED from page 1

relationship with Board of Supervisors President David Chiu — in fact, both Dick-Endrizzi and Chiu were in attendance to present another item before the DCM when Dooley spoke for the coalition (I guess they don't have a problem with her violating at least two Conduct of Governmental Officers codes).

Dooley also sent a letter to the DCM claiming the only reason I write articles criticizing her and the coalition is that PFE pays all our printing bills, which is blatantly false — then again, Dooley has a history of saying things she can't back up, like potential buyers of the long-shuttered Pagoda Theater in North Beach were connected to a Mexican drug cartel, or that Lowes in South San Francisco was closing and Walmart wanted to move in.

This is just the

latest in a bizarre political soap opera to keep PFE and co-applicant Pets Unlimited Cat Adoption Center out of the Marina, which also involves two neighborhood groups, the Marina Community Association (MCA) and the Marina Merchants Association (MMA), both of which have been bullied by a vocal minority of members that include Pam Hable of Catnip and Bones, and Susan Landry and Peter Weaver of Animal Connection II, who believe their Chestnut Street stores should be exempt from competition (although Animal Connection opened a store next to PFE in Burlingame, so I guess it doesn't go both ways). The intensely negative and personal campaign against PFE has brought constructive activity to a screeching halt and fractured both groups.

The MCA board of directors, which came out against PFE for a variety of nonsensical reasons but refused to be transparent about their balloting practice, has lost key members, including the group's founder. At the MMA, there's been a mutiny led by Hable, Landry and Weaver, and former DCM president and two-time MMA president Jim Maxwell. Regular MMA meetings often garner little to no attendance; however, the mutinous minority swarms any meetings regarding PFE and corrupts the voting process.

Maxwell (who has been both my friend and a writer for the *Marina Times* for a decade) has been waging a behind-the-scenes battle against PFE that I frankly don't understand. He can't be opposed to competition, because his firm, Architects II, has designed over 100 restaurants — including Paxti's

Pizza and Hole-in-the-Wall Pizza in the Marina, which are only a few blocks apart. It also can't be "big versus small," because one of his projects, Dosa — the 6,100 square foot Indian restaurant on Fillmore Street — casts a huge shadow over Indian Palace, a tiny eatery there long before and less than a minute away. And it surely can't be about formula retail, because his frequent collaborator on Dosa, Paxti's (which is now a national chain), and other projects is R3 Builders, a development company with an impressive portfolio of formula retail that includes 39 Trader Joe's, 67 Blockbusters, and, most ironically, four Petcos. R3 also built five CVS stores in San Francisco and may soon be working on a sixth, as the Planning Commission recent-

going on ... under the bus." Later, Ferdon says, "Jim, do you want Chestnut St. to be successful? Stop the politics." Despite all of this and without Ferdon's consent, Maxwell had Fuller send the letter to the DCM anyway.

Maxwell then went to Karnilowicz requesting that the Lombard Business Merchants Association, a year-old neighborhood group with over 40 members, not be allowed to join the DCM because the by-laws state only one group representing a street can be on the council, and the MMA represents Lombard (a key reason for Maxwell wanting to bring the MMA dues current). In a phone interview, Karnilowicz was perplexed: "Jim introduced me to the president of the group, Mr. Awadalla, months ago and told me the MMA was fine with them joining; he said Awadalla was both a client and a friend. As long as the MMA is fine with it, we can let them join, but now

Jim says the MMA doesn't support it."

Awadalla says he, too, is baffled as to why Maxwell — a friend for many years who also designed his restaurants — would turn on him. Interestingly, many Lombard Association members support PFE, hoping that a destination retail anchor will bring much-needed foot traffic to the declining interstate, which has 17 vacant storefronts that attract crime and homeless encampments.

The Union Street Association, which enthusiastically supported Sur la Table, sent a letter to the Planning Commission regarding PFE after a survey showed broad support. On July 12, 2013, executive director Lesley Leonhardt wrote that PFE and co-applicant Pets Unlimited Cat Adoption Center represent "a positive addition to the district and will not adversely affect the local pet stores." She also pointed out that in fact "many respondents felt that healthy competition is necessary to achieve a vibrant economic atmosphere." She urged the Planning Commission to "approve the application for conditional use."

Community liaison Michael Williams, who specializes in consensus development and merchant support services, conducted the survey and says he's done many just like it for Marina businesses over the past eight years. "The Planning Commission has publicly applauded my work," he said by phone, "and never has my methodology been questioned." In other words, every survey and letter of support has been conducted in exactly the same manner and gone off without a hitch — until now.

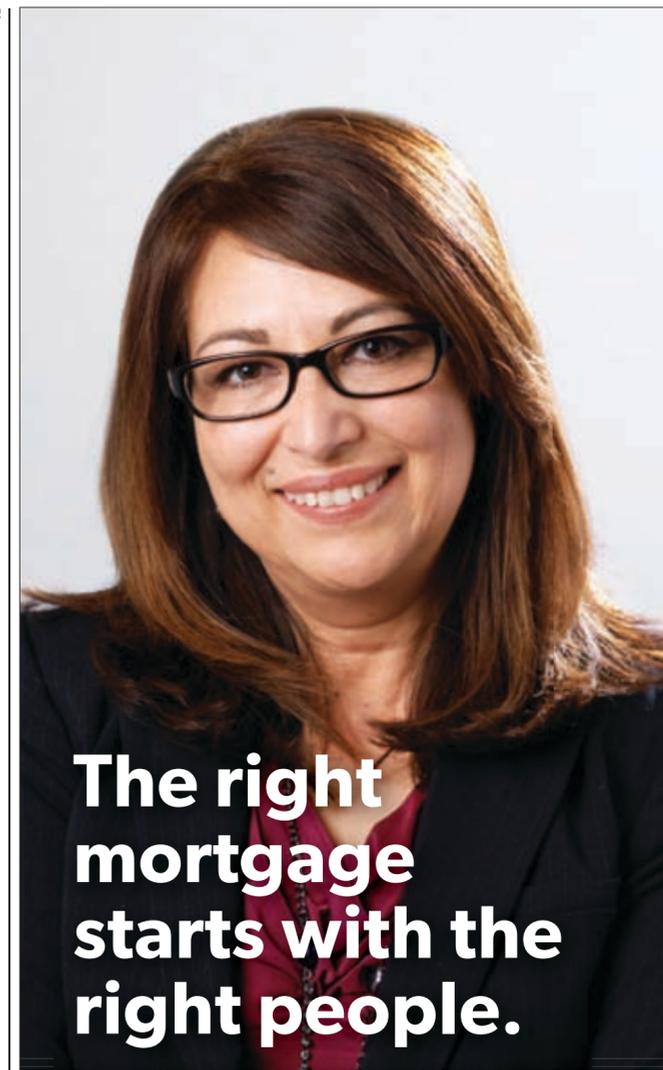
When Union Street Association president

The campaign against PFE has brought constructive activity to a halt.

ly approved a CVS for the Castro. (San Francisco's "formula retail ordinance" was passed to keep out national behemoths like CVS, which has over 7,600 locations, but it's obviously not working.) Maxwell wasn't at the Planning Commission to protest any of the CVS stores (obviously a conflict of interest); he was also a vocal promoter of Apple coming to Chestnut Street and has no issues with Sur la Table opening on Union Street this fall.

Whatever Maxwell's beef is with PFE, he seems willing to risk friends, clients, and his reputation to keep them out. On July 15, the day before the DCM meeting where PFE was slated to speak, Maxwell asked MMA treasurer Ryan Fuller of Wells Fargo Bank for a check to bring the MMA's dues with the council current (it was two years behind). In e-mails obtained by the *Marina Times*, Maxwell offers to pick up the check and drop it off at DCM president Henry Karnilowicz's office. He then sends an e-mail to MMA president Ferris Ferdon asking if Ferdon has sent a letter yet to Karnilowicz regarding "PFE and request to support the MMA's opposition."

When Ferdon replies the letter won't oppose or support PFE, Maxwell counters, "I thought at the MMA meeting we voted to send a letter ... Since I made that motion I was pretty sure that was what was voted on and approved." Ferdon responds: "The vote was contrived ... PFE is not going to put Pam's or Susan's store out of business ... Why do you guys want empty storefronts? ... I am not going to throw all the other merchants that were railroaded, or influenced about their vote, or quite frankly had no idea of the dirty politics



The right mortgage starts with the right people.

At First National Bank of Northern California, we're committed to providing home mortgage solutions that are:

PERSONALIZED	We get to know your needs and goals to best fulfill them.
PROFESSIONAL	Our mortgage experts will guide you through the entire process.
PROMPT	We understand your time is valuable and work with urgency and efficiency.

Discover how we can help you get the right mortgage for your home. Visit our Marina Branch and talk to Reina Cejas, Branch manager. Or call 415-287-8800.

Your neighborhood bank

2197 Chestnut Street
San Francisco, CA 94123

fnbnorcal.com

MEMBER
FDIC



fnb norcal

FIRST NATIONAL BANK
OF NORTHERN CALIFORNIA

THE MARINA TIMES IS DISTRIBUTED FREE IN SAN FRANCISCO'S NORTHERN NEIGHBORHOODS (THE MARINA, COW HOLLOW, PACIFIC HEIGHTS, RUSSIAN HILL, AND NORTH BEACH), MEMBER OF THE SAN FRANCISCO NEIGHBORHOOD NEWSPAPER ASSOCIATION. THE VIEWS EXPRESSED HEREIN DO NOT NECESSARILY REFLECT THE VIEWS OF THE MARINA TIMES OR NORTHSIDE PUBLICATIONS. PLEASE SEND COMMENTS TO LETTERS@MARINATIMES.COM OR TO THE ADDRESS ABOVE. COMMENTS OF 200 WORDS OR LESS HAVE THE BEST CHANCE FOR PUBLICATION. PLEASE INCLUDE NAME, ADDRESS AND DAYTIME PHONE NUMBER FOR CONSIDERATION. WE RESERVE THE RIGHT TO ABBRIDGE FOR SPACE, CLARITY AND CIVILITY.

NEWS BRIEFS Polk Street selection, hit-and-run remembrance, arboretum fee, Van Ness transit plans

SFMTA ANNOUNCES PREFERRED ALTERNATIVE FOR POLK STREET

The San Francisco Municipal Transportation Agency (SFMTA) selected its "preferred alternative" plan for the Polk Street Improvement Project. For months, the agency has been meeting with local advocates of increased and improved biking lanes as well as local residents and businesses concerned about the proposed changes, in particular about the effects of reduced street parking.

SFMTA chose "Option B for Upper/Middle and Lower Polk," which would include in upper/middle Polk a southbound green bicycle lane, northbound green shared-lane markings, and a part-time northbound bike lane during the morning commuting hour. For lower Polk, nearly a mile of green protected bike lane would be added in one direction, with a buffered bike lane in the opposite direction. Lower Polk would also include turn pockets and changes to the signal timing aimed at reducing conflicts between different modes of transportation.

Both upper/middle and lower Polk would have high-visibility crosswalks, corner "bulb-out" sidewalk extensions, red zones near intersections, pedestrian countdown signals at corners where they are now missing, and adjustments to traffic signal timing to prioritize pedestrians.

SFMTA Director of Transportation Ed Reiskin said the plan "improves neighborhood livability for all using the corridor, and creates a more organized street by reducing chaos and confusion."

A final public "open house" was scheduled for July 25; the agency said it would also be doing further outreach to local businesses to "ensure that local businesses are minimally impacted." The project will then head into the full environmental review phase before an expected vote to approve it by the SFMTA's board of directors in late 2013.

MARINA RALLY FOR HIT-AND-RUN VICTIM

Monique Porsandeh, a 26-year-old neuroscientist, was struck by a dark Honda Accord sedan near Green and Fillmore streets. The driver, who also

hit another pedestrian, fled the scene even though Monique was left critically injured in the middle of the street. She spent nearly two months in a hospital recovering from a shattered leg and pelvis, several broken vertebrae and other bones, and traumatic brain injury. Currently recovering at a rehab center in Los Angeles, she is confined to a wheelchair and severely disabled.

To bring attention to the plight of Monique and other victims of hit-and-run accidents, Porsandeh's friends held a rally in the Marina on Saturday, July 13 at the site of the accident. They also used the occasion to encourage America's Cup visitors to drive home safely to avoid further injuries.

Anyone with information about Porsandeh's accident is asked to contact San Francisco Police anonymously at 415-575-4444 or text to TIP411 and begin the message with "SFPD."

S.F. ARBORETUM FEES FOR OUT-OF-TOWNERS

After seven decades of free access, the San Francisco Botanical Garden (formerly the Strybing Arboretum) began

charging a fee for non-City residents. In mid-July, the San Francisco Board of Supervisors voted to continue charging the \$7 fee, which was approved in 2009 and was about to expire. Free access is still to be allowed for all visitors between 7:30 and 9 a.m. daily, as well as one day per month and on select major holidays.

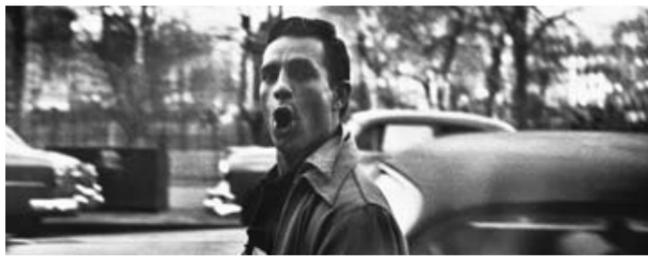
There is vehement opposition to the fee from the local chapter of the Sierra Club, from longtime users of the 55-acre site (which boasts a reported 8,000 species of plants), and from critics who have charged the City's Recreation and Park Department with privatizing and monetizing public space in San Francisco.

VAN NESS TRANSIT PLANS SOLIDIFY

The final environmental impact statement/report has been issued by the SFMTA for the Van Ness Bus Rapid Transit project. The project, which seeks to speed up transit times for the 47 and 49 bus lines, is also expected by the agency to decrease operating costs.

The environmental studies were based on what's called the "locally preferred alternative," which includes a dedicated center bus lane on Van Ness Avenue (separated from the rest of the traffic); "high quality" stations and bus shelters with level or near-level boarding to reduce the time it takes to board and onboard travellers; changes to traffic signals to reduce signal delays for transit vehicles; new low-floor buses using standard right-side doors; changes to spacing to reduce the amount of time buses are stopped; and — perhaps most notable on a street where making a left turn is already difficult — elimination of all left turns along Van Ness except at Lombard Street northbound and Broadway southbound.

The plan next heads to a Sept. 3 approval by the Van Ness BRT Citizen's Advisory Committee (5 p.m., 1455 Market St.), followed by local board and federal transportation approvals. Members of the public can review the plans and reports at www.vanessbrt.org.



Top to bottom: Jack Kerouac, 1953; W. S. Burroughs, 1991; To see these photos with Ginsberg's handwritten captions, visit the Contemporary Jewish Museum

GINSBERG

CONTINUED from page 1

time, many of the pictures were reprinted with new written inscriptions by Ginsberg. Handwritten retrospective musings brought an extra dimension to the stories behind the images as the poet takes in that captured moment from the perspective of years. Inspired by the discoveries in the archiving process, Ginsberg revisited some of his earlier subjects, creating updated portraits.

Beat Memories: The Photographs of Allen

Ginsberg is now on view at the Contemporary Jewish Museum through Sept. 8. The exhibition catalog documents this cultural history with more than 70 reproductions accompanied by exhibition curator Sarah Greenough's essay on Allen Ginsberg's photography, his poetry, and a chronology of his photographic activity plus selections from interviews.

Other related upcoming programs include a Beat Generation photo hunt, Aug. 4; a screening of *Ferlinghetti: A Rebirth of Wonder*, Aug. 6; a performance of Ginsberg in

Song, Aug. 11; a screening of *I'm Not There*, Sept. 3; and a closing performance of UnderCover and Faultline Studios Present: Bob Dylan's Highway 61 Revisited, Sept. 8.

Beat Memories: The Photographs of Allen Ginsberg, *Jewish Contemporary Museum, Thursday - Tuesday through Sept. 8, 736 Mission Street (near Third), free-\$12, 415-655-7800, www.thecjm.org*

Sharon Anderson is an artist and writer in Southern California. She can be reached at www.mindtheimage.com.

BELLINGHAM BY THE BAY What counts

The quality of mercy

by bruce bellingham

YES, IT HAS BEEN A TURBULENT SEASON. Much of America has been driven to its knees. Getting their fingernails dirty, helping their neighbors, trying to find evidence of life — or dig up nasty things about others, or things that live in us to recognize. I'm talking about Oklahoma, Texas, Missouri, Arkansas, Philadelphia. Many others got their fire trucks and their SUVs and their semis in order and drove across state lines. Many of the rescue efforts were hampered by the loss of street signs, no existing buildings. No coordinates. Everyone needs coordinates. How else can we get home?

Half a continent away here in San Francisco, I think about losing one's coordinates. It happened through a couple of mishaps I had years ago. It was unsettling. Oh, when I got out of the hospital (after they shored up the hole in my head, the staff cut me loose). It was 2 a.m. I could not tell west from east, my right glove from my left.

For all of the turmoil, there are stark evidences of kindness, mercy, if you will.

I love that speech by Portia (*The Merchant of Venice*) when she fights Shylock over that little matter of her boyfriend's pound of flesh.

When I saw the empathy and outpouring of support for those caught up in storms and fires, I could not help but recall the way the Marina citizens rushed to help their neighbors after the 1989 earthquake. There is great trauma when one gets injured with no warning. Yes, there were people right here in the perfect Marina district who suffered great losses. Even my mother, the late **Jemima Bellingham**, devised a sign to hang around her neck, an entreaty to those who were displaced: "For a good time, call Jemima" and included her home telephone number. Yes, Mum had her funny moments.

The rush to aid the victims of the despicable Boston Marathon bombings reached San Francisco, too. **Tommy Whalen**, the co-own-

er of Ace's pub on Sutter Street was among some the local businesses that chipped in some cash for Boston Strong. Others included The Bell Tower, Shanghai Kelly's, Amante, and the North Star. It was coordinated by Tupelo. "We raised thousands of dollars," said Whalen. "This a very generous town."

Of course there is never enough to provide for the people who have gone bust in San Francisco. But, like the Gold Rush Days, this city is a risky bet. Is it worth it? Some play their cards better than others. And the cards can turn on you. "It's an unfair world, Bruce," **Tom Constanten** of the Grateful Dead said to me. "But once in a while, it's unfair in your direction."

Jane Richey, who has stuck it out for so long in San Francisco, is doing terrifically well in the fashion photography business. "Always have an LFT in your repertory," she advised. That means a Looking Forward To. Nice. There are dark times when I consider the advice. It helps. Sometimes it helps to find your coordinates when the skies seem devoid of stars.

The other day, it was the 100th anniversary of the premiere of **Stravinsky's** *The Rite of Spring*. I know, I know. It seems just like yesterday. **Jack Keating**, the portrait artist, was moved by the occasion. He sketched the old fellow, and a local collector quickly scarfed it up.

I noticed someone pulled a stained, battered photograph out of the rubble in Oklahoma, Texas, and a good portion of this county. I noticed that victims of these calamities who appeared on television seemed, after their loved ones, God willing, were secured, that it was the thought of losing their family photos that created such anxiety. It's a matter of coordinates. To have a picture sometimes brings a brightness to the heart. We all have to gain our ground and continue to live.

Bruce Bellingham is the author of *Bellingham by the Bay*. E-mail: bruce@marinatimes.com



AMBIANCE

10% OFF REGULAR ITEMS
20% ADDITIONAL OFF SALE ITEMS
NIBBLES, BUBBLY & RAFFLES EVERY HALF HOUR!

PARTY DATES!
THU AUG. 8
 Marina District
 1858 & 1864
 Union St.

THU AUG. 15
 Inner Sunset
 756 Irving St.

THU AUG. 22
 Noe Valley
 3985 & 3989
 24th St.

THU AUG. 29
 Haight Ashbury
 1458 Haight St.

ALL PARTIES
 5-9 PM

www.AmbianceSF.com

* Discount cannot be combined with other discounts

AUGUST 2013 SPECIAL SERIES

PROTECTING BIODIVERSITY



NATURAL CAPITAL + CITIZENS + SCIENCE

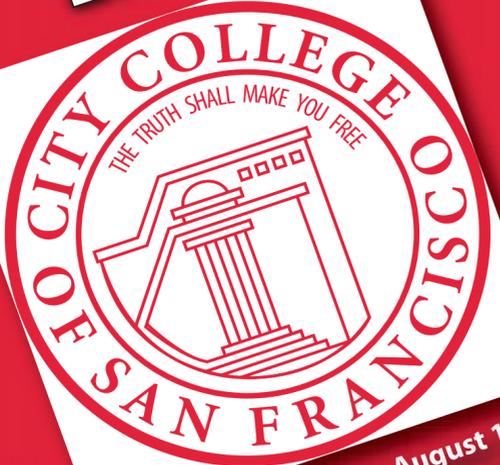
A month-long series of original programs designed to empower citizens to get involved, be inspired, and learn the latest in tech advances that will save our planet. Hear from leading pioneers in the fields of technology, psychology, conservation, and the arts. Come join the movement this August! For a complete list of series programs, visit commonwealthclub.org

Generously sponsored by:
 ERNST & YOUNG
 Quality In Everything We Do



The Commonwealth Club
 putting you face-to-face with today's thought leaders

OPEN ACCREDITED ENROLL NOW!



Fall Classes Begin August 14
 Just \$46 per unit

City College of San Francisco
 Open and Accredited... Enroll Now
www.ccsf.edu
 Financial aid available for those who qualify

BUDGET
 CONTINUED from page 1

OVERALL RESULTS OF THE COMMITTEE

This year our budget increased from \$7.2 billion last year to \$7.9 billion in the new fiscal year. It's a massive budget, and there are many reasons why it is so large for a city of only 800,000 people. Principal among these reasons is that San Francisco is both a city and county, requiring us to provide many additional services not typical for a city of our size, including running two hospitals, an airport, our port, and even our own utilities — together, these depart-

As the Budget and Finance Committee debated which line items to cut from Mayor Lee's budget, and what line items to add to our revised budget, we had significant debate about different priorities. While there were some areas of consensus, there were many areas of disagreement — certain supervisors believed in creating additional social service programs, providing additional funding for our non-profits in San Francisco, and others wanted to add reserves to our long-term budget, fund parks and open spaces projects, and provide additional funds for

financially than recent years, we cannot take anything for granted as it relates to our local economy and must continue to ensure that our city is fiscally responsible, safe, and successful.

DISTRICT 2 AND THE BUDGET

The savings we found at committee also went to fund various programs in District 2, including after-school programs and children's services. We were also able to provide nutritional meals to seniors in our district who rely on services for at least one meal a day and funds to help close the digital divide by providing computer literacy training to seniors.

I also advocated for services for family services and community-building efforts within District 2 through neighborhood-focused events, such as the Marina Family Festival, and various beautification measures in our neighborhood commercial districts, including new benches and trees along Fillmore and Union, and projects within our various parks in District 2. In addition, we set aside funds to focus on the Lombard Street corridor and traffic enforcement at the crooked portion of Lombard Street.

Ultimately, with the additional savings we found throughout the budget process, the Budget and Finance Committee funded the following initiatives that were not included in Mayor Lee's original budget:

- Fully funded all of the federal budget cuts to HIV/AIDS services;
- Opened a new Recreation and Park clubhouse in every supervisorial district (Julius Kahn in District 2);
- Added a half-dozen new gardeners for our city's parks;
- Enhanced homeless prevention services for San Francisco's families;
- Enhanced ongoing infrastructure projects citywide;
- Added \$2 million in direct children's services;
- Added \$2 million in workforce training programs; and
- Added a 1.5% cost of living increase for our city's service providers.

Not only did we find savings and add services, but as chair of the budget committee, I continued to push hard for long-term financial planning, and as a result we were able to add a record amount of funds into our city's budget reserves to protect against the next economic downturn.

Though San Francisco is in a much better place

There are many reasons the budget is so large for a city of only 800,000.

ments account for approximately half of our overall budget. Nevertheless, there is valid debate for another day about whether our overall budget is too large.

Leaving this aside, during our budget process this year, we closed budget deficits of \$124 million for the next fiscal year and \$256 million for fiscal year 2014-15. In order to allocate funds differently from what Mayor Lee proposed, the Budget & Finance Committee must first find savings through cuts in the mayor's budget. Through the help of our Budget and Legislative Analyst's Office, we were able to find more than \$40 million in budget savings — with \$25 million for fiscal year 2013-14, and \$15 million in 2014-15. The revised budget built on Mayor Lee's original plan by adding additional investments principally for workforce training, parks and open spaces, children and family services, and infrastructure projects.

The Budget and Finance Committee came up with \$25 million in savings, and funding decisions, for FY 2013-14 through various sources. The committee accepted \$9.9 million in cuts recommended by the board's budget and legislative analyst, Harvey Rose. There was an \$8.9 million surplus from last year and unexpected gains in revenues from property taxes. We were also able to refinance some outstanding debt and save approximately \$2.3 million by eliminating the purchase of new vehicles with less than 100,000 miles on them.

Our budget reflects the priorities of the mayor, supervisors, and residents.

important, of the residents of San Francisco. It is a budget our entire city, and District 2, should be proud to support.

This article concludes our three-part series intended to inform everyone how our budget process works in San Francisco.

You can subscribe to my monthly newsletter at www.markfarrell.com, or follow me on Facebook at www.facebook.com/markfarrellsf or Twitter @markfarrellsf. Please always feel free to call the office if you have any questions at 415-554-7752 or e-mail me at mark.farrell@sfgov.org.

POLICE BLOTTER Dispatches from San Francisco's Northern Station

Crime on the beat

The crimes below are a small snapshot of what the officers of Northern Station are doing. For a more comprehensive list, visit www.sf-police.org; under Compstat, there is a link to CrimeMAPS.

"WOW"
 Sunday, June 2, 2:05 a.m.
 1700 Block of Sacramento Street

Officers on patrol spotted a silver Dodge Challenger heading in the opposite direction, with headlights off and what appeared to be fresh front bumper damage. The officers pulled over the vehicle; they discovered the driver to be reeking of alcohol and fumbling with his wallet.

When the officers told him why they had pulled him over, he said there was nothing wrong with his car, adding, "It's not damaged." The officers then showed him the damage to his car, and he responded, "Wow." He refused to take field sobriety tests; he was taken to Mission Station for a breath test, which he agreed to, and his blood alcohol content was more than twice the legal limit. He was booked at Northern Station.

THE BICYCLE THIEF, PART II
 Wednesday, June 5, 4:35 a.m.
 Polk Street at Clay

A woman walking her bike on the sidewalk was approached by a man who was initially friendly but became increasingly hostile, demanding she give him money.

He grabbed her bike from her and said she wouldn't get it back unless she paid him \$100. The woman texted her boyfriend to meet her with \$100, but the subject took the bike and rode away down Polk Street.

The bike, which had a distinctive license plate with the victim's last name on it, was tracked down by officers, who took the subject into custody. He was positively ID'd by the victim, who had her bike returned to her after it was photographed as evidence. The subject was booked at Northern Station.

AM I MY BROTHER'S KEEPER?
 Thursday, June 6, 11:52 a.m.
 Larkin Street at O'Farrell

Officers spotted on the street and took into custody a male subject for whom they had been searching. Two days earlier, he had been named by a stabbing victim as the suspect; the victim and suspect are brothers. Officers tracked down the subject by searching known areas that he frequents, and eventually they found him. He was positively identified by his brother.

GUILTY CONSCIENCE
 Thursday, June 6, 7:34 p.m.
 Green Street at Gough

Plainclothes officers were responding to a call for service when they spotted a subject they had arrested in the past. The subject was walking along when he in turn spotted one of the officers, making eye

contact and apparently recognizing him. He immediately turned and hotfooted it away in the opposite direction. Yelling, "Stop, police," the officers chased the man, who responded with, "I didn't do anything" even as he threw baggies of meth from his pockets. The chase ended when the subject collided with another person on the street. A field test of the meth was positive. The subject was handcuffed and then booked at Northern Station.

HE'S GOT A PROBLEM
 Sunday, June 9, 9:13 p.m.
 Gough Street at Green

A caller reported seeing someone break the window of a Mercedes, remove some objects, and escape by boarding a bus. The caller gave officers the description of the subject, the bus line and coach number, as well as its direction of travel. The bus was tracked down and stopped; an officer boarded it and began looking for the subject; when she was halfway through the bus, she was approached by a male matching the suspect's description who asked her, "Do you got a problem?" The officer had him turn around and put his hands behind his back, but when he did so and she grabbed his wrist, the subject suddenly kicked backward, striking the officer's left knee. He then broke her radio microphone when she tried to use it to call for backup.

Despite assistance from some of the other passengers to try to control the subject, he managed to get off the bus and run down Van Ness. The officer figured out that she couldn't hear radio traffic on her radio but she could transmit, so she gave the direction of flight of the subject, and soon assisting

officers were able to arrest the subject. When they captured him, he yelled, "What are you doing? Why are you chasing me? I didn't do nothing; you had no right to chase me."

A bus passenger gave the officers the bag they believed was stolen from the car, and the original caller identified the subject as the same person he saw breaking into the Mercedes. Officers contacted the owner of the Mercedes who, not surprisingly, told them she had not given anyone permission to break into her car and steal its contents.

The subject was transported to Northern Station and booked on multiple charges. The officer suffered some bruising and moderate pain in her knee.

PHONE TROUBLE
 Sunday, June 9, 10:10 p.m.
 McAllister Street at Gough

Officers responded to a possible robbery and found a young woman holding a bloody t-shirt to her nose. She had been on a bus, sitting in the back and playing a game on her phone. Suddenly a young male subject reached over the man sitting next to her and snatched away her phone. She got up and struggled with the subject, ending up on the ground outside the bus. Another subject came up and punched the victim one time in the nose; both subjects got away.

Officers broadcast the subjects' descriptions via radio, and two plainclothes officers from Tenderloin Station quickly captured them. The victim positively identified the subjects, recovered her phone, and received medical attention.

The subjects were booked at the Northern Station.

La Bijouterie

JEWELRY BOUTIQUE

CUSTOM MADE JEWELRY

Whatever you dream up, we can make it.

Whether you are designing a family heirloom or would like to surprise that special someone with a one of a kind gift, La Bijouterie can make it happen. We can also revive your beautiful gems set in your old jewelry.

We also sell GIA Certified loose stones.
 Inquire about our special financing options from GE Capitol.

1931 UNION STREET, SAN FRANCISCO, CALIFORNIA 94123 TEL: (415) 775-6622 WEB: www.lb-sf.com

Phil's Electric Vacuum Center

SAN FRANCISCO'S OLDEST
Family Owned Since 1941

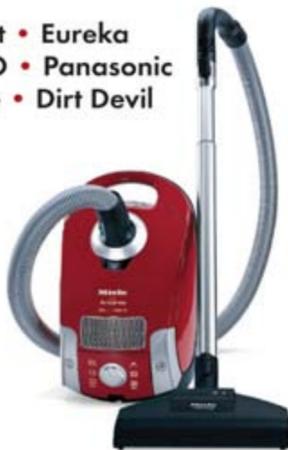
SALES • SERVICE • PARTS

All Makes - Commercial & Household

Miele Specialist • Eureka
Royal • Oreck • SEBO • Panasonic
Electrolux • Kenmore • Dirt Devil

Lamp Rewiring & Repairs
Electric Shaver Sales
Allergy Control Products

WE REPAIR AND
REWIRE TABLE &
FLOOR LAMPS,
CHANDELIERS



415.921.3776

www.philselectric.com

We can make a lamp out of almost anything!

2701 Lombard St. @ Baker

Open Mon - Sat 9:00am-5:30pm

1 Block from Presidio Gate • Convenient Parking

SKETCHES FROM A NORTH BEACH JOURNAL

Saloon conversation:

Not just dirty jokes, sports and pick-up lines

by ernest beyl

I WANDERED DOWN TO CAPP'S CORNER the other day to check out the linguine and clams, and ran into James Melling. Some may recall that in earlier columns I referred to him as the Gentleman Trencherman. James is a dilettante with a highly discerning appetite for the good things in life — among them food, wine and spirits, jazz, and American literature. But what I really appreciate about James is that he puts a premium on stimulating, eyeball-to-eyeball conversation. He speaks well, has a lot to say, is opinionated, but doesn't crowd the floor. That is, he lets you talk, too. Some don't do that. They stonewall you to death with the first personal singular.

AN ADMIRATION FOR MILES AND MONK

We had a conversation about big-band swing in the thirties and forties that was like an exchange of gunfire. For example, James doesn't share my admiration for Count Basie. That's his downside. He thinks Basie, Charlie Barnet, and Woody Herman created big-band music for elevator travel. I bridled at that and waited for his counter offerings, which were Miles Davis and Thelonious Monk. I share his admiration for Miles and Monk but rue his thumbs-down on Basie, Barnet, and Herman. But it's good to stretch out a bit with James.

OTHER SALOON CONVERSATIONALISTS

My point is this: Bar talk — usually thought of as monosyllabic dribble — isn't all dirty jokes, sports ephemera, autobiographical B.S., and hook-up lines. It can be surprisingly stimulating and vigorous, even bookish at times.

Let me give you some other examples.

THE SAN FRANCISCO MAD MAN

Jerry Gibbons was one half of the iconic San Francisco advertising agency Pritikin & Gibbons, once the hottest "shop" in town. These days Pritikin operates a boutique hotel in Pacific Heights. Gibbons is an advertising consultant and consummate bar storyteller who likes martinis straight up in well-chilled glasses. One Gibbons story recalls his agency's ad for swimming pools. The headline read "A word about nude swimming." The copy that followed went something like this: "The beautiful abandon of swimming in the raw is at once an experience of sensual, almost spiritual joy." Then: "Do it alone, do it with friends, do it with the better half — but by all means, do it in an Anthony Pool."

THE BLUES WALKED IN AND MET ME

Harry Duncan likes to hang out at Capp's Corner. He's an erudite blues scholar I met many years ago at the Monterey Jazz Festival. Music is a way of life for Harry. He has a radio show on KUSF called the *Soul Kitchen*, which serves up funk, jazz, blues, gospel, reggae, and other assorted musical persuasions. One day in Capp's we discussed blues guitar — Stevie Ray Vaughan, Eric Clapton, and Mark Knopfler. From there, we segued to an

abstract discussion of Sly and the Family Stone and from there to the Staple Singers, James Brown, and Muddy Waters. At the 1974 Monterey Jazz Festival, Harry played harmonica with blues master Sunnyland Slim. The following year he produced the festival's Saturday afternoon blues show. Among the artists were Bobby Blue Bland and Etta James. As a youth, he managed The Meters and went on a European tour with the Rolling Stones. Later he managed Captain Beefheart and played with Boz Scaggs. That gives you an idea of the kind of bar conversation one has with Harry Duncan.

THE TWO LAWRENCES

Occasionally I have lunch at Capp's Corner with Lawrence Ferlinghetti. Recently, over a lunch of lamb stew and red wine our conversation centered on British novelist, poet and painter D.H. Lawrence, who — you will, of course, remember — wrote *Sons and Lovers* and *Lady Chatterley's Lover*. Ferlinghetti recalled that many years ago he visited Taos, N.M., where Lawrence (D.H., not Ferlinghetti) lived for a few years. Ferlinghetti said he wanted to photograph some paintings by Lawrence that had been reiled in Britain and sequestered in Taos. He found them in a hotel there, La Fonda de Taos, and photographed them for an article he wrote at the time. How's that for casual bar talk? Ferlinghetti is 94 and over lunch talking about D.H. Lawrence.

SOME RESTAURANTS OF YESTERYEAR

Bob Mulcrevy, a notable former restaurateur and saloon proprietor, is my go-to guy to talk to about food and drink. Bob doesn't fusion around. We talk about "real" places like proper steakhouses and bars where they don't put a lot of vegetables in the Bloody Marys. Bob is a regular at Capp's. He has his own stool at the bar. Frequently I sit catty-corner to him and we chat. The other day we talked about restaurants of yesteryear that we both miss. We came up with four, but we probably could have gone on all day. Bob's choices were the Washington Square Bar & Grill and Vanessi's. It gave him genuine sorrow that both places are gone. He recalled the magnificent hamburger at Vanessi's — the quintessential burger, full of grilled onions and slapped in a hollowed-out hunk of sourdough. I thought for a few minutes and suggested Ernie's and La Felce. Ernie's on Montgomery was internationally acclaimed. I still miss it, and I miss Victor and Roland Gotti, the suave proprietors. La Felce was on the southeast corner of Union and Stockton. I devoutly wish it were still there. Specifically, what did I tell Bob I miss about La Felce? Well, today it would be called an amuse-bouche. But at La Felce, it was just a complimentary starter: a small bowl of pinto beans dressed in olive oil, minced onion and parsley, and a little ground pepper. A few spoonfuls with a crust of Italian bread — Italian ambrosia. That's the kind of bar talk Bob Mulcrevy and I engage in at Capp's Corner.

SALOON TALK, continued on 8

THIS JUST IN : Humor

At last! Nail polish for your face!

by fred gehrung

(Note: Dr. Fred is an unlicensed cosmetologist and would-be dermatologist who did sleep at a Holiday Inn last night).

GOOD NEWS! You don't have to look that way! If you're growing old waiting for

taken for your daughter in no time. If you don't have a daughter, how about a perfect stranger? Double the applications and enjoy the new you in 48 hours! Or if your date is tonight, try taking it internally — maybe smear a teaspoonful on a Rye Crisp.

My repair and rescue gel has been clinically proven in the clinic above my garage. It attacks the little understood cause of wrinkles, which is an interaction

If your date is tonight, smear a teaspoonful on a Rye Crisp.

your antiwrinkle cream to kick in, turn back the clock with Dr. Fred's revolutionary anti-aging silver bullet wrinkle corrector, Vaseline. No! Not Vaseline. Make that my synergistically, oxidative, deep-penetrating, face defender that I've trademarked Veneer PM.

It's true. Veneer PM contains the powerful enzyme, XYZ, which simultaneously whiten your teeth. Most important, Veneer PM comes with a no-mess pump dispenser not offered by imitators. Our pump has been voted pump of the year and is rated number one by *Pump World* magazine as the most pleasurable pump to pump. Where was I?

On yes! This breakthrough cream makes wrinkles disappear by smearing it on your mirror. No! I mean smear it on your fingertips. Then gently rub it onto only one side of your face. Wait 60 seconds and then look at yourself in the mirror. You will be utterly amazed. One side of your face will look 20 years younger. How can this be, you'll ask. How should I know?

According to my label, the secret is the potion's remarkable skin shrinkage capability. (Extended use has been known to cause smaller heads.) Let Veneer PM decrease your creases. No more keeping your cosmetologist on speed dial. No more expensive skin peels. You'll be mis-

SALOON TALK

CONTINUED from page 8

ROMMEL AND PATTON

Ron Spinali talks to me about Field Marshall Erwin Rommel or General George S. Patton. Ron — Butcher Ron — of Little City Market on Vallejo, is a student of European battlefront history. His interest spills over to me, and I read the books he loans me. Sometimes over a glass of wine, we will sit at the bar and make small talk. But soon the small talk

face, fleshy snout, slurred speech, and, now and then, eyebrow fungus. Women who have become pregnant while wearing the cream — no, make that pregnant women who wear the cream — have experienced short-term discomforts including swimmer's itch. In rare instances, the application has drawn flies.

Also added to my age-defying product line is Dr. Fred's face lift in a bottle. Among the ingredients: two ounces of vodka, one ounce of Grand Marnier, and one ounce of tequila mixed with Hollandaise sauce and rooster comb extract. The brand name: Elixir Doodle Do. Drinking it doesn't make your wrinkles go away, but you stop noticing.

The third product in the Dr. Fred collection of rejuvenating potions is varnish. No! Make that Dr. Fred's skin gloss, a coating that conceals wrinkles and other imperfections for up to six months via its unique, lamination-like effect. (Think face mask.) Simply select the expression you'll be satisfied wearing for six months until the coating wears off. Think of it as nail polish for the face. Results also have attracted the interest of taxidermists.

Should any of these products fail to bring desired results, I recommend you install a chinning bar and hang upside down, reversing the pull of gravity, so

My rejuvenating ointment has revolutionized cosmetology.

that those sagging jowls end up where they came from. Three-hour long suspensions nine or ten times per day should do it.

Fred Gehrung is a freelance writer who lives in the Marina. Fred has written features and humor for newspapers, including the Chicago Tribune, USA Today, The Boston Globe, and The New York Times. E-mail: fred@marinatimes.com

Veneer PM side effects can include enlarged

Real Food Company

Your
EVERDAY FARMER'S MARKET

ALL ORGANIC PRODUCE • ARTISAN CHEESES
GLUTEN FREE OPTIONS • ORGANIC DELI
NATURAL & ORGANIC MEAT COUNTER
BIODYNAMIC WINES • GMO FREE PRODUCTS
NATURAL BODYCARE & WELLNESS • LOCAL



LOCATIONS:

3060 FILLMORE ST.
415.567.6900

2140 POLK ST.
415.673.7420

OPEN EVERYDAY
8:00AM-9:00PM

realfoodco.com

Cliff House
Celebrating 150 Years of
History & Hospitality

1863 Artwork by Paul Bailey

2013

Join Us As We Celebrate the 150-Year Anniversary of the Iconic Cliff House!

In honor of the 1863 Cliff House we are offering an \$18.63 lunch entrée in Sutro's and an \$18.63 dinner entrée in the Bistro.

We are also featuring a historical cocktail in our bars and lounges.

CLIFF HOUSE WEEKLY FAVORITES

- Wine Lovers' Tuesday – Half Priced Bottled Wines
- Friday Night Jazz in the Balcony Lounge
- Sunday Champagne Brunch Buffet

Culinary specials cannot be ordered with large party reservations.
For large party information please call or visit our website.
Large party reservations are for 13-45 guests.

1090 Point Lobos San Francisco 415-386-3330 www.CliffHouse.com
Private Events Direct 415-666-4027 virginia@cliffhouse.com

The place where locals eat seafood!

Spectacular Bay Views

World Famous Restaurant

NO. 9 FISHERMEN'S GROTTO

415.673.7025
Free Validated Parking
No. 9 Fisherman's Wharf at the foot of Taylor
fishermensgrotto.com Banquet Facilities Available



October isn't the only month you should think about breast health.

The Sister Diane Grassilli Center for Women's Health at St. Mary's is a **National Breast Imaging Center of Excellence**. Our team of board-certified physicians is committed to providing a comprehensive range of women's services.

For your next mammogram, please call (415) 750-HERS (4377).

Focused Forward

Sister Diane Grassilli Center for Women's Health
A National Breast Imaging Center of Excellence



1 Shrader Street, Suite 490
San Francisco, CA 94117
smarysmedicalcenter.org



San Francisco's STICKLEY Source



NORIEGA FURNITURE

1455 TARAVAL ST (AT 25TH AVE) SF 94116 (415) 564-4110

NORIEGAFURNITURE.COM



@NoriegaFurnitureSanFrancisco

THE INTERNET WHIRL Short 'n sweet

Texting etiquette tips for dummies and smarties

by john zipperer

WE BOUGHT MOM AN IPHONE last month so she will be able to communicate with us when she travels. No, this isn't a story about a senior being technologically ignorant; she is a decades-long user of computers and is better at diagnosing her Mac than I am. But the phone's apps and features required an impromptu teach-in in her living room, and that reminded me that she is being initiated into the world of text messaging.

She already knows how to talk on the phone, of course. Who doesn't? But if you have never sent or received text messages before, it might not be intuitive what to do, how to do it, and when to stop doing it. Here's some help.

When most people think about texting, they might have ideas of acronyms such as ROTFL or LOL or BTW come to mind. Those shortenings of commonly used phrases — "rolling on the floor laughing," "laugh out loud," or "by the way," respectively — do come in handy, but they are not the key part of texting.

Behavior is. Too much technology that allegedly gives individuals more power at their fingertips has the absurd side effect of making them more socially inward focused. They're not crafting their message for their specific audience; they're not thinking how other people will read or misread what they write; they're not seeking input as much as they are seeking an audience.

So you end up with the texter who sends too many messages, not even waiting for responses between a battery of questions or comments.

Or you get the texting-challenged person with a peninsula area code who keeps texting me, thinking I'm someone else, and keeps doing it even though certainly he or she must have some rational expectation that the person being texted would respond to such specific texts as "When are you coming to pick me up?" When I don't respond (I was too wary at first that it was a scam or an ad campaign, neither of which is unheard of in texting but should be), the sender sent a couple follow-up messages. This occurred sporadically over a matter of weeks; when I finally responded that the person had the wrong phone number, I received no further

messages. Etiquette tip #465: When someone tells you you've got the wrong number, respond with, "Oh, sorry for bothering you. Thank you." Grade school-taught manners still work.

So what else should you do when you text? Make your messages as short as possible, while still getting as much of the pertinent information across as possible.

You can send a text to more than one person; if you do that, it is easy to respond to texts without remembering that other people are reading them. That can be embarrassing.

Try to spell correctly, but don't fret about the occasional misspelling; texting is informal and isn't expected to be perfect.

With texting, it might not be intuitive what to do, how to do it, and when to stop doing it.

Don't overload your messages with too many acronyms. They can be helpful or humorous when used appropriately; when overused, it becomes annoying —

and it increases the risk that you'll be using one that your recipient doesn't understand.

Don't advertise by text. Text advertisers deserve a special pit of hell. Depending on a person's phone service plan, they might be paying to receive texts, and they don't want to be paying for ads.

If you are a criminal mastermind or political revolutionary, be aware that your text messages are not private. They are being catalogued somewhere, just waiting for prosecutors to throw them in your face at your trial for embezzlement or whatever. So don't text anything you don't want your spouse, the government, or 18-year-old hackers to read.

Better yet, don't be a criminal. Asynchronous communication such as texting means you can send your message and the other person might not read it right at that minute — they might have stepped away from their computer to answer the front door or set down their cell phone to have a conversation with someone in their office. If they don't respond right away, don't follow up with 10 more text messages ping-ponging their computer; if you have something desperate to communicate, pick up the phone and make a voice call like a real human.

And my mother? She's doing just fine, texting on her phone more than she talks on it, and spelling be damned.

E-mail: john@marinatimes.com

DIRTY POLITICS

CONTINUED from page 3

Eleanor Carpenter returned from a trip to Paris, sources tell the *Marina Times* she was confronted by Hable, who complained proper outreach wasn't done and insisted the letter be retracted. Not only is Hable not a member of the association, but the MMA, to which she does belong, has been aware of the survey since October 12, 2012, when board member Fuller wrote, "Michael, I agree this is a good idea. You have our official blessing to conduct this survey/poll."

In an e-mail dated July 19, addressed to the planning department and copied to Hable and District 2 Supervisor Mark Farrell's office, Carpenter asked that the letter of support for PFE be disregarded: "We did not follow the proper protocol," Carpenter says. "The letter was a premature honest mistake." (I e-mailed Carpenter, who said she had "no comment" on the matter.)

In threatening, sometimes vulgar phone calls to the *Marina Times* office and in activist-style form letters sent to the Planning Commission, Hable and her supporters have called me a shill for PFE and accused PFE of only helping animal rescue for political favor, despite the fact we both have long histories of animal advocacy (see article on page 30).

As a rescue advocate, of course I'm thrilled that PFE partners with us to showcase adoptable animals; I'd also love to see more cats adopted through the Pets Unlimited Cat Adoption Center. As a journalist, I'm known for taking on the big guy when the little guy is being treated unfairly — it just so happens this time the big guy is the little guy, but the elements remain the same: hypocrisy, cronyism, egotism, and deceit. I despise dirty politics, and the campaign against PFE is so filthy it makes me want to take a shower.

E-mail: susan@marinatimes.com

SOCIALLY RESPONSIBLE Power of perseverance

Futures Without Violence: Is it really possible?

Esta Soler's three-decade network-building pays off

by marilyndiamond

MORE THAN 30 years ago, after graduating from Simmons College in Connecticut, Esta Soler began her activist career in California. It was a time and place that would set the stage for her work today on the frontlines of America's endemic problem: violence.

When Soler came out West, she was hired as an administrator for the Coalition for Justice for Battered Women and Children in Gov. Jerry Brown's first administration. That position gave her an introduction to California's justice system. Armed with new experience and contacts, she left her job and founded The Family Violence Prevention Fund, (FVPF) a name that today has been changed to Futures Without Violence (Futures) and is located in the Presidio of San Francisco. Her goal: Provide public education and training programs to reduce incidents of abuse.

Her first "office" was a desk in the district attorney's office and a chair at San Francisco's General Hospital. But it was her connection with the Brown administration that gave her some clout — and she began making calls. Slowly she was adding names of supporters. Eventually some of them would be well-known names, but Soler was also aiming to reach Everyman.

NO EXCUSES

Her work wasn't all desk-bound phone labor. In addition to making calls, Soler needed to churn out grant requests and build relationships with groups such as those representing physicians, attorneys, and police, as well as corporations such as Blue Shield, Macy's and Nike. Her message was always the same: There is no excuse for domestic violence.

"I begged people to join my mission to form a large-scale organization to help prevent the abuse of battered women and children," Soler said.

At one point, the U.S. Congress distributed applications for financial grants being made available to six nonprofits. Soler was reluctant to pursue the grants, convinced that her small organization had no chance. But she submitted an application and was astounded when she learned that FVPF was one of the six chosen.

Her years of network-building were paying off. With her experience in the Brown administration and now possessing some federal funds, Soler began to approach political heavyweights. U.S. Representative Nancy Pelosi was an early supporter.

One of Soler's proudest achievements was the passage (with a \$1.5 billion budget) of the federal Violence Against Women Act, which she said "grew out of the work we did."

"The Violence Against Women Act has long ensured that no woman would ever be forced to suffer in silence in the face of domestic violence and abuse," Pelosi said at the time. She pointed, too, to the bipartisan support for the act, which has recently been reauthorized.

GOING BEYOND

And still FVPF continued to grow. Soler and her group encouraged training sessions in a variety of industries, schools, and organizations. Offices have opened in Boston and New York, and there is no reason to think that Soler might not have her eyes on more states. "We're on the road a lot," Soler grinned.

Over the years, it became clear that there were additional challenges that were affecting perhaps millions of people in the areas of women's health, women's issues, the current Brown administration's Department of Health, jobs programs and — for some reason previously overlooked — education for men.

Soler doesn't forget the importance of drawing on support from men for her efforts. She recalled a conversation with former President Bill Clinton, who became a supporter due to the abuse inflicted on his mother by his stepfather when the president was a child.

"Men have to be involved," Soler said. FVPF reached out to male judges, attorneys, and police. The National Athletic High School Athletic Coaches Association, supported by baseball great Joe Torre, created Coaching Boys into Men as a leadership program for athletes. The agenda is to work with sexual harassment and bullying issues.

Suzy Loftus, a current San Francisco Police commissioner and formerly a prosecutor for the San Francisco's

district attorney's office and former special assistant attorney general to California Attorney General Kamala Harris, said, "The good news is that domestic violence against adult women has dropped by 60 percent in the last 20 years, and I firmly believe that Futures Without Violence has been instrumental in that success."

After working for decades in offices, Soler and her staff began discussing a new workplace. "Someone suggested the Presidio, which is a huge part of San Francisco's history. It felt right to deal with human rights in such a setting," Soler said. Futures occupied 100 Montgomery Street in the Presidio, after rehabbing the former barracks.

There remain challenges. We're all aware of atrocities that still occur in this country and around the world, and Soler is realistic but optimistic. She believes public opinion is changing, with the Boston office concentrating on children and a summit on bullying in the works.

Scheduled for 2014 is the opening of the new Center for Leadership and Action. Calling it "the nation's leading trainer of judges, police, and health-care professionals on the topic of violence against women," Futures' director of communications Marsha Robertson said that the new Center for Leadership and Action "will expand trainings and workshops ... in order to improve responses and services to victims and survivors throughout the country."

In addition, Futures' Respect Campaign has attracted celebrities such as San Francisco Giants legend Willie Mays and actress Nicole Kidman, who taught young people respect for themselves and others.

Soler herself has received an array of awards for making Futures one of the world's leading violence prevention agencies. Today, financial support comes from corporations, grants, and individual donors. In 2013 Futures continues to expand as it recruits trainers internationally.

With a national board of directors, a view toward international help for abused women and children, and statistics that show Futures' work is working, Esta Soler has truly proved herself an activist. And she does it with a national staff of only 40 — and three decades of hard work.



Welcoming Will Holt, M.D.
Sutter Pacific Hepatologist

ANOTHER BIG PLUS SAME DAY APPOINTMENTS

Northern California's top primary care doctors and specialists. Plus, you have access to same day appointments at many neighborhood locations. All with online medical records, prescription renewals, lab results — even instant physician messaging. It's another way we plus you.



FIND A LOCAL SUTTER DOCTOR
1-888-699-DOCS (3627)
sutterpacific.org

Come on Over for Free Checking

Say goodbye to monthly service charges on your current checking account and say hello to Free Checking from Golden 1. With our Free Checking Account, you'll pay no monthly service charge—and you'll get all of the features you need to manage your money for **FREE**, including:

- Free Mobile Deposit
- Free Mobile and Text Banking
- Free Online Banking with Budget Tools
- Free Bill Payment Service* and Popmoney* personal payment service
- Free access to more than 270 Golden 1 ATMs and 30,000 CO-OP Network ATMs nationwide.



Stop paying for something that should be free!

It's easy to join Golden 1 and open an account. Apply today at our **Marina Branch** located at 2298 Lombard Street.



Federally insured by NCUA.
* Fees apply for expedited payments.

The Brazen Head

"The restaurant with no sign."

Welcome Kiwis! Come join us!



Sunday through Friday

Prime Rib Nights

at the Marina's Best Kept Secret!

Bar opens at 4pm | Dinner nightly 5pm-1am
3166 Buchanan Street at Greenwich | (415) 921-7600

www.brazenheadsf.com

COMET CLUB

COMEDY NIGHT
EVERY THURSDAY
8 P.M. TO 10 P.M.
FOLLOWED BY
DJ DANCING
TILL 2:00 A.M.



DJ DANCING
EVERY THURSDAY,
FRIDAY & SATURDAY
UNTIL 2 A.M.

3111 Fillmore St. San Francisco 94123 415-567-5589

Erica Foto

www.ericafoto.com

info@ericafoto.com

415.341.4144



{ unique - heartfelt - timeless }



SPORTS CORNER :: Big-league fun, small-time prices



Taking in a San Rafael Pacifics game PHOTOS: STEVE HERMANOS

Charming the fans

by steve hermanos

WITH THE GIANTS PLAYING LIKE they're still hungover from the parties of 2010 and 2012, with the A's having a fine year over in the cracked, concrete birdbath across the bay, there is another local baseball team trying to do things differently, and at a much lower cost to the spectator.

The San Rafael Pacifics are thriving in their second year of independent minor league baseball. They play in clean, repainted, charming, circa-1940 Albert Park. Capacity is about 1,000. As of this writing, tickets are easy to get. And the league is no joke.

Bobby O'Neill, who pitched for the Pacifics last year, is currently playing single-A ball for the Arizona Diamondbacks. Current Giant Sergio Romo played in a previous incarnation of the league before he was signed by the Giants organization. A connoisseur might rate the level of play between single-A and double-A.

But why else would a San Franciscan want to cross the Golden Gate for a Pacifics game, to see the Vallejo Admirals, the East Bay Lumberjacks or teams from Maui or the Big Island? Here are some reasons: lack of fog, warm weather, free parking, \$10 online tickets, short concession lines, food that's about half the price of AT&T Park, the burrito seller, the supervised wiffleball court, very clean bathrooms, abundant foul balls that an eager kid has a decent chance of tracking down, and mingling with the players on the field after the game. A family of four or five can spend what a lone fan might pay at a Giants game.

(In addition, the team from Maui has 5'1" female knuckleballer Eri Yoshida. She strikes out plenty of hulking, macho hitters.) "We want to create an environment in which the fan feels transported to community-based baseball of the 1940s and 1950s," says Pacifics president Mike Shapiro. Shapiro is a former vice president for the Atlanta Braves and the Washington Nationals. He played centerfield at Georgetown University, and had eight games as an outfielder for the Sacramento Nuggets in the independent Western States League in 1973.

As a lawyer and executive in Major League Baseball, he found the work so consuming that, he decided, it took away too much time from his family. He envisioned living in a pleasant community,

owning a minor league baseball team, and having lots of time for his family. He chose Marin County.

Now Shapiro's sons — one, a pitcher for Santa Barbara City College, the other, a football player at Redwood High — both work for the Pacifics, as does Shapiro's wife.

Shapiro might succeed in becoming the Walt Disney of Bay Area minor league baseball. He talks about fan experience, integrating the team into the community, and putting a quality product on the field. He notes that, in the past, inde-



Adult pocketbooks might benefit greatly from a Pacifics game, but kids get the most out of it

pendent leagues and teams have failed when owners either don't have good business judgment or don't know how to operate a minor league team. A lot of failure occurs when the owners become "little Steinbrenners" (referring to the late New York Yankees owner) too concerned with manipulating their roster rather than running the rest of the business.

Shapiro envisions the league expanding, establishing a stand-alone Bay Area division to create regional rivalries and cut down on the costs of traveling to Hawaii. (Think the players would rather hang out after games in Antioch, or Maui? Just askin.) Right now, one of the Bay Area's teams, the Lumberjacks, does not have a home ballpark. But they are in negotiation on a so-far secret East Bay location.

Budget-conscious adults appreciate the Pacifics experience. But the most intense magic of an up-close baseball experience happens to kids; they can do a bit of roaming at the park — play wiffleball; take some money to the concession window with their buddies; chase foul balls.

Watch a kid's eyes light up, their body stand proud, when they get a foul ball. Watch them participate in the on-field seventh inning ball toss. After the game, watch their awe as they talk to a uniformed player on the field and get an autograph. Observe in wonder as video games are momentarily forgotten.

If you like baseball, have access to a car, can bring kids, and want to get out of the fog, check out a Pacifics game. If you go once, you'll likely go again. There are a bunch of games throughout August, and then there will be playoff games. Check their website (www.pacificsbaserball.com), load up the minivan, and go.

Steve Hermanos is the author of Orange Waves of Giants! The 2012 Championship Season. E-mail: steve@marinatimes.com

AMERICA'S CUP

CONTINUED from page 1

courtroom to the waters. Following the tragic death of Artemis Racing's Andrew "Bart" Simpson on May 9, teams and regulating bodies quarreled over new rules intended to make the racing safer. As reported in last month's *Marina Times*, lawyers got involved as teams argued over changes to the boats' mechanisms that some feared would advantage certain teams over others. At one point, the legal wrangling got so heated that there was concern that one or more teams might pull out of the races, putting the entire competition at risk.

Most of the political fighting over the America's Cup happened in the runup to the races, including an attempt by former Board of Supervisors President Aaron Peskin to environmental-review the races to death. But city leaders eventually got behind (or at least out from in front of) the event, and the races were allowed to go on.

With the races well underway this summer, visitors have been flocking to San Francisco to take in both the sporting action as well as the sideshows taking place for their entertainment.

Oh, yes, it's still a playtoy of billionaires, but it's anything but uneventful.

July's action has already provided spills and action aplenty. For example, during the Louis Vuitton Cup in the America's Cup Challenger Series, the Kiwi crew from Emirates Team New Zealand

had a breakdown during the third of seven legs. A clip holding the sail to the headstay of the boat failed; the crew took three minutes to detach the sail and dump it overboard, where it was picked up by the team's chase boat. The Kiwis didn't have to drop out, however; they were able to continue under the power of their wing foot sail, and they were still able to defeat the Italians of Luna Rossa Challenge by more than two minutes.

New Zealand skipper Dean Barker said the sail trouble is "one of those frustrating, annoying things. We've never ever had an issue with the attachment of the jib before, but as is normal, when you start racing, things like this happen."

The Italians' skipper, Max Sirena, praised the work his crew did in improving its performance from the time the two teams last met, on July 13, but "today the Kiwis showed really good speed around the course. We sailed well ..., but we need to try and improve as a crew and our boatspeed in the next few weeks."

Fans will have plenty of time to see if the Italians make that improvement. (See schedule at right). But their competition won't only be the other teams fighting the winds on the water; it'll be the wind itself.

Following a late-July race in the Louis Vuitton Cup in the America's Cup Challenger Series, Emirates Team New Zealand wing trimmer Glenn Ashby said "San Francisco Bay is a fantastic spot to sail. The breeze is in just about every day.

This is a wonderful place to sail. The AC72 is a showcase when there's good breeze."

"Breeze" is a kind word for the heavy winds that have made this a particularly tricky course to navigate, especially aboard a boat zooming at 40 knots.

Jimmy Spithill, Oracle Team USA's skipper, even took flying lessons so that he could better understand how to navigate the winds and currents in the bay. Spithill well represents the type of athlete drawn to the America's Cup competition; he recently told *The Commonwealth Club* that there certainly were safety concerns about the boats and the bay, but it is "very difficult to go through life completely risk-free." Athletes of any sport, after all, are trying to do something extraordinary, not ordinary, he said.

Crowds aren't only coming for the action on the bay. In the Midwest, one mother told the *Marina Times* she will be heading to California to take in the America's Cup racing, making a mini-adventure of it. After meeting up with her daughter, she'll drive up the coast from Los Angeles, sampling wines, boutique hotels, and cute seaside restaurants. They'll end with an extended visit to San Francisco, experiencing the race and the City in equal measures.

There will be plenty to keep her and her daughter occupied. From souvenir shopping to concerts, the nonracing events have kicked into high gear along the shoreline. In one of the higher-profile events,



A July 20 concert at the AC Pavilion brought together the SF Symphony and the America's Cup trophy PHOTO: © ACEA / PHOTO GILLES MARTIN-RAGET

the San Francisco Symphony gave a July 20 concert at America's Cup Pavilion, featuring works by Russian composer Tchaikovsky. "There are a lot of things in common between this orchestra and what's happening out on the water on the AC 72s," said John Kieser, general manager of the symphony. "The crew of those AC 72s and these musicians depend on split-second accuracy and coordination — it's a supreme act of teamwork. To be here and be part of that and thinking about what's going on out on the water is a terrific thrill for all of us."

So the musicians, just like the athletes, are trying to do something extraordinary. They just have less risk to their lives.

For up-to-date information, schedules, reports, and videos, visit www.americascup.com.

E-mail: john@marinatimes.com

Schedule

Louis Vuitton Cup Round Robin
Aug. 1

Louis Vuitton Cup Semi Final
August 6, 7, 9, 10, 12, 13, & 15

Louis Vuitton Cup Final
August 17, 18, 21, 24, 25, 28, & 30

Red Bull Youth America's Cup
September 1-4

Superyacht Regatta
September 9, 11, 13

America's Cup Finals
September 7, 8, 10, 12, 14, 15, 17, 19 & 21

NOTE: There are additional reserve days spread throughout the schedule for the possible addition of racing if necessary.

Original Joe's

**ITALIAN RESTAURANT
SINCE 1937**

**601 UNION STREET
T. 415-775-4877**

ORIGINALJOESSF.COM

**3 UNIQUE PRIVATE DINING ROOMS
EVENTS@ORIGINALJOESSF.COM**

Fisherman's Wharf is calling your name



THE FRANCISCAN CRAB Restaurant- Don't let the name fool you—this Fisherman's Wharf mainstay serves food that goes well beyond steamed crab on a platter. The menu includes delightful artisanal salumi and burrata, specialties that include the best fish and chips you've ever tasted, a barbecue shredded short rib sandwich and flavorful pastas like seafood linguine.

But oh, the crabs: what a delight they are. You can start with a Dungeness crab cocktail or an order of crab cakes, move on to a crab Louie salad, and make your entrée a whole roast-

ed crab, crab Alfredo pasta, or the crab Enchilada—my favorite. No matter which way you order, it is guaranteed to be fresh, flavorful and masterfully prepared.

The Franciscan's other seafood options are also stellar, from the garlic-steamed clams, the fresh fish prepared in four signature styles, to the hearty seafood cioppino, perfect for a cold day by the bay. And if you can find room, try a decadent dessert made with their house made frozen custard ice cream.

Pier 43 ½, 415.362.7733, franciscanrestaurant.com. Open daily at 11:30 am.



"Hands down the best food you'll find on Fisherman's Wharf." *Sunset Magazine*

ADVERTISEMENT.

FOOD & WINE

NEW AND NOTABLE :: Oh là là

Authentic French bakery, Le Marais, opens on Chestnut



A sampling of the many baked goods available at Le Marais PHOTOS: COURTESY LE MARAIS

by julie mitchell

AS FOODIES AND culture junkies, it's no surprise that San Franciscans are consummate Francophiles. Last month's column focused on accessible French wine, and this month we turn to a brand-new, traditional French bakery located right on Chestnut Street.

Le Marais opened its doors July 2. And within just a few days patrons were buzzing in and out, stopping by for a cup of Stumptown Coffee Roasters' brew or an iced loose-leaf tea, but mostly to sample the exquisite array of French pastries, breads, tarts, and gâteaux (cakes) — the smell of which fills the air of this beautifully appointed shop.

Owners Patrick Ascaso and his wife, Joanna Pulcini, created Le Marais over the past year to fulfill Patrick's 30-year dream of owning a bakery. Originally from Paris with an American background in finance, Patrick pulled together a dream team of designers, bakers, and pastry chefs to create a Parisian patisserie in the heart of the Marina.

Handcrafted from local redwood and repurposed Parisian iron, with soaring ceilings and bright skylights, Le Marais feels as light and airy as the brioche, pain au chocolat, and croissants on display.

Ascaso turned to the team at San Francisco's renowned Paxton Gate to help design the space. He

But all you really need to know is that Le Marais is the place to go for tasty, traditional French breads, including baguettes, country levain, wheat, rye, and pain de mie, and the aforementioned pastries and cakes, small and large. You can nibble on a petit fruit tartlette or little fruit-infused

cake, or pick up a larger one for a dinner party, not to mention a lemon-ricotta Bundt or flourless chocolate cake. Even chocolate chip and oatmeal raisin cookies are on the menu, and

All you need to know is that Le Marais is the place for traditional French breads.

then searched high and low until he found head pastry chef Phil Ogiela (whose experience includes stints at Fifth Floor, Elisabeth Daniel, and Dandelion Chocolate), and head baker Justin Brown, imported from the Bien Cuit Bakery in New York. Together, along with their assistants, Ogiela and Brown blend locally sourced organic ingredients to create artisanal breads, cakes, tarts, madeleines, and viennoiseries (yeast-leavened baked goods that include croissants and brioche) using a long-fermentation, high-hydration process.

if you want lunch, you can choose from several savory quiches and sandwiches, including that French standby, the croque-monsieur. Salads are also available.

Judging from the rave reviews from already repeat patrons, Le Marais has found a sweet spot on Chestnut to make a Parisian pastry lover's dream come true.

Le Marais: 2066 Chestnut Street (at Steiner), 415-359-9801, www.lemaraisbakery.com; daily 7 a.m.–7 p.m.

E-mail: julie@marinatimes.com



The Paxton Gate-designed interior of Le Marais

THE MARINA TIMES :: WWW.MARINATIMES.COM

APPETITES AND AFTERTHOUGHTS

Food stuff and stuff about food

by ernest beyl

I LIKE TO EAT. I LIKE TO COOK. AND I like to dine out. I also like to write about food and restaurants — as my readers will note. Some readers stiffen their spines and want to tear me apart at the seams for various things I write. Recently, one accused me of doing a hatchet job on one of his favorite North Beach restaurants and gave me chapter and verse on how stupid I am. Another wanted to chase me out of the neighborhood, and said I was insulting "North Beachers with my

Translation: Crabs have to walk into the pot by themselves, or they are no good. So begins a recipe for Aunt Blanche's She-Crab Soup. And, by the way, there are she-crabs and he-crabs.

I like this one too: Cooter Soup. A cooter is an edible freshwater turtle, and the recipe begins "Kill cooter by chopping off head."

DELAPLANE'S MEXICAN PINEAPPLE

I miss my friend Stanton Delaplane, *Chronicle* Pulitzer Prize-winning reporter. He loved Mexico and gave me this recipe for what he called Mexican Pineapple. "Take a bunch of fresh pineapple chunks or from the can. Squirr Worcestershire sauce over them and dust with red pepper powder. Enjoy with a glass of cold Mexican beer."

I don't have much respect for Yelpers who frequently seem snide and persnickety.

[expletive] extremely wrong review." My sin was I didn't praise some of her favorite joints. She was especially irritated because I said Capp's Corner is my favorite saloon. As a saloonist who has earned his stripes, that hurt.

Certainly, readers are entitled to their opinions, which can be just as valid as mine. I like to hear from readers, and once in a while I get a pat on the back from them, but I don't appreciate churlish, and at times, vindictive comments. I also don't have much respect for the Yelpers who frequently seem to me to be disingenuous, snide and persnickety. So bear with me here as I write yet another column about food stuff — that is, stuff about food. Then if you must rip me apart or pat me on the back, go ahead. You can probably find me at Capp's Corner.

PIKE IN HALF MOURNING

I collect cookbooks. I have some old ones and some strange ones. The oldest is *A Guide to Modern Cookery* by Auguste Escoffier, published in 1907. Yes that Escoffier. My father was a chef, and I have the cookbooks from his library. The strangest cookbook I have is *Aromas and Flavors of Past and Present* by Alice B. Toklas, 1958. This is not the one with the marijuana cookies that she called "Haschiche Fudge," but it's strange nevertheless. How's this? Pike in Half Mourning. It takes 12 hours

to prepare. And I can't figure out why this particular pike is so sad. He's drenched in red and white wine, sherry and Madeira — and almost as an afterthought slathered with mayonnaise. But my favorite Alice B. Toklas recipe — with the exception of the Hippie Brownies — is called Extravagant Mashed Potatoes. Here's the recipe in total: Bake four large potatoes. Peel and put through a food mill. While potatoes are still hot, add two cups of butter and one teaspoon of salt.

LOW-COUNTRY SPECIALTIES

I have a cookbook — *Charleston Receipts* — said to be the oldest Junior League cookbook. What I like about this one are the recipes that originated with the Atlantic Creoles — about 200,000 Afro-Americans, descendants of slaves, who live in the low country of South Carolina and Georgia, and still speak a Creole language called Gullah. Example: *Crab got tuh walk een duh pot demself or dey ain' wut.*

TRINIDAD AVOCADO SOUP

Many years ago, before boarding the P&O liner Himalaya in Port of Spain, Trinidad on which I was to serve for a while as press officer, I had an avocado in my soup. The local shipping agent, a Sydney Greenstreet look-alike in Panama hat and white linen suit, took me to lunch at his club. Pink gins and peanuts were followed by the club's soup of the day — a strong, clear beef broth laced with Worcestershire sauce into which a peeled avocado half had been submerged.

HEMINGWAY'S ABALONE

Ernest Hemingway was a regular at San Francisco's St. Francis Hotel, so regular that when he checked in, the chef automatically prepared abalone from a personal Hemingway recipe: "Fry in oil, to which a little butter has been added, to a light brown like fried oysters. Oil must be sizzling before putting the abalone in. Time: A few minutes. Serve promptly with a little butter and lemon. Pop Ernest." In 1943, Hemingway took Ingrid Bergman to dinner in the hotel's Mural Room to persuade her to take the leading role in

The strangest cookbook I have is *Aromas and Flavors of Past and Present*.

the film of his 1940 novel, *For Whom the Bell Tolls*. He succeeded.

MARY ETTA'S COOKBOOK

My friend Mary Etta Moose was once the heart and soul of the Washington Square Bar & Grill. Ed Moose, Sam Deitsch and Mark Schachern were the guts and the smiling (or scowling) faces of The Square, as we called it. Mary Etta was usually back in the kitchen. She wrote a book with Brian St. Pierre called *The Flavor of North Beach*, now unfortunately out of print. But I have a dog-eared copy. It's choc-a-bloc with recipes from North Beach restaurants — some long gone.

Mary Etta's recipe for veal scaloppini is unusual and worth a try. It's finished in the oven in a casserole. Another is Sam Deitsch's version of pork roast with sauerkraut and red cabbage. I prepare both occasionally. The recipes are too long to reproduce here. E-mail me if you're interested.

E-mail: ernest@marinatimes.com

Across the Bay...



SALITO'S CRAB HOUSE & Prime Rib—Long a part of the local "scene," Salito's in Sausalito is fresh, bright and full of casual ambience. Large, multi-leveled decks overlook the water and the beauty of the area is absolutely

freshly made beignets, Tortuga Caribbean rum cake and salted caramel vanilla crunch cake.

It's the perfect getaway on a foggy city day. You can take a ferry and pretend you're on vacation in a faraway village. At least for one day! Sitting on beautiful

breathtaking.

The versatility of the food offerings allows you to have anything from a selection of cheeses and salumi with house made kettle bread and a bottle of wine to a full-blown feast of Dungeness crab and succulent prime rib. The menu is accessible. It's simple food, well-sourced, abundant and comforting yet sumptuous.

You can craft your dining experience by beginning with oysters or sizzling iron-skillet roasted mussels, shrimp and crab and move to specialties such as a crab enchilada, fresh fish or prime rib. Sweets have their own category with

The large covered, heated patio and twinkling lights set the stage for dining under the stars with the possibility of romance a foregone conclusion.

Richardson Bay, the blue sky and sparkling water are the perfect setting for an afternoon or evening of cocktails and dining *al fresco*.

The large covered, heated patio and twinkling lights set the stage for dining under the stars with the possibility of romance a foregone conclusion.

They serve breakfast on the weekends beginning at 10:00 am. Crab benedict, hot buttered rum pancakes and open face skillet omelets are but a sampling of the weekend menu.

1200 Bridgeway, Sausalito
415.331.3226
salitoscrabhouse.com



ADVERTISEMENT.



We Olive
The Olive Oil Experience

New extra virgin olive oils exclusively at We Olive

- California Olive Oils you won't find anywhere else!
- Daily Oil Olive, Balsamic, Tapenades, Pesto Tastings
- CUSTOM LABELS for corporate gifts, weddings, parties, et al.
- Ask about our free shipping

Cooking classes for groups
Call ahead for more information

2379 Chestnut Street | San Francisco, CA 94123 | (415) 673-3669
www.weolive.com | weolivesf@weolive.com

Like us on Facebook. Follow us on Twitter. We Olive you.



THIRD GENERATION

LUCCA *delicatessen*

2120 CHESTNUT STREET • 415.921.7873 • WWW.LUCCADELI.COM

SINCE 1929



Caffe Dolci
Gelato Dessert Panini

mycaffedolcisf.com

August Special: Cool off with half off all fruit Sranitas the month of August with this coupon.

3101 Fillmore Street, San Francisco 94123
www.mycaffedolcisf.com | Like us on Facebook | Follow us on Twitter

THE KITCHENLESS COOK :: Mmmmmm



Sweet barbecued pomegranate chicken

by bill knutson

OFTEN MY FRIENDS WILL ASK where I find my recipes. Sometimes I've been inspired by a dish I've eaten at a restaurant and then will attempt to recreate it at home from the memory of the flavors; other times I'll wander the market and let the ingredients speak to me. But most often, I find a single ingredient that intrigues me, and experiment until I come up with a recipe. That's how this recipe came about.

I once assisted a photographer by shopping for the ingredients she was going to use in a photo shoot for a story on holiday foods from other cultures. The Sudanese recipe called for pomegranate molasses, which I had never heard of and had no clue where to find. After many days of searching, I came across it at an Indian food store in Berkeley. (One of my favorite ways to spend a lazy afternoon is to browse the aisles of small ethnic food stores.)

After the photo shoot, I brought the molasses home and with little idea as to how I would use it, I relegated it to the back of my pantry to collect dust. Later in a pinch, I substituted it for maple syrup in a barbecue sauce. Everyone at dinner that night was thrilled by the new sweet and tart sauce I had just created purely by luck. Of course, I wasn't letting on that it wasn't planned, but we'll keep that our little secret. Pomegranate

molasses has now become a staple of my pantry, and I use it regularly in sauces and glazes for many of my pork and poultry dishes.

Cheers,
Bill

BARBEQUED POMEGRANATE CHICKEN

Serves 6

- ¼ cup pomegranate molasses
- ¼ cup ketchup
- 1 tablespoon pomegranate balsamic vinegar (plain balsamic can be substituted)
- 1 teaspoon chipotle pepper powder
- 1 teaspoon white pepper
- 2 teaspoons salt
- 2 teaspoons dried lemongrass leaves
- 12 pieces bone-in chicken

In a bowl, combine molasses, ketchup, vinegar, and chipotle pepper. Stir well and set aside. Combine white pepper, salt, and lemongrass and sprinkle over chicken. Grill directly over a medium flame for 20 minutes. Turn over and grill for an additional 10 minutes. Baste with pomegranate sauce and cook an additional 5 minutes. Turn over, baste other side, and cook for an additional 5 minutes. Serve and enjoy.

To contact *The Kitchenless Cook* with questions or comments, e-mail bill@marinatimes.com.

Advertise in the MarinaTimes

Reach over 30,000 readers in San Francisco's northern neighborhoods. To inquire about our advertising rates and for more information, contact us at advertising@marinatimes.com or call our offices at (415) 815-8081

THE TABLEHOPPER :: Comings and goings

Summer openings galore — time to wear your stretchy pants

by marcja gagliardi

LET'S START WITH A SPLASHY ONE. Now open in Jackson Square is **Roka Akor** (801 Montgomery Street, 415-362-8887), a new modern Japanese robata restaurant in the former Cypress Club (for you fellow old-timers). The menu features a wide range of Japanese-inspired dishes with local ingredients. I'm looking forward to dishes from chef Roman Petry, like Mendocino uni with chicharrones; lobster and abalone miso soup; Wagyu beef and kimchi dumplings; and Madagascan tiger prawn (er, not local, heh) with yuzu kosho chile and lemon. There are also prime steaks, plus nigiri sushi and maki rolls, and the lunch menu has some specials, too. There

from Jeff Gambardella and Douglas Mathieux of Rigolo Café. The menu features dishes like ceviche, salads, sandwiches, some larger plates like braised or oven-roasted chicken, and more at a wallet-friendly price point. Open for both lunch and dinner.

ACT-goers will be bummed with this news: Dennis Leary will close **Canteen** (817 Sutter Street, 415-928-8870) at some point in late August or early September. With Leary's upcoming projects (Cafe Terminus at 10 California Street and the Trocadero Club in the former RJ's on Geary), it seems something had to give. So make your reservation for a farewell meal. I will miss those Parker House rolls. (But since Leary has one year left on his lease, some one-off dinners are still possible in the space after it closes.) Stand by for confirmed details on Canteen's closure, and more on the new projects (which Leary is doing with business partner Eric Passetti) in coming weeks.

I'm looking forward to dishes from chef Roman Petry, like Mendocino uni with chicharrones.

is a robata-driven bar menu served late, with dishes like Japanese-style fried chicken with smoked aioli. You'll also find a creative beverage program (including infused shochus, top-notch whiskeys, and one-of-a-kind cocktails) from the talented Daniel Hyatt, desserts from pastry chef Alexander Ruiz (Redd and Redd Wood); Kiet Le (Luce) is the general manager. Design firm Arcanum Architecture is behind the modern look, including the robata grill encircled by a shou-sugi-ban counter made of charred birch wood finished by hand, and Concrete Works created the concrete art wall in the dining room inspired by the bamboo forests of Kyoto.

Not far away, North Beach now has a **Tacolicious** (1548 Stockton Street, 415-433-1800). The newest member of the family is complete with their signature touches, including dramatic tile, a long bar, and outdoor seating. The bar is warm wood, and the walls are brightly painted, giving the whole place a welcoming vibe. There's seating for 49, and all the tables are bistro height, including the banquettes along one wall, which lends to the casual, bar-like atmosphere. The menu is similar to the other locations, with seasonal and well-prepared tacos with their house-made salsas, plus lots of appetizers and side dishes. They also have their full array of cocktails available by the glass or pitcher, including a Paloma and the delicious margarita picante. That said, this location is just as kid-friendly as the others, so bring the little ones, too. They're open straight through lunch and dinner, so it's an easy spot to stop midafternoon for a beverage and a taco snack, plus they've got a television at the bar if you need a stylish place to park it during the baseball game.

Another family-friendly space that just opened is **Artesano** (3415 California Street, 415-221-5500) in Laurel Heights. This casual South American concept — offering Latin American comfort food ranging from Brazil to Peru to Argentina — is

More un-fabulous news: After 12 years at **Betelnut**, chef Alex Ong has left his post. He is looking forward to spending more time with his family while figuring out his next move (potentially doing some consulting in the meantime). The restaurant recently hired a new chef de cuisine, Mario Tolentino, who had been working with Ong on modernizing some of the dishes on the menu (Tolentino was working five years ago at Aqua, and was recently a Food Network *Chopped* champion).

Let's end on a high note: French-inspired **Le Marais Bakery** (2066 Chestnut Street, 415-359-9801; see New and Notable, page 14) is now open in the Marina. The new venture comes from Paris native Patrick Ascaso, and is a tribute to the boulangeries he grew up with in France. They're serving French-style levain breads fed daily with natural starter from boulanger Justin Brown (who previously worked at Bien Cuit and Robert's in Brooklyn). He'll also be making croissants and other traditional baked goods. They've got a separate

Patrick Ascaso has created a tribute to the boulangeries he grew up with in France.

pastry program, helmed by Phil Ogiela (formerly of Aziza and Presidio Social Club), with desserts like gâteau Basque with cream and apricots, fresh fruit tarts, and madeleines. The fine folks at Paxton Gate designed the space with warm reclaimed woods, vintage baking trays functioning as cabinets, and light fixtures made from Bundt pans. The floor tiles are from the north of France, and the space is designed to make use of natural light — all the better to admire the croissants.

Marcja Gagliardi is the founder of the weekly *Tablehopper* e-column; subscribe and get more food news and gossip at www.tablehopper.com. Follow her on Twitter: @tablehopper.

AMERICA'S TOP STEAKHOUSES

- Osso Steakhouse** — 1177 California Street, San Francisco, CA
- Bobo's** — 1450 Lombard, San Francisco, CA
- Peter Luger Steakhouse** — 178 Broadway, Brooklyn, NY
- Bern's Steakhouse** — 1208 South Howard Avenue, Tampa, FL
- CUT** — 9500 Wilshire Boulevard, Beverly Hills, CA
- Emeril's Delmonico** — 3355 South Las Vegas Boulevard, Las Vegas, NV
- Mario Batali's Carnevino** — 3325 S. Las Vegas Blvd., Las Vegas, NV
- Chicago Cut** — 300 North LaSalle, Chicago, IL
- The Precinct** — 311 Delta Avenue, Cincinnati, OH
- Elway's Cherry Creek** — 2500 East First Avenue, Denver, CO



PHOTOS: MISHA BRUK

Osso Steakhouse

OSSO STEAKHOUSE is the latest creation from the people who brought you The Stinking Rose, Calzone's and Bobo's, which was listed as one of the top ten steakhouses in America by USA Today in 2012, alongside such notable restaurants as Peter Luger, Bern's, Emeril Lagasse's Delmonico, Mario Batali's Carnevino and

Wolfgang Puck's CUT. The steakhouse is located in the landmark Gramercy Towers, next door to the Masonic Auditorium on prestigious Nob Hill, near the Fairmont, Mark Hopkins and Huntington Hotel. The stylish Art-Deco-inspired design provides an elegant yet relaxed ambiance. The New York Steak is dry-aged 4-6 weeks for a flavor that is nothing short of a revelation. For the truly hardy, try the three-inch thick Bone-in New York New York Empire Steak Building Cut. It's the juiciest, most perfectly marbled beef that has ever been set before you. "It's osso good!!"

The valet parking provides an elegant yet relaxed ambiance. The New York Steak is dry-aged 4-6 weeks for a flavor that is nothing short of a revelation. For the truly hardy, try the three-inch thick Bone-in New York New York Empire Steak Building Cut. It's the juiciest, most perfectly marbled beef that has ever been set before you. "It's osso good!!"

Valet Parking

1177 California at Jones
415.771.6776
www.ossosteakhouse.com



ADVERTISEMENT.

THE BACK STORY : All the news about the newspapers they saw fit to print

The evolution of San Francisco newspapers from 1846

Part 1 in a three-part series

by ernest beyl

TODAY MOST NEWSPAPERS in San Francisco are tame lap dogs whose bark is worse than their bite. But it wasn't always that way. This three-part series is about newspapers from 1846 to the present, and journalists who had a loud bark and a real bite.

San Francisco newspaper history is replete with notable journalists. They stride through the long public record in almost forgotten, brittle yellow clippings.

Like some sports heroes and movie stars, journalists can be vain, self-centered, egotistical, and frequently irreverent. Some like to get their names in the papers. They can also be intelligent, perceptive, witty, dedicated, good conversationalists, good storytellers, and good writers imbued with a sense of mission. And, they have their cliques and cliques — followers who also like to get their names in the paper.

In the entire history of San Francisco newspapers — that is, from the mid-1800s to today — a few seminal figures, superstars if you will, have risen to the top like fresh cream in a milk bottle. Here is the cast of characters that made my personal cut.

SAMUEL BRANNAN

In 1846, Mormon elder Samuel Brannan was the editor of the *California Star*, San Francisco's first news-

paper, and a pitchman for California's Gold Rush. He was a hot-headed P.R. guy.

MARK TWAIN

Samuel Langhorne Clemens, later to become better known as Mark Twain, was an itinerant journalist in the 1850s. He became a reporter for the old *San Francisco Call*, and occasionally wrote for the *San Francisco Chronicle* in exchange for desk space.

BRET HARTE

A congenial spirit and friend of Clemens, Francis Bret Harte was the editor of the highly respected *Overland Monthly*. Harte and Clemens set a raw-boned and swaggering tone for western journalism of the time. Today if Bret Harte is remembered at all, it's because of his classic short story, "Luck of Roaring Camp."

THE DE YOUNG BROTHERS

In 1865, teenage brothers Charles and Michael de Young borrowed a \$20 gold piece from their landlord and published a tabloid handout, the *Daily Dramatic Chronicle* that was full of gossip and theater notices. It was the predecessor of the *San Francisco Chronicle*. Their father was a jeweler and dry goods merchant.

WILLIAM RANDOLPH HEARST

United States Senator George Hearst, self-made

millionaire, in 1887 accepted the *San Francisco Examiner* as payment for a gambling debt. He gave it to his son "Willie," William Randolph Hearst, who wanted his own newspaper.

FREMONT OLDER

Fremont Older was a crusading, hell-raising editor of the *Bulletin*, considered a tough newspaperman's newspaper. He was a tireless fighter against civic corruption and a staunch defender of prostitutes.

PAUL C. SMITH

Flamboyant, audacious, tough, and controversial were descriptors for boy wonder Paul C. Smith. He became editor of the *Chronicle* in 1935 when he was 27. Under Smith, the *Chronicle* became known as the *New York Times* of the West, but circulation went south, and *Time* magazine referred to him as "an aging boy wonder." He lived in a showcase apartment on Telegraph Hill just below the summit, and held parties there that included celebrities like Noel Coward and Clare Boothe Luce, who drank single malt scotch out of crystal tumblers and intermingled with *Chronicle* editors, reporters and copyboys. The apartment on Telegraph Hill is still there. Smith is not.

HERB CAEN

Herb Caen joined Smith's *Chronicle* in 1936 as a radio columnist but went on to become the man who rein-

vented San Francisco in his own image. Caen did not reflect San Francisco, San Francisco reflected Herb Caen's Baghdad-by-the-Bay column. If you didn't read Caen's column, you felt out of it.

SCOTT NEWHALL

When Scott Newhall took over as *Chronicle* editor in 1952 circulation was 170,000. The *Examiner's* was 350,000. Newhall revived a raucous San Francisco journalism practiced earlier by Clemens and others and turned the *Chronicle* into a frisky newspaper that was fun to read. When the sometimes prudish *Examiner* started a campaign to put tops on topless dancers in North Beach, Newhall editorialized: "The trouble with San Francisco is not topless dancers, it's topless newspapers."

STANTON DELAPLANE

The *Chronicle's* much-admired Stanton Delaplane was master of spare, boiled-down, whimsical sentences. He was a great prose stylist; none like him today. Herb Caen — himself not too shabby with words — likened Delaplane to Ernest Hemingway: "... he boiled down a sentence to its essence. The most hard-bitten editor couldn't find an ounce of fat to trim."

BILL WREN

Cigar-chomping Bill Wren, who became city editor for the *Examiner* in the 1930s, went on to become a



domineering, dominating, and daunting managing editor. It was said that he ran the city, telling politicians and the police how to handle their jobs.

Herb Caen in his *Chronicle* office in the early 1990s. PHOTO: NANCY WONG / WIKIMEDIA COMMONS

THOMAS FLEMING

In 1944, Thomas Fleming founded the *Reporter*, then San Francisco's only Afro-American newspaper. He remained editor when the paper merged later with the *Sun* to become the *San-Reporter*. He ran a tight ship and got the news. A tough but sweet guy who had time for everybody.

FRANCES MOFFAT

Frances Moffat not only reported on the deeds and doings of San Francisco's socially elite for the *Examiner* and then for the *Chronicle*, but she did so in a professional manner that positioned her subjects as an important force in the city's economic and philanthropic scene. She took the position that her society beat was the equal of any other on the newspaper — politics, business and financial, education, health, technology, arts and entertainment, or sports. She was a helluva good reporter.

SOB SISTERS

Early on, women reporters were known as "sob sisters." But that put down by their male compatriots didn't fly with conscientious women editors and reporters — among them Carolyn Anspacher of the *Chronicle* and Mary Crawford of the *Examiner*. Both hit the glass ceiling and broke through it.

Part 2 of this backstory on the "Evolution of San Francisco newspapers" will flesh out who these reporters and editors were and the role they played in the barking and biting of journalism through the years.

Ernest Beyl worked as a reporter for Paul C. Smith at the *Chronicle*. He was not quite a boy. E-mail: ernest@marinatimes.com

MICHAEL SNYDER ON FILM

'Blue Jasmine'

by michael snyder

DESPITE COMING comparatively late in Woody Allen's career, his new drama *Blue Jasmine* — set in San Francisco, with quite a few flashback scenes shot in his beloved New York City — is easily one of my favorite films that he's made in two decades.

Starring Cate Blanchett in the title role, *Blue Jasmine* charts the odyssey of a woman who goes from rags to riches to destitution and mental instability. She was adopted and raised by conventional working-class parents, took on the name Jasmine, reinvented herself as a stylish upper-crust type, married wealthy financier Hal, and lived the good life in Manhattan until Hal turned out to be another Bernie Madoff. With her husband and meal ticket under indictment, Jasmine is stripped of most worldly possessions and shunned by her former friends in high society, so she heads to San Francisco to seek shelter with her unpretentious sister Ginger — also an adoptee. Ginger is living as a single mother of two boys after having spilt from her coarse working-class husband, Augie, but Jasmine's sense of entitlement, neediness and serious emotional problems are draining and distracting for Ginger,

who is trying to make a life for herself with her new boyfriend, a mechanic named Chili.

As Jasmine's past — good and bad — haunts her, circumstances push her closer to the edge. Ginger tries to keep it together when her sister's presence undermines the relationship with Chili, but the pressures take their toll. At the end of her rope, Jasmine meets a man who she thinks might be the answer to all her problems.

There is a dark humor to *Blue Jasmine*, as Allen seems to take a sort of glee at the trials and tribulations of the smug users and well-to-do rip-off artists that sometimes populate the upper reaches of the social order. Meanwhile, he sees tragedy in Jasmine's failed aspirations and her fall from graciousness, if not grace. And though he hasn't been among them in years, Allen shows a certain affection and sympathy for the nononsense scramblers and strivers and strugglers on the lower end of the economic scale.

Some of the plot recalls aspects of Paul Mazursky's dramedy *An Unmarried Woman*, starring Jill Clayburgh, even as it addresses certain topical issues and has that piquant Allen humor embedded in its cinematic DNA. That said, a wonderful, talented cast including a couple of unlikely actors in pivotal roles



Left to right: Cate Blanchett as Jasmine, Max Casella as Eddie, Bobby Cannavale as Chili, and Sally Hawkins as Ginger star in *Blue Jasmine*. PHOTO: MERRICK MORTON © 2013 GRAWLER PRODUCTIONS, COURTESY OF SONY PICTURES CLASSICS

helps *Blue Jasmine* immeasurably. Aussie-born Blanchett (*Elizabeth*, *Lord of the Rings*, *The Aviator*) and British native Sally Hawkins (*Happy-Go-Lucky*, *An Education*) as American adopted sisters are spot-on with Jasmine's patrician accent less of a stretch, but Hawkins absolutely nailing Ginger's Noo-Yawk tough-gal accent. Alec Baldwin — whose significant movie and TV credits are too numerous to list — is the perfect blend of oily and suave as Jasmine's scheming husband, Hal. The ever-able Peter Sarsgaard (*An Education*, *TV's The Killing*) is just right as Dwight, a man who might very well be Jasmine's salvational. Respected Broadway and film vet Bobby Cannavale (*The Station Agent*, *Win Win*) is in his sweet spot as Chili. But the real surprises of the bunch are two men best known as edgy and sometimes vulgar stand-up comedians: Louis C.K. and Andrew

Dice Clay. C.K.'s contribution is relatively small; he's a believable, everyday schlub who tries to woo Ginger when she's on the rebound from Chili. On the other hand, Clay — whose public profile has been somewhat diminished since his controversial heyday as a shock comic in the '80s and '90s — is terrific, honest and affecting in a significant part as Ginger's estranged, bitter ex-husband hoping to stay a father to his kids despite custody issues. Whether in painful flashbacks with Blanchett, Baldwin, and Hawkins or in a crucial scene with Blanchett and Sarsgaard, Clay holds his own among excellent actors and delivers legitimate emotional impact.

People can argue all they want about Allen — the man and his behavior in the realm of interpersonal relations. They can question his actions, defend him and denigrate him, but it never impeded

my ability to appreciate, admire and even marvel at his career as a comedian, writer, and filmmaker. If we can separate ourselves from the biographical and sensational aspects of Allen's life in the public eye and just look at his movies, it should be apparent that the artist is genius-level with a prodigious and often brilliant body of work in cinema. His filmography stretches from the 1960s to the current release of *Blue Jasmine*, which is, I believe, the 45th film Allen has directed for theatrical release. (*Don't Drink the Water*, done for television in 1994, would increase the total to 46.) Along the way, there were Oscars for *Annie Hall*, *Hannah and Her Sisters*, and 2011's *Midnight in Paris*, which garnered an Academy Award for Allen's screenplay.

Allen has starred in many of the films he makes, but shows up less and less these days. In fact, what I believe to be his three best movies of the past decade — *Match Point*, *Vicky Cristina Barcelona*, and the aforementioned *Midnight in Paris* — don't include him on screen at all. The same goes for *Blue Jasmine*.

As much as I've always admired Allen the performer, he isn't missed when he makes a film as sure-handed and affecting as *Blue Jasmine*.

Michael Snyder is a print and broadcast journalist who covers pop culture every week on KPFK/Pacific Radio's David Feldman Show, and on Michael Snyder's Culture Blast, available online at YouTube and Digtube TV. You can follow Michael on Twitter: @cultureblaster

THE BEST OF BOOKS

What you're reading

Best sellers and recommendations

compiled by sandy mullin

BOOKS INC. HARDCOVER BEST-SELLER LIST

1. *Beautiful Ruins: A Novel*, by Jess Walter
2. *The English Girl: A Novel*, by Daniel Silva
3. *The Expats: A Novel*, by Chris Pavone
4. *This is Where I Leave You: A Novel*, by Jonathan Tropper
5. *This Town: Two Parties and a Funeral — Plus, Plenty of Valet Parking! — in America's Gilded Capital*, by Mark Leibovich
6. *City of Thieves: A Novel*, by David Benioff

7. *Where'd You Go, Bernadette: A Novel*, by Maria Semple
8. *Steve Jobs*, by Walter Isaacson
9. *Sense of an Ending*, by Julian Barnes
10. *Sweet Tooth: A Novel*, by Ian McEwan

STAFF PICKS FOR ADULTS

The Humans, by Matt Haig
I loved this novel! It's science fiction, it's a murder mystery, and a love story. Best of all, it excels at all three genres. Totally fun (and seriously serious!) — Bob Deloria



The Ocean at the End of the Lane, by Neil Gaiman
A lovely, dark fairy tale for adults, rich with myth and mystery. — Tara Marsden

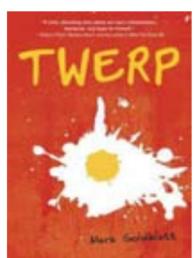
Love, Dishonor, Marry, Die, Cherish, Perish, by David Rakoff
The late David Rakoff's last book, a novel in verse, is a reminder of the great humorist's talent: funny, biting, moving, and arch. Beautifully illustrated by Seth. — Sandy Mullin



STAFF PICKS FOR AGES 10 AND UP
Twerp, by Mark Goldblatt
I really loved reading this. Set in Queens, 1969, and told from the compelling viewpoint of sixth grader Julian (the fastest kid in his whole class), this debut takes us through all the twists and turns of adolescence, at school and home and in the streets. Reminiscent of Spinelli or Blume. Fresh, funny, and a whole lot of fun! — Elizabeth Freeman



STAFF PICKS FOR AGES 12 AND UP
The Moon and More, by Sarah Dessen
Fans will be pleased with the latest addition to Sarah's extensive collection, and if you haven't read her yet, summer's the perfect time to start. Love and family in an idyllic beach town. — Elizabeth Freeman



Sandy Mullin is the manager at Books Inc. in the Marina.

CARRIE + LISA

Ranked in the Top 10 Northern Bay Area Teams 2013 by Real Trends
Ranked in the Top 200 Real Estate Teams in the U.S. 2013 by the Wall Street Journal



JUST LISTED
Presidio Heights
3310 Clay Street
www.3310ClayStreet.com
\$3,750,000



UNDER CONTRACT
Marina
3625 Baker Street
Representing the Seller
\$5,395,000



SOLD
Pacific Heights
1812 Scott Street
Represented the Buyer
\$1,782,000



SOLD
Presidio Heights
3271 Jackson Street
Represented the Seller
\$2,810,000



Carrie Goodman | 415.624.4166
cgoodman@paragon-re.com
BRE# 01736609
Lisa Miller | 415.710.0268
lmiller@paragon-re.com
BRE# 01395837
www.CarrieAndLisa.com

Thank you to our fantastic clients for our continued success!
Now let us put our proven track record to work for you!

The information contained herein has been obtained from sources we deem reliable but is not guaranteed. Prospective purchasers are advised to independently verify accuracy and to review any disclosure information on file with this office.



AUGUST EVENTS

WHAT NOT TO MISS THIS MONTH

MAJOR EVENTS

America's Cup
Various days thru Aug 30
S.F. Bay

Teams continue to hone their skills on the physically challenging AC72 wing-sailed multihulls in the Louis Vuitton Cup semifinal and final races to determine the challenger in the America's Cup finals in September. www.americascup.com



American Craft Council Show

Fri-Sun, Aug 2-4, 10 a.m.-5 p.m.
Festival Pavilion, Fort Mason Center
With more than 230 of the top contemporary jewelry, clothing, furniture, and home décor artists, come see pure craft at its absolute finest in this largest juried craft show in the West. *Free*—\$20, 612-206-3100, www.craftcouncil.org

40th Annual Nihonmachi Street Fair
Sat-Sun, Aug 3-4, 11 a.m.-6 p.m.
Japantown and Japan Center
Enjoy food, artisan crafts, local musical and cultural performances while celebrating and learning about the Asian/Pacific American culture. *Free*, www.nihonmachistreetfair.org

Outside Lands
Fri-Sun, Aug 9-11
Golden Gate Park
Three days of music, wine, food, comedy/variety, and art featuring Paul McCartney, Nine Inch Nails, Willie Nelson, and many more. \$105-\$545, www.sfoutsidelands.com

LAST CHANCE

The Book of Liz
Thu-Sat thru Aug 11
Custom Made Theatre (1620 Gough St.)
This comedy by Amy and David Sedaris is about a young woman who decides to leave behind her religious community and the world of cheese-balls to explore the outside world. \$22-\$35, 415-798-2682, www.custommade.org

33rd Annual S.F. Jewish Film Festival
Daily thru Aug 12
Various Bay Area venues
The S.F. Jewish Film Festival is the first and largest in the world and a leading advocate for independent Jewish cinema. \$12-\$275, 415-621-0556, www.sjfff.org

Lure: Bay Area Artists Explore the Sea
Tue-Sat thru Aug 15, 10:30 a.m.-5 p.m.
SFMOMA Artists Gallery, Fort Mason Center
In recognition of the America's Cup, this exhibition brings together works by Bay Area artists who look to the sea as a primary reference in creating art. *Free*, 415-441-4777, www.sfmoma.org

Mary Robertson: River Day
Tue-Sat thru Aug 17, 11 a.m.-5:30 p.m.
George Krevsky Gallery (77 Geary St.)
See this Bay Area artist's recent paintings, watercolors and drawings that capture the color, light and feel of summer on the Russian River. *Free*, 415-397-9748, www.georgekrevskygallery.com

Stern Grove Festival
Sundays thru Aug 18, 2 p.m.
Stern Grove (19th Ave. & Sloat Blvd.)
A summer tradition, this festival celebrates community, nature and the arts with August performances by Shuggie Otis, Pink Martini, and the S.F. Opera. *Free*, 415-252-6252, www.sterngrove.org

COMMUNITY CORNER

CPR Certification
Wednesday, Aug 7, 14, 21, & 28, 5-8:30 p.m.
Sports Basement Presidio (610 Old Mason St.)
Learn how to recognize and treat life-threatening emergencies, including cardiac arrest and choking for adult, child and infant victims as well as how to effectively use an AED (Automated External Defibrillator). Preregistration required. *Free*, 415-437-0100, www.sportsbasement.com

Home Preparedness in Earthquake Country
Thursday, Aug 15, 6:30-7:30 p.m.
Latino/Hispanic Community Meeting Room, S.F. Main Library
Don't miss this chance to learn what you can do to protect yourself and your home during the next earthquake in this talk/slideshow presentation. *Free*, 415-557-4400, www.sfpl.org

GALAS & BENEFITS

American Cancer Society's Relay for Life
Saturday, Aug 3, 9 a.m.
Main Parade Ground, the Presidio
This life-changing event helps our community celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. 800-227-2345, www.relayforlife.org

9th Annual Flower Power Luncheon
Wednesday, Aug 8, 11 a.m.-1:30 p.m.
Sir Francis Drake Hotel
Benefiting the Salvation Army's Back-2-School distribution program, this luncheon event features renowned floral designer Ron Morgan, who will show guests how to create his signature designs at home. \$100, 415-503-2736, www.flowerpowersf.org



9th Annual Fashion on the Square
Sunday, Aug 18, 5-8:30 p.m.
Intercontinental Hotel (888 Howard St.)
The largest and longest running fashion show on the West Coast features nationally recognized designers and emerging designers. Proceeds support nonprofits FOTS + The Arts and Inner City Youth Sports. \$20-\$65, 510-891-1833, www.fashiononthesquare.com

Help is on the Way XIX
Sunday, Aug 18, 7:30 p.m.
Palace of Fine Arts Theatre
Join the Richmond/Ermet AIDS Foundation at this elegant evening of receptions, live entertainment and a dessert party to raise funds for Bay Area AIDS service provider agencies. Performers include Carole Cook, Maureen McGovern, Paula West, and more. \$65-\$150, 415-931-0317, www.richmondemet.org

ARTS & CULTURE

Want. Here. You. Now
Thu-Sun thru Sep 15
Yerba Buena Center for the Arts
Artists explore our complex and often fragmented connections to others in this exhibition where each piece of art offers an interactive experience paired with unexpected media in a combined

effort to begin to uncover what we lose and gain as we move through our lives. *Free*, 415-978-2700, www.ybca.org

In the Moment: Japanese Art from the Larry Ellison Collection
Tue-Sun thru Sep 22
Asian Art Museum
This exhibition introduces more than 60 artworks spanning 1,100 years and explores the dynamic nature of art selection and display in traditional Japanese settings. *Free*—\$12, 415-581-3500, www.asianart.org

North Beach First Fridays
Friday, Aug 5, 6-9 p.m.
Various North Beach venues
This monthly event features art openings, live music, poetry, and more at over 20 venues—including former-pilot-turned-painter Kevin Brown's Live Worms Gallery and photographer John Perino's Focus Gallery—displaying original art and unique culture. www.northbeachfirstfridays.com

Impressionists on the Water: Docent Lecture
Saturday, Aug 10, 1-1:45 p.m.
Marina Branch Library
Clara Morrissey from Fine Arts Museums of S.F. will give a presentation on Impressionists of the Water, currently on exhibit at the Palace of Legion of Honor. *Free*, 415-355-2823, www.sfpl.org

PERFORMANCES

City Opera S.F.
Thursday, Aug 1, noon-1 p.m.
Pyramid Building
Take a break from the busy day and enjoy this outdoor lunchtime concert featuring a new pop-opera troupe not to be missed. *Free*, www.cityoperasf.com

Jerry Garcia Symphonic Celebration
Thu-Fri, Aug 1-2, 7:30 p.m.
Davies Symphony Hall
This collaboration with the symphony's renowned vocalist/guitarist Warren Haynes features a retrospective of Garcia's masterworks, blending musical genres of rock, blues, R&B, and jazz. \$15-\$100, 415-864-6000, www.sfsymphony.org

BATS' Summer Improv Festival
Fri-Sat, Aug 2-31, 8 p.m.
Bayfront Theatre, Bldg B, Fort Mason Center
Enjoy a new show every weekend by the Bay Area's finest improvisational actors, including the yearly S.F. vs. L.A. Theatresports Grudgematch on Saturday, Aug. 17. \$17-\$20, 415-474-6776, www.improv.org

Diana Ross
Tue-Wed, Aug 6-7, 8 p.m.
Golden Gate Theatre (1 Taylor St.)
Her last S.F. performance was a sellout, so don't miss this multiple award-winning, talented entertainment icon. \$70-\$265, 888-746-1799, www.shnsf.com

Chicago
Wednesday, Aug 7, 8 p.m.
Masonic Auditorium
One of the longest-running, most successful rock groups in history; come hear the hits that made them famous. \$45-\$85, 800-653-8000, www.livenation.com



Generation Theatre: Marius
Thursday-Sunday, Aug 8-22
Southside Theater, Bldg D, Fort Mason Center
This first play in Marcel Pagnol's Marseille Trilogy tells the family tales of an entire generation's loves, heartbreaks, endurance, and triumphs. \$20-\$35, 415-644-8676, www.generationtheatre.com



Jessye Norman in Concert

Friday, Aug 9, 7:30 p.m.
Davies Symphony Hall
Promising an unforgettable evening, the five-time Grammy award-winner takes the stage for a one-night-only performance of classics from the American Songbook. \$35-\$115, 415-864-6000, www.sfsymphony.org

Organ Recital
Sunday, Aug 4, 11 & 18, 3:30 p.m.
St. Mary's Cathedral (1111 Gough St.)
Enjoy an afternoon concert by Nahri Ahn (Aug 4), Ethan Haman (Aug 11), and Martin Spindler from Norway (Aug 18). *Free*, offering requested, 415-567-2020 ext 213, www.stmaryscathedral.sf.com

Merola Grand Finale
Saturday, Aug 17, 7:30 p.m.
War Memorial Opera House
Don't miss these future opera headliners in the final performance of the Merola Opera's young artists' program before they embark on the next stage of their careers. \$15-\$45, 415-565-6427, www.merola.org



11th Annual Bay Area Tap Festival & Rhythm Exchange

Saturday, Aug 17, 8 p.m.
Marines' Memorial Theatre (609 Sutter St.)
Part of a festival of instructional workshop classes, panel discussion, and tap jam, this performance with live musical accompaniment features tap stars from Broadway, film, and stage and has been hailed by the S.F. *Chronicle* as one of the "Top Ten Dance Performances of the Year." \$18, 415-294-4941, www.stepolyn.com

S.F. Choral Society: Haydn's Die Jahreszeit
Sat-Sun, Aug 17-18, 8 p.m.
Calvary Presbyterian Church
This oratorio, one of Haydn's last major works, depicts the yearly cycle of life in the countryside through the eyes of three peasants and offers classical entertainment at its best. \$27-\$33, 415-392-4400, www.sfchoral.org

Priscilla Queen of the Desert: The Musical
Wed-Sat, Aug 21-31
SHN Orpheum Theatre (1192 Market St.)
This fabulous show takes you on a road trip with three extraordinary friends through the Australian outback and into the hearts of all. Tony Award-winning costumes, wonderful music, joyous story, and terrific dancing. \$60-\$220, 888-746-1799, www.priscillaontour.com

Resonance Jazz Ensemble
Sunday, Aug 24, 4 p.m.
Old First Church (1751 Sacramento St.)
This one-of-a-kind jazz octet performs their Summer Time concert, featuring a selection of arrangements and original jazz works for chamber jazz ensemble by composers from the 20th and 21st centuries. \$14-\$17, 415-474-1608, www.oldfirstconcerts.org, www.resonancejazz.com

Free Shakespeare in the Park: Macbeth
Sat-Sun (& Monday, Sep 2), Aug 31-Sep 15, 2 p.m.
Main Parade Ground Lawn, the Presidio
Bring your family, friends, a blanket, and a picnic to enjoy the Bard's suspenseful tragedy with

thrilling scenes of witchcraft and swordplay. *Free*, 415-558-0888, www.sfsakes.org

NIGHTLIFE



After Dark: Freestyle

Thursday, Aug 1, 6-10 p.m.
Exploratorium (Pier 15)
Learn how a few simple elements can create infinite possibilities in this celebration of improvisational traditions and spur-of-the-moment creations at the intersection of art and science. Find your own way to play, and see inspiring new ideas, experiments and talents at this adults-only evening event. \$10-\$15, 415-528-4444, www.exploratorium.edu

English Singles, The Rantouls, New Faultlines
Friday, Aug 16, 9:30 p.m.
Hemlock Tavern (1131 Polk St.)
It's a night of pop songs featuring Sacramento's English Singles (think punk-meets-pop), along with The Rantouls and New Faultlines. \$7, www.hemlocktavern.com

Selah Sue
Sunday, Aug 25, 8 p.m.
The Independent (628 Divisadero St.)
Belgium-born 21-year-old Selah Sue brings her mix of soul, funk and reggae to the S.F. stage. Find out why Prince offered her a coveted spot in his show in Belgium last fall. Ages 21+, \$15, www.theindependentsf.com

Rin Tin Tiger
Saturday, Aug 31, 9 p.m.
Great American Music Hall (859 O'Farrell St.)
Local alt-folk trio Rin Tin Tiger brings to the stage their high energy, acoustic guitar-backed songs about contemporary life. \$15-\$39.95, 415-885-0750, www.gamh.com

SCIENCE & THE ENVIRONMENT

The Science of Sailing
Daily, noon-7 p.m.
America's Cup Park (Piers 27/29)
Take a break from the AC action on the bay by taking in the Exploratorium's special collection of sailing, current and wind exhibits. *Free*, 415-528-4444, www.exploratorium.edu



Cosmological Intimations of Infinity

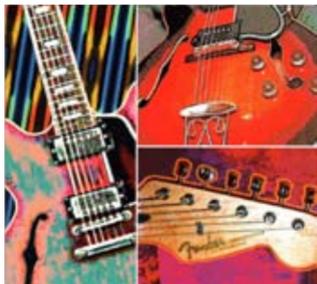
Monday, Aug 5, 7:30 p.m.
California Academy of Sciences Planetarium
UCSC Physics professor Anthony Aquirre will trace the development of the grand ideas we have for understanding the makeup and lifespan of the universe, and he'll look forward to prospects for testing or confirming the ideas of an infinite multiverse. \$8-\$12, 877-227-1831, www.calacademy.org

The Secret Life of a Meteorite
Wednesday, Aug 28, 7:30 p.m.
Randall Museum Theater (199 Museum Way)
Learn how scientists are learning about the origin and early history of the solar system by

studying meteorites and the information they carry in this lecture by a NASA research scientist. *Free* (donations encouraged), 415-554-9000, www.randallmuseum.org

FILMS & LECTURES

Japan Film Festival
Daily thru Aug 4
New People Theater (1746 Post St.)
The final day of the festival will please the anime fans, because three of the four films presented are animated. Starting with the ever-controversial *Evangelion 3.0: You Can (Not) Redo*, the day also includes *Wolf Children* and the live-action version of the anime legend *Space Battleship Yamato*. The fourth film, *Himizu*, is a live-action film based on Minoru Furuya's manga story. \$13 per film, 415-525-8600 www.jfff.org



Eric Calpton's Crossroads Guitar Festival 2013

Tuesday, Aug 13, 7:30 p.m.
Century 9 San Francisco Centre (835 Market St.)
Fathom Events features a film of Clapton's guitar festival this past April in Madison Square Garden. The film also includes the Allman Brothers Band, Buddy Guy, Jeff Beck, Keith Richards, Keith Urban, Sonny Landreth, Vince Gill, and many more. \$13-\$15, www.fathomevents.com

Film Night in the Park: Singin' in the Rain
Saturday, Aug 17, 8 p.m.
Union Square
Grab a blanket, pillow and picnic and head downtown for a showing of one of the greatest big-screen musicals ever made about the transition from silent films to talkies. *Free*, www.filmnight.org

Rita Moreno: Actress, Singer, Author
Tuesday, Aug 20, 6 p.m.
The Commonwealth Club (595 Market St.)
She's got a shelf loaded with her Emmy, Grammy, Oscar, and Tony awards, plus a National Medal of Honor. Hear Moreno and moderator Michael Krasny talk about her life in and out of Hollywood. \$10-\$40, 415-597-6705, www.commonwealthclub.org

POTABLES & EDIBLES

Come to the Table: Best Chefs of the Year Roundtable
Saturday, Aug 3, 11 a.m.
Mandarin Oriental Hotel
Hear a casual and lively roundtable discussion with the City's best chefs about the state of the food nation in S.F. \$28-\$35, 415-362-9450, www.sfchefsfoodwine.com

La Cocina's 5th S.F. Annual Street Food Festival
Saturday, Aug 17, 11 a.m.-7 p.m.
Folsom St. (btw 20th & 26th)
21st St. to 25th St. (btw Shotwell St. & Treat Ave.)
Cesar Chavez Elementary School parking lot (825 Shotwell St.)
Parque de los Ninos Unidos (3090 23rd St.)
Jose Coronado Playground (21st & Folsom Sts)
This festival brings together the Bay Area's best food and music and features over 80 vendors. *Free*, www.sfstreetfoodfest.com

23rd Annual Family Winemakers of California Tasting
Saturday-Sunday, Aug 17-18
Festival Pavilion, Fort Mason Center
Taste 750 wines from more than 25 small-production, family-owned wineries. \$45-\$100, 415-705-0646, www.familywinemakers.org

Cooking Demonstration: Pesce
Saturday, Aug 24, 2 p.m.
Macy's Cellar Kitchen
Join renowned chef Ruggero Gadaldi of Venetian-

inspired Pesce Seafood Bar as he creates a delicious dish. *Free*, 415-397-3333, www.macys.com

4th Annual Bay Area Brew Fest
Saturday, Aug 24, 3-6 p.m.
Festival Pavilion, Fort Mason Center
Sample hundreds of international and domestic beers from dozens of breweries, dine on food-truck favorites, and dance to D.J. music. \$40-\$50, www.bayareabrewfestival.com

Yacht Rock II: Summer Cocktails of the Farmers' Market
Wednesday, Aug 28, 5:30-8 p.m.
Join CUESA and the Northern California chapter of the U.S. Bartenders Guild for this imbibing event, which includes hors d'oeuvres from local restaurants. *Cost TBD*, 415-291-3276, www.cuesa.org

SPORTS & HEALTH

Relay For Life of San Francisco Marina
Saturday, Aug 3, 9 a.m.
Starts: Main Parade Ground, the Presidio
Your participation in this special event honors cancer survivors while raising money to help fight the disease. www.relayforlife.org

Presidio Cross Country 5K
Sunday, Aug 4, 8 a.m.
Starts: Julius Kahn Playground (W. Pacific Ave & Spruce St)
This out and back cross-country race meanders through the scenic Presidio; all runners receive a race ribbon. *Free*—\$5, 415-978-0837, www.dserunners.com

Essential Nutrients and Supplements
Thursday, Aug 8, 5-6:30 p.m.
Enright Room, CPMC Pacific Campus (2333 Buchanan St.)
This lecture will identify essential nutrients, vitamins and minerals, how to meet your nutritional requirements, and provide suggestions for navigating the supplement market, as well as explore the benefits of a Mediterranean diet, with easy tips to incorporate it into your current eating habits. *Free*, registration encouraged, 415-923-3155, epmchrch@sutterhealth.org

Brain Fitness
Monday, Aug 12, 19 & 26, 2-4 p.m.
Latino/Hispanic Community Meeting Room, S.F. Main Library
In this very social class, you will exercise your brain in fun, challenging and creative ways to maintain and improve your cognitive vitality and memory. *Free*, 415-931-8679, www.sfpl.org

Drop-in Ceramics Class
Saturday, Aug 31, 10:15-4 p.m.
Randall Museum (99 Museum Way)
Create pinch pots, trivets, cups and more! Finished work will be fired by the instructor and can be glazed, or picked up unglazed two weeks later at no extra charge. Sign-ups are first come, first served. All ages, kids under 8 must be accompanied by an adult. \$6, 415-554-9600, www.randallmuseum.org

CHILD'S PLAY



Film Night in the Park: The Princess Bride

Saturday, August 3, 7:30 p.m.
Dolores Park (20th St at Dolores)
Bring a blanket and a picnic and plan to arrive early to get a good seat. Please, no tall chairs or other items that obstruct the view of others. *Free*, 415-272-2756, www.filmnight.org

Moodtu Kids Fest
Wednesday, Aug 14, noon-6 p.m.
Ghirardelli Square
This teen music and fashion event features live performances from today's top pop and R&B artists. This year the festival welcomes actor and recording artist Jacob Latimore as a headliner. There is also paintball, rock climbing and more. \$34.50

JAMaROO Kids Luau Party
Friday, Aug 16, 2-5 p.m.
JAMaROO Kids Studio (2001 Pine St.)
Aloha! Come join a Hawaiian-themed party with dance, music, yoga, art, and story time activities. \$15-\$20, 415-614-2001, www.jamarookids.com



Family Day Kite Festival

Saturday, Aug 17, 11 a.m.-5 p.m.
Main Parade Ground, the Presidio
Watch spectacular kites from the acrobatic kites of world champions to the handmade entries of amateurs. Stop by the kite-making pavilion and enter a kite-flying contest. *Free* kites will be provided to kids of all ages. No kite-eating trees allowed. *Free*, 415-381-0100, www.fdkf.org

JAMband Family Show at Park Chalet
Sunday, Aug 18, 3:30-5:30 p.m.
Park Chalet (1000 Great Highway)
Celebrate the end of summer and back-to-school with two hours of music on the lawn. Food and beverages available for purchase. *Free*, 415-425-0372, www.jamjamjam.com

Presidio Bird Life
Saturday, Aug 31, 9:30-11:30 a.m.
Meet: Beach Hut Cafe, East Beach, Crissy Field
See and learn about the diverse Presidio birdlife on a moderate 1.5-mile walk with Ranger Will Elder. Don't forget to bring sunscreen and binoculars! Reservations required. *Free*, 415-561-4323, www.presidio.gov

Drop-in Ceramics Class
Saturday, Aug 31, 10:15-4 p.m.
Randall Museum (99 Museum Way)
Create pinch pots, trivets, cups and more! Finished work will be fired by the instructor and can be glazed, or picked up unglazed two weeks later at no extra charge. Sign-ups are first come, first served. All ages, kids under 8 must be accompanied by an adult. \$6, 415-554-9600, www.randallmuseum.org

JUST FOR FUN

Coit Tower Murals Tour
Saturday, Aug 3, 10, 17, 24, & 31, 11 a.m.
Coit Tower, Telegraph Hill
Created by 25 of California's leading artists of the 1930s, these murals reflect scenes of the Great Depression, landscapes, farm workers, industries, a stylish soiree, and vibrant city life. Includes some murals not usually open to the public. *Free* (donations welcome), 415-557-4266, www.sfcityguides.org

Getting To Know Your Neighborhood
Sunday, Aug 4 & 11, 2-4 p.m.
Presidio Branch Library (3150 Sacramento St.)
Gay Ducharme, from S.F. Architectural Heritage, will share delightful tales of famous and infamous houses and the fascinating characters who once lived in Pacific Heights. *Free*, 415-355-2880, www.sfpl.org

Scow Schooner Sail
Saturday, Aug 24, 11:30-3 p.m.
Departs: Hyde St. Pier
Catch an on-the-water view of the America's Cup aboard the historic 60-foot Alma, and take in dazzling views while park rangers tell stories about California history. *Free*—\$50, 415-447-5000, www.nps.gov/safr

PROMOTIONS

Conifer Clothing et Art
Daily, 11 a.m.-6 p.m.
2848 Webster St. (at Union)
Save 50-65 percent on spring styles. Browse the store or the online catalog for marked items. 415-922-1892, www.conifershop.com

E-mail: calendar@marinatimes.com

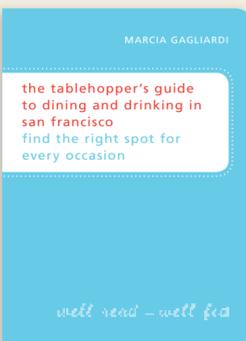


The 7th Annual
**PRESIDIO Y GOLF
TOURNAMENT**
Thursday, October 17, 2013
Presidio Golf Course

PLAY • SPONSOR • SUPPORT YOUTH PROGRAMS

www.ymcasf.org/presidio/golf

tablehopper™



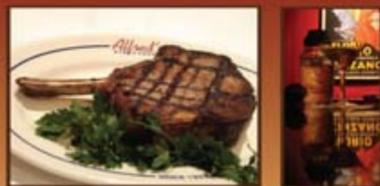
A groundbreaking dining guide to help you find the right place for the right time.

www.tablehopper.com/book

well read = well fed

Alfred's
STEAKHOUSE

Since 1928



**MEMORIAL DAY – LABOR DAY
MIDWEEK WINE HAPPY HOUR**

TUES • WED • THURS • 5 – 6 PM
Wines up to \$80 are HALF OFF! Includes wine by the glass.

659 Merchant Street (by Kearny & Washington)
415.781.7058 • www.alfredssteakhouse.com

Complimentary 3-hour Parking at the Hilton Hotel's SELF PARK GARAGE on Washington Street.

THE NUTRITIOUS LIFE ∴ Don't fuggedaboutit

Memory: The key to keeping your mind sharp

by thalia farshchian

It is estimated that 24 million people around the world suffer from dementia, and this number is predicted to double every 20 years until at least 2040. Brain conditions are not limited to older adults, and early signs can affect all ages. Optimizing brain function increases our ability to sustain attention, learn with greater ease, get quality sleep, and maintain a good mood.

While our brain function is imperative to the rest of our body, maintaining its health is often not addressed until it's too late. Neurologic degeneration is difficult to identify in oneself, making it easy to allow it to gradually decline. Once the diagnosis of dementia is made, there is little one can do to turn back the clock. Healthy brain function begins with proper fuel — oxygen and sugar.

IMPAIRED CIRCULATION

If our body goes more than five minutes without oxygen, our brain suffers permanent damage. While this is one extreme, when our brain does not receive adequate oxygen, its performance is reduced.

Signs of reduced circulation include high or low blood pressure; anemia; cold hands, feet, and tip of the nose; brittle nails; and fungal overgrowth on toes. Gingko biloba and gotu kola are two herbs that greatly enhance circulation and reduce high blood pressure. Exercise is also key — heart-pumping cardio for 15 minutes upon waking can be extremely helpful. Good posture and not hunching at a computer ensures that blood is free to flow to the brain.

BLOOD SUGAR IMBALANCES

Alzheimer's disease is also considered Type 3 diabetes. Individuals affected by diabetes are actually twice as likely to develop Alzheimer's disease. Our brain uses 30 percent of our glucose supply, making glucose a primary fuel source for proper brain

function. When glucose and the regulating hormone, insulin, are too high or low, performance is affected.

Elevated glucose levels, or hyperglycemia, cause degeneration and inflammation that disrupt normal functions, like clearing the amyloid plaques in the brain that are associated with Alzheimer's disease. Signs of high blood sugar include

depression. By regulating inflammation, microglia cells have the ability to properly clear degenerated tissue to support existing healthy tissue.

As mentioned in the May issue of the *Marina Times* ("Why you need to be on guard against inflammation," www.marinatimes.com), compounds like curcumin derived from turmeric and resveratrol derived from grapes can be powerful in reducing inflammation in combination with an anti-inflammatory diet.

In terms of diet, one of the most inflammatory proteins from food is

gluten in wheat products. We are no longer eating the wheat our parents and grandparents consumed and the processing of the wheat has made it incredibly inflammatory. Many people with neurologic imbalances and autoimmune conditions benefit from a gluten-free diet.

STIMULATION

The saying, "use it or lose it," has never rung more true. As we age, we are continuously losing brain cells called neurons. While we want to be healthy and maintain the neurons we have, our brain is very efficient by creating webs between neurons. The more we engage, the more webs we create, allowing us to continually learn and grow throughout life. My patients that remain engaged in studies, games, athletics, and other activities live happier and healthier lives.

Alzheimer's disease, other forms of dementia, mood disorders, and learning disabilities are not conditions we have to endure. Proactive health measures affecting circulation, blood sugar balance, and inflammation can be incorporated to improve and prevent neurodegeneration.

Thalia Farshchian is a naturopathic doctor at Discover Health. Her background includes both conventional and alternative modalities, and her practice is primarily focused on weight management, hormone imbalances, and gastrointestinal conditions. E-mail: drthalia@discoverhealthmd.com

The more we engage, the more webs our brains create, allowing us to learn and grow.

fatigue after meals, craving sweets after a meal, constant hunger, and difficulty losing weight.

Conversely, low blood sugar, hypoglycemia, can equally affect performance. Individuals with hypoglycemia must eat regularly, and if a meal is missed, they become irritable, fatigued, and/or experience brain fog. Low blood sugar levels can be greatly affected by stress and poor diet.

Both of these conditions can be appropriately managed by a balanced diet. First, it is important to determine if you have any food sensitivities, because those foods trigger both stress and inflammation. For both hyperglycemia and hypoglycemia, one should adopt a low-carbohydrate diet, have a breakfast of high-quality protein and fat, and eat something every two to three hours.

INFLAMMATION

The primary immune cells in the brain are the microglia cells, which assist in sending messages between neurons and removing dead neurons and plaques. With persistent inflammation from diet, trauma, lack of oxygen, environmental toxins, autoimmune disease, and blood sugar abnormalities, the immune system becomes taxed with an overwhelming amount of work, and neuroinflammation ensues.

Chronic inflammation speeds neuron cell death rates and reduces the response of existing neurons, causing symptoms like brain fog and

CARING FOR OUR KIDS ∴ Connected children



PHOTO: LEONID MAMCHENKOV

Tips for managing your technology

by liz farrell

IF YOUR HOUSE IS LIKE OURS, YOU ARE constantly bombarded with requests for screen time. Ours are mostly for mobile devices like an iPhone or iPad, but our kids are not picky, and will take time on any screen they can get. With summer quickly coming to a close and the start of another school year just weeks away, it's time to start thinking about new routines, schedules and getting back in the swing of

we realize it, we have spent 45 minutes checking Facebook, texting with a friend, or searching for a new pair of shoes. The specific amount of time is a personal choice for each family, and every household will set different rules on time limits. The most important thing is that the limits be age appropriate. In our house this summer, we instituted 30 minutes a day — 15 minutes after camp and 15 minutes before bed. For content, our kids are not able to download anything on their own, and I

have to review and play any app before they can use it. It is a little easier to justify your children zoning out if you know they are working on math facts or playing a strategy game.

Set examples: This became a priority for me when I stopped to look at my own behavior. I was so frustrated that whenever my children had some down time, they wanted my phone to play a game; then I realized every time I have a few seconds to spare, I reach for my phone. Setting examples are personal choices of what you want to model for your children, but remember our children watch us more than we think, so practice what you preach. If we don't want them showing up at the dinner table with an iPad or texting while driving, we shouldn't be doing those things either.

We can't deny that technology has much to offer from an educational standpoint. It's being integrated more in schools, and

It is imperative that parents keep up with — and even stay ahead of — the technology at our children's fingertips.

things after vacation. Just as we establish rules or guidelines for our children about schoolwork, chores and healthful eating, the same is necessary for technology. Here are a few tips to help you navigate the sometimes overwhelming world of media.

Keep up: With all the new technology at our children's fingertips, it is imperative that we as parents keep up, and I would even venture to say, stay ahead. This means we need to understand how the technology works, ways to keep our kids safe, and monitor what they are doing. This sounds like an easy proposition, but I am not afraid to admit that I have to ask my five-year-old how to change the background picture on my phone. For older children, understanding social media and the new language of texts can be imperative because that is the new wave of communication for this age group. I know one parent that I thought gave her child great advice: If you wouldn't want me to see the message, you shouldn't be writing it. It takes a bit of research but the tools are out there, so as parents we can use privacy settings and set up parental controls on all media devices. Common Sense Media (www.common SenseMedia.org) is a great resource for parents and educators on this front.

Set limits: There are two kinds of limits — time limits and content limits. It's easy to see how screen time can take over and suck you in. It happens to all of us; before

Embrace all that tech has to offer, but don't forget there is still something special about a board game or book.

there is almost no way to avoid it. That said, my final advice is to embrace all that it has to offer, but don't forget there is still something special about sitting around a board game or picking up an actual book and flipping the pages.

Liz Farrell is the mother of three young children. She was formerly a television producer in Washington, D.C. and San Francisco. E-mail: liz@marinatimes.com



K-9 Lyka

With your help, we've donated **\$500,000** to help California K-9s over the past 5 years!

INCLUDING:

- 405 K-9 trauma kits
- 171 bullet-proof vests for working K-9s
- 31 heat alarms for K-9 handler vehicles
- 16 medical care for retired K-9s



City and County of San Francisco
Outreach Advertising
July 2013 #2

Department of Public Health

SF Child Health & Disability Prevention (CHDP) Program.
Healthy Foods and WIC Nutrition Services at No Cost To You

Eating well during pregnancy is important. The Women, Infants, and Children (WIC) Nutrition Program can help. WIC serves pregnant women, new mothers, infants and young children under five years old who meet 185% or below of the federal poverty income level. WIC benefits include nutrition and breastfeeding education and support, checks to buy-healthy foods (such as fresh fruits and vegetables) and referrals to low cost or free health care and other community services.

Enrolling in WIC early in your pregnancy will give your baby a healthy start. Also, WIC staff can show you how you and your family can eat healthier. Migrants are welcome to apply as well. San Francisco WIC has six offices throughout the City. For more information, call (415) 575-5788. This institution is an equal opportunity provider.

Did you know that *Tooth Decay* can affect your child's ability to do well in school, eat healthy food, and can affect self esteem?

If you live in San Francisco ~ call San Francisco Women and Children's Health Referral line @ **1-800-300-9950** for information about low-cost dental insurance for your child, or to find a dentist for your child.

Tooth decay, left untreated, can lead to serious infections and even death! Baby's first dental visit should be no later than *Age One*, but it is never too late to see a dentist!

San Francisco International Airport (SFO)

SFO is now accepting Proposals for the Pop-Up Retail Concession Program.

Proposals must be received no later than **2:00 p.m., Friday, August 2, 2013.**

This lease opportunity is comprised of two (2) separate retail locations, each located in Boarding Area E of Terminal 3, scheduled to open in January 2014. The spaces will be move-in ready with fixtures provided, and will require minimal costs to start up. Successful proposers will be offered the opportunity to operate one (1) of the two (2) locations, with an agreement term of either six (6) months or one (1) year. These concessions are intended for the nonexclusive sale of retail merchandise reflective of the Greater San Francisco Bay Area.

The Request for Proposals (RFP) document is available on-line at <http://www.flysfo.com/web/page/about/b2b/conces/>. For additional information, please contact John M. Reeb, at (650) 821-4500, or via email at SFOConcessions@flysf.com.

San Francisco Arts Commission

City Funding for the Arts!

Are you an artist, arts organization, community/neighborhood group, or a social services organization? If so, you may qualify for a Cultural Equity Grant.

First application deadline is Friday, August 2. Learn more about the grant program at an upcoming workshop. Visit sfartscommission.org/ceg for dates and times.

Newspaper Outreach Advertising Survey

The Board of Supervisors is evaluating the effectiveness of Outreach advertising. Was the information in this ad helpful and/or interesting to you? What types of articles would you like to see? Please provide your comments at 415-554-7710 or email board_of_supervisors@sfgov.org. Please include the publication name and date.

The City and County of San Francisco encourage public outreach. Articles are translated into several languages to provide better public access. The newspaper makes every effort to translate the articles of general interest correctly. No liability is assumed by the City and County of San Francisco or the newspapers for errors and omissions

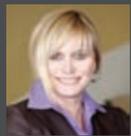
CNS#2510532

TOBONI & CO.
SAN FRANCISCO

DID YOU KNOW?

The San Francisco Bay's entrance was originally named "Chrysopylae" meaning Golden Gate because it resembled Istanbul's Golden Horn. The Golden Gate bridge consists of 23 miles of ladders and 300,000 rivets in each tower, and was the world's longest span when it opened in 1937. It is so long that by the time the painters get from one end to the other, it's time to paint the opposite end again.

For a Custom Designed Market Analysis and Opinion of Value on your Property (at no cost of obligation), or if you are interested in buying property, please call 415.345.3131 or email gillian@pacunion.com



Mary D. Toboni
Toboni & Co.
Luxury Property Specialist
c. 415.317.4255
d. 415.345.3002
mdtoboni@aol.com
BRE# 00625243



Gillian Silver
Toboni & Co.
c. 415.297.5572
d. 415.345.3131
gillian@pacunion.com
BRE# 01523027



THE URBAN HOME & GARDEN



PHOTO: VISTAVISION / FLICKR

Home security tips

by julia strzesieski

SUMMER IS THE BIGGEST SEASON FOR burglaries. August is a particularly favorite month to vacation, while the children are on summer break before school begins in the fall. Homeowners tend to leave windows and patio doors open when they leave. In more than 40 percent of break-ins, thieves simply enter through an unlocked door or window. The odds of being burglarized a second time are higher because the thief will assume that what was stolen has been replaced. Also the thief will likely remember those places that were easy targets and possibly hit again.

Burglars generally avoid delays, noise, or other attention-getting risks. However, alarms are only one part of an effective home security plan — most alarms sound only after someone has entered the home. The following security measures can help your peace of mind while you are traveling to ensure you enjoy your holiday:

- Properly illuminate porches, entrance areas, and yards, both front and back.
- Trim shrubbery that hides doors or windows to lower than eye level.
- Install deadbolt locks on your doors. Make sure each has at least a one-inch draw into the doorjamb.
- Place a metal bar or wooden rod in the track of sliding doors. Install a pin to prevent the door from being lifted off the track.
- When working or entertaining in the yard, only open doors or windows within your view.
- Don't leave a ladder in the yard

that a burglar can use to enter an open second-story window.

- Close and lock basement and main level windows and doors prior to retiring at night.

- If you have electrically operated garage doors, either disconnect or bolt the doors before you leave for extended periods. Always lock the door to an attached garage. Don't rely on your automatic garage door opener for security.

- When you travel, set timers to turn lights on and off at different times in various areas of your home.

Never leave clues, such as a pile of newspapers or mail, indicating that you are away on a trip.

Never leave clues, such as a pile of newspapers or accumulating mail, indicating that you are away on a trip. If you don't have a trusted friend or neighbor to bring these in daily, be sure to put a hold on deliveries.

- Consider having someone house-sit for you so there is visible activity in your home.
- Don't leave messages on an answering machine stating you'll be away for a while and will return calls when you return.
- If you will be gone for an extended period of time, be sure to have someone water plants visible from the street. Neglected plants shout, "No one is home!"
- Organize a community watch program to protect your neighborhood.

Protect your home and enjoy your summer holiday!

Julia Strzesieski is the marketing coordinator of Cole Hardware and can be reached at julia@marinatimes.com.

Advertise in the MarinaTimes

Reach over 30,000 readers in San Francisco's northern neighborhoods. To inquire about our advertising rates and for more information, contact us at advertising@marinatimes.com or call our offices at (415) 815-8081

REAL ESTATE INVESTOR Location and timing pay off for some in the Marina

Pay the rent or buy a BMW? Marina homeowners reap windfall renting to America's Cup audience

by john zipperer

THE BEST-KEPT SECRET IS that America's Cup fans can rent a place near the water for only \$50 a night. Once they check in, they can take in the natural beauty, kick up their feet and watch the America's Cup in living color on their television set. That's because this rental is located in a 22-square-foot cottage near "the second cleanest lake in Indiana," according to its online ad.

Now, if those America's Cup spectators and partiers want to watch the races live, in-person, from the comfort of a nice bayside terrace, then they'll have to come to San Francisco's Marina District, where they'll find some truly eye-opening deals. For example, \$25,000 or \$30,000 a month will get them panoramic views from which they can entertain family and guests in style. Or they can put that money toward a new car or college education for junior.

You already know that location is supremely important in real estate; timing is also a priority. Commercial and private rentals

are opening their doors for the America's Cup season, and at least some of that economic windfall promised to San Franciscans is going to go into the pockets of the owners of these homes and businesses.

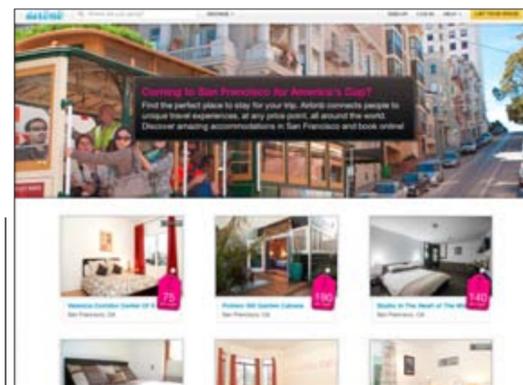
The amounts can be staggering. On VRBO.com, a website that lists short-term vacation rentals by people earning some money renting out their homes, one eye-popping availability is asking \$50,000 a month (or only \$12,500 a week with a two-week minimum) for a four-bedroom, four-bath unit in the Marina that sleeps eight. For the penny-pinchers among the attendees, there's a five-bedroom, 3.5-bath Marina unit directly overlooking the America's Cup Village; this bargain goes for only \$30,000 a month, even though it sleeps up to 12 people. Another rental offers to sleep eight in a four-bedroom, three-bath unit that boasts a rooftop deck, perfect for watching the races, even though the unit is located only one block from the water.

Over on Airbnb.com, another private owner apartment rentals site, there are certainly bargains

to be had. There's everything from \$75 a night rooms to hundreds of dollars a night. An Oak Street home that sleeps eight in three bedrooms and one bathroom is going for a relative bargain of \$6,500 a month (or \$1,500 a week). It's even got a pool, indoor fireplace, and washer and dryer. Or if the vacation renters don't mind being farther away from the action and having to take public transportation to get to the races, they could select a West Portal place that starts at \$89 a night.

Owners of these private homes are benefiting by offering not just a warm bed and good location (the closer to the bay the better, hence the highest prices are found along the Marina's shore); some of them are able to offer parking (to many visitors and even frustrated residents in San Francisco, that alone might tempt them to shell out tens of thousands of dollars), unique homes with neat architectural touches, and a bit of home (full kitchens, for starters) that most hotels can't match.

Veteran Bay Area newscaster Tom Sinkovitz and his wife Paula



Airbnb has an entire section of its site dedicated to America's Cup rentals of private homes

told the *San Francisco Chronicle's* Carolyn Said that they were pondering renting out their four-bedroom Marina condo during the America's Cup. "We're considering the idea of getting out of town and doing Europe for a few weeks with our 12-year-old twins," said Sinkovitz. If their condo is located well enough, they could afford a real barn-burner of a romp through Europe and still have cash to throw around when they return.

Of course, the super-high rates are likely only to be paid by extremely wealthy people or by companies using the locations much like they use skyboxes at sports stadiums: It's where they bring clients and favored employ-

ees to be wined and dined and entertained, the better to grease the wheels of the company's future success. And it's likely a tax writeoff for them anyway.

In the end, wherever these visitors choose to stay, they are going to be spending time in a city stuffed to overflowing with great restaurants, endless entertainment possibilities, interesting people, and stunning scenery.

That's not too much to expect on the second cleanest bay in America.

John Zipperer is the former senior editor for Apartment Finance Today and Affordable Housing Finance magazines. E-mail: john@marinatimes.com

Re-COLE-mend...

Cole Hardware Repair Referral Service

Independent contractors and tradespeople for...

- home, business, and property repairs
- maintenance
- remodeling/room additions
- locksmiths, electricians, plumbers, handymen, painters & more
- Visit www.colehardware.com/homerepair for a full listing of service

Contact us at 415/753-2653 ext. 3 or Email: homerepair@colehardware.com

All of the vendors and trades people in our Home Repair Referral Service have been pre-screened and carefully selected. Your satisfaction is 100% guaranteed. Period.

Four locations to serve you!

- 956 Cole Street (at Parnassus) 415/753-2653
Weekdays 8:00am-8:00pm Weekends 8:00am-8:00pm
- 70 4th Street (Market & Mission) 415/777-4400
Weekdays 8:00am-7:30pm Weekends 9:00am-5:30pm
- 3312 Mission Street (at 29th St.) 415/647-8700
Everyday 8:00am-8:00pm
- 2254 Polk Street (at Green St.) 415/674-8913
Weekdays 8:00am-8:00pm Weekends 9:00am-7:00pm

COUPON SAVE \$5 on your next purchase of \$20 or more!

Excludes sale items, gift cards, special orders. Muni meter cards or parking passes, Clipper. Not valid with any other offers. Expires 8/31/13 sku MTS

SOMA
Offered at \$1,595,000

Sophisticated New York Style Loft. Special fashion-forward design on 2 levels with open floor plan, 3 spacious bedrooms, 3 full baths, 2 panoramic city view decks. Fabulous natural light, fireplace, high ceilings plus 2 car garage with storage and wine cellar. Great location!
45JuniperPentLoft.com

Paula Pagano
(415) 860-4209

Nob Hill
Offered at \$1,395,000

Beautiful 2BD/2BA Beaux Art Condominium. Rarely available home in the St. Elizabeth, an elegant Beaux Art building. Beautiful detailing both in the unit and the building. Spacious rooms, great flow and wonderful light. One car parking. Elevator to all levels. Common view roof deck.
901Powell.com

Sandra Bagnatori
(415) 518-4865
Scott Brittain
(415) 385-6657

Noe Valley
Offered at \$1,345,000

Charming 3BD/2BA Home. Just steps from all of the amenities of 24th Street, this well-maintained home is full of light and has a wider than average lot. On the main level the family room opens to a lovely landscaped Southern garden. Spacious master suite upstairs with views and custom cabinetry.
4239-25thStreet.com

Annie Williams
(415) 819-2663

Russian Hill
Offered at \$1,295,000

2BD/1.5BA Townhome with Panoramic Bay and City Views. Perched high in the Las Casitas complex, let the "hilarator" transport you to the front door of this charming townhome. Light and bright, it boasts expansive bay and city views, high ceilings, hardwood floors, wood-burning fireplace, 1 car parking.
725Bay.com

Barbara Stein Friedman
(415) 321-4246

Cow Hollow
Offered at \$1,049,000

Modern 2BD/2BA Condo. Completely renovated, top floor flat in prime location. West-facing living room flooded in sunlight, with fireplace and private deck, spacious formal dining room, renovated chef's kitchen, in-unit washer/dryer, 1 car side-by-side parking.
3030Octavia.com

Scott Brittain
(415) 385-6657
Marla Moresi-Valdes
(415) 971-2535

Nob Hill
Offered at \$849,000

Bright and Cheery, Top Floor 2BD/1BA Condo. With a transit score of 100 and a walk score of 98, this is an urban dweller's dream location. The unit itself is a lovely Edwardian flat with windows and light on three sides. The large living room has bay windows with southern views. Includes a formal dining room.
1454California3.com

John L. Woodruff III
(415) 321-4266

Marina
Offered at \$749,000

Spacious 1BD/1BA Top Floor South-facing Condo. The sunny living room features floor-to-ceiling French paneled windows, balcony and views of Pacific Heights. The large formal dining room and adjoining charming kitchen have peek-a-boo views of the Golden Gate Bridge. 1 car parking.
2230Francisco.com

Sandra Bagnatori
(415) 518-4865
Scott Brittain
(415) 385-6657

Russian Hill
Offered at \$699,000

Sophisticated 1BD/1BA Condo. Premium Russian Hill location! Special, sophisticated end unit condo in a well-maintained elevator building with decked and guest parking and extra storage. Bedroom in rear. Spacious L-shaped living/dining area, double-paneled windows. Ride the cable car to work! 98 Walkscore.
1425Vallejo-106.com

Paula Pagano
(415) 860-4209

The City's Best

To see homes for sale in your neighborhood, make your smartphone smarter using our mobile App. Text: HILLCO To: 87778

Hill & Co. is a proud member of the Who's Who In Luxury Real Estate international network.

HILL & CO.
REAL ESTATE
(415) 921-6000 • www.hill-co.com

The Marina Times Real Estate Market Report: June 2013

By Hill & Co.

SINGLE FAMILY HOME SALES

NEIGHBORHOOD	ADDRESS	BEDROOMS/BATHROOMS	SALE PRICE	ABOVE/AT/BELOW ASKING PRICE	DAYS ON MARKET
Cow Hollow	2373 Filbert Street	3BD/3.5BA	\$3,200,000	Above	2
Lake	151 16th Avenue	3BD/2.5BA	\$1,738,000	Above	21
	104 3rd Avenue	3BD/2.5BA	\$1,740,000	Above	28
	262 24th Avenue	4BD/4BA	\$1,875,000	Above	15
	164 24th Avenue	3BD/3.5BA	\$3,550,000	Below	118
Laurel Heights (no sales)					
Lone Mountain (no sales)					
Marina	265 Avila Street	3BD/2BA	\$2,275,000	Below	25
	63 Rico Way	3BD/2BA	\$2,410,000	Above	17
	1372 Francisco Street	3BD/3BA	\$2,700,000	Above	11
	3321 Octavia Street	4BD/3.5BA	\$4,415,000	Above	26
	745 Marina Boulevard	5BD/4.5BA	\$5,620,000	Below	57
Nob Hill (no sales)					
North Beach (no sales)					
Pacific Heights	2151 Scott Street	4BD/3BA	\$2,700,000	Above	31
	2300 Broadway	3BD/3BA	\$5,400,000	Above	75
Presidio Heights (no sales)					
Russian Hill	1011 Green Street	3BD/2.5BA	\$3,250,000	Below	31
Sea Cliff	246 28th Avenue	4BD/3BA	\$1,945,000	Above	40
	25 Seaview Terrace	3BD/3.5BA	\$2,550,000	Above	11
Telegraph Hill (no sales)					

CONDOS

NEIGHBORHOOD	ADDRESS	BEDROOMS/BATHROOMS	SALE PRICE	ABOVE/AT/BELOW ASKING PRICE	DAYS ON MARKET
Cow Hollow	3128 Laguna Street	2BD/1BA	\$875,000	At	0
	1755 Filbert Street #2C	2BD/2B	\$1,025,000	Above	63
	2912 Fillmore Street	3BD/2BA	\$1,280,000	Above	21
	3038 Steiner Street	3BD/2.5BA	\$2,015,000	Above	11
	2533 Greenwich Street	3BD/2.5BA	\$2,200,000	Above	13
	1662 Union Street	3BD/3BA	\$2,400,000	Above	17
Lake	4617 California Street	2BD/1BA	\$759,000	Above	15
	161 16th Avenue	4BD/3BA	\$1,543,750	At	1
	2337 Lake Street	4BD/3.5BA	\$2,050,000	Above	63
Laurel Heights	318 Arguello Boulevard #1	2BD/1BA	\$850,000	Above	28
	324 Arguello Boulevard #4	2BD/1BA	\$949,000	At	28
Lone Mountain (no sales)					
Marina	3501 Laguna Street #206	0BD/1BA	\$515,000	Above	30
	3731 Fillmore Street #4	1BD/1BA	\$563,000	Below	63
	1734 Lombard Street #1	1BD/1BA	\$700,000	Above	29
	3675 Fillmore Street #202	1BD/1BA	\$859,000	Above	56
	3415 Divisadero Street	2BD/1.5BA	\$1,295,000	At	74
	2444 Francisco Street	2BD/2.5BA	\$1,675,000	Above	14
	1567 Francisco Street	3BD/2.5BA	\$2,400,000	Above	38
Nob Hill	1440 Broadway #404	1BD/1BA	\$672,000	Above	27
	939 Jackson Street #202	2BD/2BA	\$960,375	Above	49
	1625 Hyde Street	2BD/2BA	\$1,437,500	Below	22
	1170 Sacramento Street #11D	2BD/3BA	\$4,650,000	At	112
North Beach	444 Francisco Street #205	1BD/1BA	\$610,000	Above	10
	444 Francisco Street #102	1BD/1BA	\$652,000	Above	6
Pacific Heights	2298 Green Street #3	1BD/1BA	\$525,000	At	71
	2462 Clay Street #B	1BD/1BA	\$675,000	At	0
	1885 Vallejo Street #5	1BD/1BA	\$735,000	Above	42
	1701 Jackson Street #705	1BD/1BA	\$750,000	Above	7
	1817 California Street #104	2BD/1.5BA	\$750,000	Above	28
	2040 Franklin Street #1105	2BD/2BA	\$900,000	Above	31
	2315 Divisadero Street #5	2BD/1.5BA	\$918,710	Above	22
	1835 Franklin Street #1402	2BD/2BA	\$950,000	Above	24
	2002 Pacific Avenue #3	2BD/2BA	\$1,150,000	Above	12
	1628 Vallejo Street #1	2BD/2BA	\$1,277,000	Above	35
	2200 Sacramento Street #1008	2BD/2BA	\$1,300,000	Above	2
	1835 Franklin Street #1603	2BD/2BA	\$1,350,000	Below	39
	2050 Divisadero Street #2	3BD/2.5BA	\$1,375,000	Above	42
	2829 California Street #5C	2BD/2BA	\$1,505,000	Below	130
	2782 Jackson Street	3BD/2.5BA	\$1,595,000	At	0
	2266-A Jackson Street	3BD/2BA	\$1,625,000	Above	22
	2409 Scott Street #5	4BD/2BA	\$2,475,000	Above	18
Presidio Heights	212 Arguello Boulevard	5BD/2BA	\$1,475,000	Above	10
Russian Hill	979 Union Street	0BD/1BA	\$450,000	Above	32
	1050 North Point Street #407	1BD/1BA	\$530,000	Below	115
	1050 North Point #503	1BD/1BA	\$590,000	Below	54
	2831 Polk Street #3	1BD/1BA	\$675,000	Above	17
	1050 North Point Street #509	1BD/1BA	\$699,000	At	7
	1450 Greenwich Street #401	1BD/1BA	\$830,000	At	27
	2340 Larkin Street #4	1BD/1BA	\$1,148,000	Above	7
	836 North Point Street	2BD/2BA	\$1,330,000	Above	39
	2164 Hyde Street #612	3BD/3BA	\$2,050,000	Below	75
	1070 Green Street #1501	3BD/3.5BA	\$3,075,000	Below	29
Sea Cliff (no sales)					
Telegraph Hill	410 Vallejo Street	1BD/1BA	\$695,000	Above	36
	455 Vallejo Street #PH6	1BD/1BA	\$845,000	Above	6

The data presented in this report is based on the San Francisco Multiple Listing Service and is accurate to the best of our knowledge, but cannot be guaranteed as such. For additional information, contact Hill & Co., 1880 Lombard Street (at Buchanan), 415-321-4362, www.hill-co.com.

REAL ESTATE TODAY :: Think affordability



PHOTO: MARCGG / FLICKR

Please tell me some good news

by carole isaacs

THE SAN FRANCISCO real estate market is a combination of heaven and hell, depending on whether you are a seller or a buyer.

No need to talk about heaven, but what about buyers in ...?

Buying a home has challenges in all real estate markets. It feels like only yesterday that buyers were worried that they would lose money 10 minutes after they signed escrow papers. Today buyers are worried about prices going up so fast they will be priced out of the market. The search for a good deal has taken a back seat to an affordable home.

To be successful, it is important to think positively about the difficulties encountered when searching for a home. The good news is that there are so few homes on the market, in some way it is easier to develop a list of must haves. Location, parking, and numbers of bedrooms and baths are on almost everyone's short list. A list much longer than this will almost guarantee disappointment or worse for buyers.

Realistic expectations are most important to be successful.

Many buyers walk, ride their bikes, or take public transportation whenever

possible. They still want a garage for their car, or the car they plan to buy when they own a home. Keep in mind that parking comes at a premium and will add from \$50,000 to \$100,000 to the price of a home.

Another rule to follow if you want to be successful is that all buyers must make sacrifices. Maybe it is time to seriously consider life without a car. This will open up possibilities that will surprise

you.

Buyers are worried about prices going up so fast they will be priced out of the market.

even the most seasoned house hunter.

The idea of a starter home is returning to favor, and letting go of the extra bedroom, bath, or even a parking space is not an unheard-of choice if a buyer is serious about making a deal today.

In San Francisco, there are so many buyers and so few sellers that only the most flexible buyers are likely to meet with success. Here is my short list of three ideas for buyers:

- Strike the word perfect from your thoughts.
- Don't wait to fall in love with a home. There are plenty of homes to fall in love with if you could only afford them.

• Shift your focus to finding a comfortable fit, which includes being affordable. It might be smaller than your rented apartment or not in your favored location.

Once you have found the home you can live in, it is more important than ever to work closely with your real estate agent to fine-tune the offer that will take your breath away and cause you to wonder if you haven't lost your mind. You may need to do this several times before your offer is accepted. That's OK. It is the rare buyer who is successful after only one or two offers.

A good deal is a moving target and moves as the real estate market goes up and down. Buyers who were lucky enough to buy a home a year or so ago at the time of their purchase were worried that the market could still go down. Today they are sitting in their homes thinking: *Wow, am I lucky!*

The essence of buying a place in San Francisco is that buying a home has always had challenges. Once you are successful, you will feel lucky!

Real Estate is never boring! Happy house hunting!

Carole Isaacs is a Realtor with McGuire Real Estate. Visit her online at www.caroleisaacs.com or call 415-608-1267.

THINK CURRENT & AUTHENTIC

Think Zephyr.

Z
ZEPHYR
REAL ESTATE

Highly competitive and famously complex, the San Francisco real estate market can be both challenging and rewarding. Zephyr turns savvy, informed Bay Area urbanites into successful homeowners, investors and sellers. ZephyrSF.com

MarinaTimes

f Like us on Facebook

Keep up to date with the latest in local news, politics and entertainment with the Marina Times online at facebook.com/MarinaTimesSF

A different side of Monterey county



Clockwise from Left: Carmel Valley Lodge is on three acres of beautifully landscaped grounds; The pool at Carmel Valley Ranch; The view from Paraiso Vineyards; Below: Local black cod at the Lodge Restaurant PHOTOS: BO LINKS

by patty burness

ALTHOUGH THE MONTEREY Coast is breathtaking and Carmel-By-The-Sea is idyllic, there is a whole other side to Monterey County that shouldn't be missed — the Santa Lucia Highlands (SLH) wine region in the lush Salinas Valley and laid-back, dog-friendly Carmel Valley Village with its tasting rooms, restaurants, galleries, and shops.

From San Francisco, it's 101 South to SLH country, where in the morning, you may find cool fog, and in the afternoon, the wind may pick up. From there, it's less than an hour into Carmel Valley Village, nestled on the west side of the Santa Lucia Mountains, where it's usually warm and sunny during the day and cool at night. There's plenty to do for a fun weekend getaway.

STAY

The Carmel Valley Lodge is steps from the heart of Carmel Valley Village. This charming retreat offers newly remodeled rooms, suites and cottages set on three acres of beautifully landscaped grounds that include a pool. The spacious accommodations feature wood furnishings and beamed ceilings. Some have wood-burning or gas fireplaces, private patios, and kitchen facilities.

In the morning, enjoy a complimentary buffet breakfast in the lodge. This stunning old wood building has lots of character, including a roaring fire in a big stone fireplace (831-521-1111, www.valleylodge.com).

Carmel Valley Ranch is a tranquil haven that discreetly stretches over 500 acres of hills and lavender fields. It's a resort that doesn't quit, offering a sophisticated experience to help you heat up, cool down and everything in between. You're

guaranteed to find what suits you best.

The lodge interior and guestrooms combine modern décor, earth tones, large windows, and sweeping views. Suites offer cathedral ceilings, high-end stone fireplaces and bathrooms, private decks, and oversized furniture (831-625-9500, www.carmelvalleyranch.com).

PLAY

Wine tasting in the SLH is beautiful — it's not crowded, the expansive area is agriculturally rich with a focus on sustainability, and the wines are delicious.

Hahn Estate is nestled in the highlands with wonderful views of the valley and Pinnacles National Park. Favorites included the 2011 SLH Estate Pinot Noir and the 2010 Hahn Merlot (866-925-7994, www.hahnwinery.com).

Next door is Paraiso Vineyards, passionately guided by multiple generations of the Smith family. Take in the stunning hills and valley as you sip their wines. The 2008 "Wedding Hill" Syrah and 2009 "Irie" Zinfandel are especially good (831-678-0300, www.paraisovineyards.com).

At Pessagno Winery, the owner, influenced by his grandfather, concentrates on small-lot wines. The open-spaced tasting room and outdoor patio are fun places to taste some of their stars: the 2010 "Intrinity" Chardonnay and the 2010 "Idyll Times" Vineyard Syrah (831-675-9463, www.pessagnowines.com).

Carmel Valley Village offers a difference experience. Stroll around the quaint town and choose from several tasting rooms.

The wines at Talbott Vineyards are 100 percent estate grown. Both 2011 Pinot Noirs — the Sleepy Hollow Vineyard and "Kali Hart" — have a beautiful color, smooth texture, and flavors of ripe fruit (831-659-3500, www.talbotvineyards.com).

Discover Georis Winery in an old adobe building that houses the tasting room and

And when total relaxation is your thing, there's a full-service spa and two salt-water pools.

SHOP

It's easy to walk from one end of picturesque Carmel Valley Village to the other — the few streets are lined with small shops, wrought iron, and blooming flowers. Find art galleries; antique, home furnishings, and accessories stores; and olive oil and balsamic vinegar tastings. Wineries and tasting rooms hope you'll buy wine and other products when you visit.

For unusual French hand-carved statues and fireplaces for home and garden, visit Jan de Luz. He's a charismatic figure who also sells linens and his own olive oil (831-659-7966, www.jandeluz.com).

DINE

Follow a path from Georis Winery through the garden and find Corkscrew Café. This eclectic restaurant is a favorite. Eating in the garden is a great choice, and the ambience is upbeat and fun, just like the food. Start with the house-made chips and spicy salsa, then opt for the kicked-up pulled pork sliders on house-made jalapeño cheese buns and served with sweet potato fries. The lemon curd and blueberry shortcake jar was unbelievable. Have a glass of Georis wine with your meal and it's a perfect affair (831-659-8888, www.corkscrewcafe.com).

Lokal is a casual eatery offering new and unusual twists on seasonal ingredients. The inti-

mate room is decorated with reclaimed redwood and hand-drawn sketches on blackboards lining the walls. At dinner, dishes are meant to be shared.

We started with a rich butternut squash soup made with bacon fat, chicken stock, and chilies and garnished with bacon cotton candy. The halibut ceviche was plated with cilantro, blood oranges, kumquats, avocado, and crisp mole "kracklings." Steak tartare had a scoop of tarragon ice cream on top. The surf and turf was an amazing combination of scallops, pork belly, and uni whipped cream. And the delicious Valrhona chocolate dessert was served with arbequina olive oil and pink sea salt. Wines are all local (831-659-5886, www.lokalcarmel.com).

The menu at the Lodge Restaurant at Carmel Valley Ranch is driven by their two-acre garden. Floor-to-ceiling windows and scenic views define the large, open space. The speck crispy kale and burrata salad was a luscious beginning. Tender Manila clams came in a tasty tomato fennel broth, and the tuna poke was served on a delicious wakame seaweed salad. Served atop braised collard greens with a spicy red pepper citrus tapenade, the local black cod was succulent. For dessert, head out to the fire pit and make your own s'mores (831-625-9500, www.carmelvalleyranch.com).

OTHER ESSENTIALS

Monterey County Convention and Visitors Bureau: www.seemonterey.com
Destination Monterey Bay: www.destinationmontereybay.com
Monterey County Wineries: www.montereywines.org

Patty Burness can be found on Twitter at @pattygb or reached by e-mail at patty@marinatimes.com.



Carmel Valley Village is nestled amid the Santa Lucia Mountains, where it's warm and sunny.

distinctive gift shop. It's set in a flourishing garden with a cork tree and quirky sculpture. Try the 2009 Georis Estate Cabernet Sauvignon and the 100 percent Merlot, the 2006 Georis Estate "Clos des Moutons" (831-659-1050, www.georiswine.com).

At Carmel Valley Ranch, the mantra is play. If you're energetic, there's top-notch golf, hiking, biking, and fitness centers. Or just wander through the gardens, settle into a yoga class or get hands-on classes about bees or lavender.

ROCKET
DOG RESCUE

LEAVE NO DOG BEHIND.



ROSCOE

Meet Roscoe! He's a lovely 1 to 2 year old hound dog who is looking for a forever home. If you love hounds, you will love this boy! Seems like he's had little or no training, but he is very eager to please. He is working on learning his basic

commands. He is unbelievably friendly with dogs and people! Older kids would be great for him, and younger ones, too, as long as the family understands that right now he can have some amazing puppy energy, but he's very calm around his foster home most of the time. Roscoe is a sweet, loyal, loving dog and is going to make someone very happy!



MCLOVIN' A.K.A. BIG RED

Big Red is a wonderful boy, and a goof ball who is going to make someone very happy! He is doing well in his foster home, is house trained, and knows all basic commands. He's the

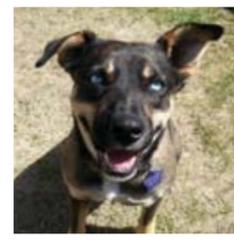
star pupil at Bob Gutierrez's renowned training classes, easy to work with, and eager to please. He is totally housebroken and hugs on command! He is extremely affectionate and attached to people and would love to be with someone who will train with him, play with him, and exercise with him (he's a great jogging partner for the Marina Green!). He's great with kids and all people, but not with small children (just because he's a big clunker head and might knock them over). Lastly, he comes with free lifetime dog sitting from his foster parents, who will also work with the adopters to show them all his training and tricks!



BROOKLYN

Meet Brooklyn Girl! She's a stunning 4-year-old white and blue American Staffordshire terrier mix. She is much like a puppy, is very loving, and adores people. Her looks get her compliments everywhere she goes! She is crate trained and is fine

when left alone. She loves her toys as well and playing ball is her favorite! Brooklyn has just done a training program where she learned all her commands. She is still going through puppyhood and would benefit from a home where she gets lots of exercise and continued training. Brooklyn is an amazing dog: she is a unique, and she is going to make someone very, very happy. She's a good girl who has so much potential and is so devoted to her people. She had a rough beginning in life and so deserves a wonderful forever home!



SADIE

Meet Sadie, a beautiful husky mix. She is super loving, and wants to be near you all the time. She gets along well with other dogs and loves to play! She's about 1.5 years old. She walks well on leash; she gets a little

startled by loud noises. She's a quiet girl with beautiful light blue eyes with a darker blue pupil. She's still at the puppy stage and she tends to jump a bit so she would be right for a situation with unsupervised young children. She's house-trained and is working on her basic commands. Her foster family says she's a wonderful girl!



BLITZEN

Blitzen is a precious 1-year-old guy who desperately needs someone special to step up and take him under his or her wing. He is absolutely devoted to his caregivers — he's extremely loving, loves to be loved! He likes to be in your

lap, sit beside you, and snuggle in bed. He could be called a Velcro-dog — but he doesn't have separation anxiety, and he will go calmly into his crate if he needs a little mellow-out time. He is housetrained, knows sit and wait, comes when called, and clearly exhibits the spark of intelligence to be very trainable. He is motivated by food, but also by praise and approval. He loves his toys. He's good in the car, fine when home alone, and gets along quite well with the small dogs he is fostered with. Because he has been in our system a while, he has had to do some bouncing around to different foster homes. Everyone who has cared for him has fallen in love with him, but it's time for him to settle down. Is making a difference in a dog's life a priority for you? Can you be that special person for Blitzen?

**COME MEET THE DOGS YOU SEE HERE
AS WELL AS OTHER AVAILABLE ROCKET DOGS
EVERY SUNDAY AT PET FOOD EXPRESS
(3160 20TH AVENUE, SAN FRANCISCO)
FROM 12 TO 5 P.M.! PLEASE VISIT
WWW.ROCKETDOGRESCUE.ORG
TO SEE ALL OF OUR ADOPTABLE DOGS
AND FOR INFORMATION ABOUT
VOLUNTEERING OR FOSTERING WITH US!**

**ROCKET DOG RESCUE | 415.756.8188 | P.O. BOX 460826, SAN FRANCISCO, CA 94146
WWW.ROCKETDOGRESCUE.ORG | INFO@ROCKETDOGRESCUE.ORG**

This page is sponsored by **pet food express**
Express your love for pets!

The halo effect: How 20 years of giving turned Pet Food Express into an animal angel

by susan dyer reynolds

IN 2010, WHEN THE CITY ONCE AGAIN slashed her already bare-bones budget, Rebecca Katz, San Francisco Animal Care and Control (ACC) executive director had no choice but to consider letting two people go from her already understaffed shelter. During one of their visits to ACC, Pet Food Express (PFE) co-owner Michael Levy and director of community relations Mike Murray (who runs a German shepherd rescue himself) asked what they

could do to help. Katz explained that food was a huge expense. Later that day, Levy and Murray approached Halo, a relatively new vendor co-owned by comedienne Ellen DeGeneres, and together they came up with a partnership to feed every animal at ACC. As a kid, my parents called me Saint Francis of A-Suzie because I brought home everything from birds with broken wings to rats about to be snake food. In 2009, I wrote an undercover exposé called "How the San Francisco SPCA let us down," which caused a huge shake-up in top man-

agement. PFE took note of my passion for pets and approached me with an idea to showcase adoptable animals in the *Marina Times*. We actually lose money on the ads, but that's not why we do them — like PFE, I want to save animals' lives. "The ads have given us an opportunity to reach parts of San Francisco where we rarely have adoption events," says Rocket Dog founder Pali Boucher.

Kim Durney of Grateful Dogs agrees. "It provides invaluable exposure. Readers are so moved by the sweet faces of our dogs that they may apply for one they see, or if they're not ready, remember us when they are."

On Aug. 8, 2013, PFE will go before the Planning Commission seeking a conditional use permit for the long-empty Blockbuster building at 2460 Lombard Street. They tried for the same spot four years ago, but a nasty campaign by Catnip and Bones owner Pam Hable and Animal Connection II's Peter Weaver and Susan Landry kept them out. Hiding behind the flawed "chain ordinance," they partnered with small business commissioner Kathleen Dooley to form a "pet store coalition" to fight PFE. They said it was a bad fit, and promised numerous other businesses, from hardware stores to pharmacies, wanted the space. That was untrue: Not only is the Blockbuster building still vacant, there are an additional 16 empty storefronts on Lombard, and the street is in worse shape than ever, rife with homeless encampments, crime and struggling merchants.

Of course, this hasn't stopped Hable, Landry, Weaver, and a few others in their coalition from playing the same broken record from 2009, replete with coordinated letter-writing campaigns. In fact, a reader sent me one of their e-mails asking supporters to click a link where "a letter is already prepared," to "change the subject line and a few things to make it more personalized," and then "overwhelm the Planning Commission with signatures". Much of the letter is the usual drivel, offering no credible evidence and contradicting reality (they will "lose their livelihood," when in reality many now have multiple stores, including Animal Connection, which recently opened a store next to PFE in Burlingame). Some of it is downright slanderous (Levy has spent "an enormous amount of money to buy favor with many organizations here in order to win this battle").

They're also giving the same tired speeches in front of commissions and neighborhood groups, claiming that PFE only helps animals to get the Lombard space, and I'm just a skill writing articles because they "advertise."

While PFE has shown class and restraint, I've had enough of the coalition's blatant misrepresentations and bullying tactics like "anonymous" phone calls to anyone who dare support PFE. After hearing about the calls from merchants for years, I received several myself threatening to sue me, have the paper boycotted by current and future advertisers, and even "get rid of me." One particularly vulgar caller said the reason I didn't support the Chestnut pet stores position was that I was "on my knees" sucking a certain part of Levy's anatomy, and "the sucking sound could be heard all over town."

While Hable and her supporters are busy using animal rescue as a political ping-pong ball, we're out there making a difference. My record of animal advocacy speaks for itself, and PFE has a quiet history of giving that started when they were no bigger in size than their opponents. They've partnered with vendors to provide 375,000 pounds of food, litter and supplies to over 100 rescue groups in Northern California; fundraised through

their pet wash to pay for spaying and neutering at high-kill shelters and to buy protective vests for police dogs; donated over \$250,000 worth of kitten supplies and \$300,000 to make sure every shelter animal has toys and treats for the holidays through their Save a Kitten and Giving Tree programs; raised \$1.5 million for rescues and shelters from their My Mutts program; and their cat adoption centers in five stores have resulted in nearly 2,000 adoptions in three years.

Co-applicant Pets Unlimited would be the recipient of the sixth cat adoption center at the Lombard store, and development and marketing manager Leah Prassinis says the exposure is something their small shelter simply can't replicate. "We would be able to triple the number of cats we adopt out each year," she says. "There aren't many opportunities for Marina residents to interact with rescue — at the First National Pet Week Celebration at the Little Marina Green [sponsored by the *Marina Times*], we gave away all of our volunteer brochures to people who said they hadn't seen anything in the Marina about rescue opportunities." Other rescues at the event, including Rocket Dog, saw a similar unprecedented outpouring of volunteer interest.

Sherri Franklin, founder of senior dog rescue Muttville, says they auction off PFE's My Mutts photo shoots at fundraising events (the poster of your pet hangs at a PFE store for a year). "Through My Mutts, we've raised \$30,000 in donations at no cost to us," Franklin says. She looks forward to getting her dogs in front of a whole new audience: "The Lombard PFE store would bring a rescue presence to the Marina, where currently there is no presence at all."

Not that size matters when it comes to helping animals. "Pawtrero does food drives for us and has been incredibly supportive, and Animal House is great, too," Franklin says. She believes there's room for everyone. "There's more dogs than kids here, and how many grocery stores do we have? We should have pet stores on every corner, too!"

"It's not about size, it's about passion," says Karen Schaver, who runs Lake County Animal Services. "I used to drive two hours to the Petaluma PFE to bring five dogs for adoption. One day in 2004, Mike and Mark happened to be at the store, and they were amazed I was doing this all by myself. Over the years, they have been so supportive — helping me set up in three more stores to do adoptions; providing enough toys for every shelter dog for a year through the Giving Tree; helping with food, beds, supplies — even gas money." Earlier this year Schaver's van gave out. "They did a fundraiser, and I was able to buy a new van. I immediately drove it to rescue 20 dogs."

On a warm July afternoon, Mike Murray visits shelters from Napa to Vallejo to ask how PFE can help, and then spends his evening trying to place a bonded German shepherd and fluffy white mutt he is fostering, recently pulled from a high-kill shelter, as a package deal. Pam Hable spends that same day marching up and down Lombard lobbying against PFE and the Lombard Business Merchants Association. Several rescues and shelters also told me that during and after PFE's 2009 attempt to move to Lombard, they received some of those anonymous voicemails threatening to have them boycotted, and that Hable refused to donate items for charity events "because they supported PFE." Who throws political stones at people trying to save innocent animals? Someone living in a glass pet store, perhaps...

E-mail: susan@marinatimes.com

GRATEFUL DOGS RESCUE

ANNOUNCEMENT: We need foster homes! Grateful Dogs Rescue partners with the San Francisco city shelter to save dogs from euthanasia. Make your home a short term or long term safe haven and help save a dog's life. Vet bills for foster dogs are paid by GDR. Volunteers and donations are always welcome! Our website features more dogs, events, training resources, etc. *Apply today to foster, adopt, or foster-to-adopt! GDR is an all volunteer, 501(c)(3) non-profit. Make your year-end tax-deductible donation today!*

CHINCHILLA



Chinchilla, a spunky diva, is a wire-haired terrier mix. This active girl is 7 years old and weighs about 12 pounds. Chinchilla is a bit spoiled and would love to be the center of attention. She knows basic commands like sit and down but would benefit from continued training. She is an irresistible ball of love that adores her cuddle time. Chinchilla is energetic so daily exercise is a must. She loves playing with toys and retrieving balls. Chinchilla doesn't shed much, but needs regular grooming. She's friendly with adults, kids and dogs. No cats please. Do you have an active home to welcome Chinchilla?



CHLOE

Chloe, an extremely sweet Chihuahua mix is looking for someone to share her life. This gentle girl is about 9.5 pounds and around 6 years old. She is very healthy, loves her walks and loves to play. She is always pleasant company, a great snuggler, and loves to curl up in a warm lap. She will be the perfect companion dog for you. Chloe gets along with other dogs, but hasn't shown much interest in playing with them. Chloe's previous adopter had to return her due to moving so stability is key to her new home. Are you ready to enjoy to Chloe's company?



NINA

We are still learning about Nina, a two year old cattle dog/Lab mix. You cannot ignore her striking looks with one blue eye and one brown eye! She is bright and energetic and her foster parents are teaching her the basic commands and how to walk nicely on leash. Nina is very good with other dogs but may not be a good match for cats. She will be a great hiking partner and would be OK in a home with respectful, dog-savvy children. She is ready for her forever home, so come meet this great girl!

GDR'S MESSAGE: Are you looking to adopt a dog in the San Francisco Bay Area? Visit us at the next Grateful Dogs Rescue adoption event: August 25 / Time: TBD; SF Giants Dog Days of Summer AT+T Park. To view more Grateful Dogs and for information on volunteering or fostering, please visit www.gratefuldogsrescue.org. To view more Grateful Dogs and for information on volunteering or fostering, please visit www.gratefuldogsrescue.org.



FOR MORE INFORMATION ON THESE AND OTHER DOGS:
415-587-1121 • www.gratefuldogsrescue.org
info@gratefuldogsrescue.org

This page is sponsored by **pet food express** Express your love for pets! Locally owned and operated by Michael & Mark

OPIE FOSTER OR ADOPT



Little Opie, a Chihuahua mix, is ideally looking for a forever home but would be appreciative of a loving foster placement, too. Opie's idea of a perfect home would be one that will smother him with love, hugs and kisses. Opie would be thrilled to have someone take him to the beach or park to play, let him roll in the grass and give him old-fashioned belly rubs. He loves attention and would be very happy as an only dog so he wouldn't have to share attention, but he'd also be fine with other dogs. He is very people and dog friendly and fun to be around. Opie is looking for some new digs — can you help him out?



SWIPER

Swiper is a fun, energetic male terrier mix. He is about 7 years old and weighs around 25 pounds. He loves going for walks and gets especially excited about runs. Swiper will need to continue his basic obedience training, but knows the sit and down commands. He is people and kid friendly. Swiper would thrive in a home with a big backyard so he can have room to run and play. Swiper would also enjoy the company of another dog, but not cats. Swiper is looking for an active person for his daily exercise. Are you ready to be his exercise partner?

THELMA & LOUISE



Pint-sized Thelma and Louise are an adorable mother and daughter who weigh all of seven pounds combined, but they bring tons of love and fun. Thelma is a sassy three year old and loves being picked up and receiving belly rubs. Louise, five years old, is a loving, mellow mom. Louise plays with anything from a piece of kibble, to her own shadow. Watching these teensy little ones wrestle and play is great fun! They are best friends and keep each other company. They are perfect for the "working home" and can be left for extended periods of time. They walk well on a leash and get all kinds of attention. They are simply irresistible!

Your Man Friday
HOUSECLEANING & SERVICES

- ★ HOUSECLEANING
- ★ HOUSE AND PET SITTING
- ★ LIGHT MOVING AND PACKING
- ★ GARDENING
- ★ ERRANDS
- ★ APPOINTMENTS
- ★ ORGANIZING

Jazzy
PAW OF APPROVAL

Excellent local references, including *Marina Times* editor-in-chief, Susan Dyer Reynolds!

Please call Steve Russell: 415-373-2610

FREDERICKSEN
HARDWARE & PAINT

A GENERAL STORE
Since 1896

San Francisco, CA 94123
415.292.2950



Celebrating Diversity

One Animal at a Time at Animal Care & Control.

www.animalshelter.sfgov.org

**Animal
Care &
Control**

CITY AND COUNTY OF SAN FRANCISCO

1200 15th Street
San Francisco, CA 94103
(415) 554-6364



Wally (A339625) is a friendly, easy going, charming, & loving 4 yo cat. He is an all-around good guy & a Special Adoption; heart murmur.



Serena & Venus (A340220 & 221) are 2 lovely Teddy Bear hamsters. They are easy to handle, friendly, & sweet. Please come adopt them!



Mya (A341005) is such a lovely 11 mo Border Collie mix girl. She is gorgeous, friendly, spirited, & eager to learn. What a great dog!



Panfilo (A340173) is a cute, active, friendly young rabbit with big ears. He is easy to handle & hold, likes attention, & has soft luxurious fur.



Cloud (A340299) is a beautiful, nice young parakeet. Cloud was found wandering the streets of San Francisco & needs a home.



BoyBoy (A338395) is cute, sweet, friendly, & playful; a perfect kitten. Come meet him & the many, many other wonderful kittens available!