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Lawrence Ferlinghetti's Liberty #2, 1993. COURTESY RENA BRANSTEN GALLERY

## Lawrence Ferlinghetti: '100 Years Without a Net'

BY ANTHONY TORRES

ENA BRANSTEN GALLERY IS currently presenting "100 Years Without a Net," a selection of paintings and works on paper in celebration of Lawrence Ferlinghetti's 100th birthday. The ers (William Blake and E. E. Cum-

works in this exhibition celebrate Ferlinghetti's long career as a painter, poet, intellectual, social justice advocate, community activist, and his deep commitment to art as a vehicle for cultural engagement.

The works reference other writ-

mings) and reflect Ferlinghetti's thematic meditations on sexuality and gender; a world characterized by human isolation and alienation; and a desire for interrogating histories of industrialization and critiques of postmodern social real-FERLINGHETTI, continued on 13 REYNOLDS RAP

## It's time for Mayor **Breed to sweep DPW** boss to the curb

But does she have the guts to fire a fellow Willie Brown protégé?

BY SUSAN DYER REYNOLDS

"And by the way, clean up the streets in San Francisco, they are disgusting!"

> —President Donald Trump to House Speaker Nancy Pelosi on Twitter

When bully in chief donald trump took to Twitter to taunt Speaker of the House Nancy Pelosi about San Francisco's dirty streets, it was the latest in a long string of national and international jabs. News outlets like CNN, Fox, and The New York Times once visited for travelogues set against the backdrop of a glimmering Golden Gate Bridge; now they came to shadow frustrated video vigilantes through sidewalks littered with human feces, dirty needles, and piles of trash likened to a Third World country. As a mayoral candidate,

REYNOLDS RAP, continued on 4

#### POLITICS AS USUAL

## San Francisco 2020

## Life in the city after the IPOs hit

BY JOHN ZIPPERER

OU'LL BE FORGIVEN FOR ROLLING YOUR EYES AS I mention that the Economist Intelligence Unit recently reported on the 10 most expensive cities in the world. You already know we're either in first or second place, right?

Wrong. Actually, San Francisco isn't anywhere on the top 10 list.

But that soon could change, and The New York Times wants you to know you'll be miserable because of it. The venerable paper of record recently predicted that a tsunami of money is about to swamp our humble hamlet, leading us to pave our streets in gold if for no other reason than we've already bought everything we want and the gold has to go somewhere. In "When Uber and Airbnb Go Public, San Francisco Will Drown in Millionaires" — no, supervisors, that didn't say "San Francisco Will Drown Millionaires" — journalist Nellie Bowles writes that the initial public offerings of Airbnb, Uber, Lyft, Slack, Postmates, Pinterest, and Schplatscreen could mint thousands of new millionaires in our fair city as hundreds of billions of dollars comes pouring in.

O.K., I just made up "Schplatscreen" right now, but does it matter? I've already sold it for \$12 billion.

POLITICS AS USUAL, continued on 6

#### EASTER



Parade participants show off their Easter bonnets each year in the Union Street Easter Parade.

## **Spring comes to Union Street** with the Easter Parade and **Spring Celebration**

NION STREET WILL CELEBRATE 28 fabulous years at the family-friendly Easter Parade and Spring Celebration on Sunday, **April 21, 10 a.m.-5 p.m**.

Set on Union Street, between Gough and Fillmore Streets in San Francisco's renowned historic shopping district, the Easter Parade and Spring Celebration is

considered to be a one-of-a-kind street fair and parade that is anything but average or formal. In addition to the parade, there will be an Easter Bonnet contest, and photos with the Easter Bunny. New this year is an interactive children's arts and crafts area and entertainment zone with costumed fairytale characters.

Considered to be "The Biggest Little Parade in San Francisco," the Union Street Easter Parade is a charming procession showcasing the uniqueness of the San Francisco Bay Area. Beginning at the corner of Gough and Union Streets, parade contingents of enthusiastic participants will make their way down the five blocks of Union Street to end at Fillmore Street. Over the years, this wildly colorful parade has seen everything from vintage cars, roller-blading cows and sophisticated fashion to innovative floats and costumed characters.

Union Street's famed restaurants will be open for business, serving special Easter menus in a comfortable outdoor bistro set-

Don't miss this fun-filled day for the entire family!



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Bobo's - San Francisco, CA
Peter Luger Steakhouse - Brooklyn, NY
Bern's Steakhouse - Tampa, FL
CUT - Beverly Hills, CA
Emeril's Delmonico - Las Vegas, NV
Mario Batali's Carnevino - Las Vegas, NV
Chicago Cut - Chicago, IL
The Precinct - Cincinnati, OH
Elway's Cherry Creek - Denver, CO





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### **CONTENTS**

## IN THIS ISSUE







#### **News**

#### City updates

Our news roundup covers the latest on the Van Ness Avenue construction project, the Board of Supervisors votes to declare a shelter crisis, the Presidio Trust is evaluating a Campus for Change proposal, Golden Gate National Recreation Area is number one, a crime snapshot, HB 50 revives Senator Scott Wiener's transit housing hopes, and a collection of facts and figures. **3** 

#### Northside

#### The Supervisors

District 2 Supervisor Catherine Stefani says the city needs to reassess the way it shuffles homeless people through emergency care and back out onto the streets again, and District 3 Supervisor Aaron Peskin says Lawrence Ferlinghetti epitomizes the soul of San Francisco. **8** 

#### Food & Wine

#### **Noshing at Noosh**

The Tablehopper says the anticipation has paid off as Noosh opens its doors; the Middle Eastern restaurant features a lively interior, inspired food at wallet-friendly prices, and an expanding schedule. **10** 

#### **Arts & Entertainment**

#### Visit, read, watch

Sharon Anderson details the Legion of Honor's upcoming exhibition of work by the Flemish painter Peter Rubens; film critic Michael Snyder finds *Shazam* to be a load of fun, and he says look for a career best performance from Mary Kay Place in *Diane*; plus, check out the latest Marina best sellers. **12** 

#### Calendar

#### **April events**

Here in San Francisco, "April showers" begin in November, and after a particularly drenching winter, it's time to have some fun. Indoor fun includes the San Francisco International Film Festival, the ballet's *The Little Mermaid*, and more, while outdoor fun includes the Polk Street wine walk, the Union Street Easter parade, Earth Day happenings, and more. **14** 

#### Wellness

#### The Healthful Life

Thalia Farshchian points out the importance of good digestion. **16** 

#### Family

#### MomSense

Liz Farrell offers guidance for parents worried about their family's overuse of technology and suggests they first look into the mirror. 17

#### Real Estate

#### Marketplace

John Zipperer announces he's a LIMBY and welcomes the changes; plus our chart of recent real estate sales in the Northside. **18** 

#### **ONLINE SPECIALS**

Patty Burness, our Weekend Traveler, visits Hearst Castle and other sites on the coast; our Coastal Commuter, Michael Snyder, shows some love for all things English; plus expanded calendar listings, and more.

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#### **NEWS BRIEFS** Updates

## **Constructive criticism**

#### **VAN NESS AVENUE CONSTRUCTION MEETINGS**

At a late-March meeting of the San Francisco County Transportation Authority board to discuss the Van Ness Improvement Project — the massive, behind-schedule effort to remake the Van Ness corridor at a cost of more than \$300 million — San Francisco supervisors pressed for the distribution of \$5 million allocated to helping area businesses hurt by the construction.

A Business Advisory Committee meeting to discuss the Van Ness Bus Rapid Transit system project will take place Thursday, April 18, 3 p.m. at 1 South Van Ness Avenue (Civic Center Conference Room on the third floor).

The Van Ness BRT Community Advisory Committee Meeting will take place Thursday, April 25, 6 p.m., at the same address, but in the seventh floor Union Square Conference Room.

The meetings are open to the public. For details, contact vannessbrt@sfmta.com.

#### SHELTER CRISIS DECLARED

On March 19, the Board of Supervisors passed legislation introduced by Mayor London Breed declaring a shelter crisis in the city. The legislation, which is scheduled for a second vote on April 2, would expedite the contracting, permitting, and approval process for creating more shelters.

"We need to cut the bureaucracy that delays new shelter from being created in order to get our unhoused residents the care and services they need to help them exit homelessness," said Breed.

The legislation is cosponsored by Supervisors Vallie Brown, Matt Haney, Rafael Mandelman, Catherine Stefani, and Shamann Walton. Some of the expedited procedures would remain in effect for five years or until there is a 30 percent reduction in homelessness; other parts of the legislation would expire in January 2021.

#### **CAMPUS FOR CHANGE PLAN**

The Presidio trust board of directors is preparing to evaluate a "Campus for Change" proposal by six organizations to redevelop Fort Winfield Scott, a historic 30-acre site in the Presidio. The Epicenter for Climate Solutions, Equity Community Builders, Lela Goren Group, OpenAI, The We Company, and the World Economic Forum submitted a plan to use the site to address significant environmental and social

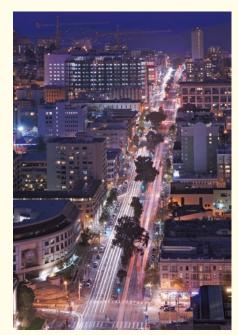
The trust set down guidelines for the project, seeking, "a mission-driven project that brings the historic buildings back to life for the public good, that models environmental sustainability, and that creates opportunities for the public to experience the site's history and natural beauty."

Public comment can be given at the Presidio Trust's board of directors meeting on Wednesday, April 24, 5:30 p.m., at the Golden Gate Club. The board is expected to make its decision on the proposal at its May 23 meeting.

You can read the proposal at presidio.gov/fort-winfield-scott/proposal.

#### **TOP RECREATION SPOT**

In 2018, the Golden Gate National Recreation Area drew 15,223,697 visits, earning it the honor of being the | News tips? Email: john@marinatimes.com



The project to remake Van Ness Avenue is behind schedule and is hurting businesses. PHOTO: DLLU

most-visited national park site in the country. The 86,000 acres covered in the GGNRA — including everything from the Muir Woods National Monument to Alcatraz to Crissy Field and more beat out 417 other national parks.

#### **CRIME SNAPSHOT**

As of March 17, there were 940 auto burglaries in the Northside, compared to 1,191 for the same period last year. Burglaries were also down slightly, from 198 to 184. Robberies dropped from 81 to 71.

#### TRANSIT HOUSING REDO

State Senator Scott Wiener failed last year in his attempt to get SB 827 passed; that bill would have allowed increased density and height in and around mass transit locations in the state. Now he and Senator Nancy Skinner are back with the 2019 version, SB 50, which has been changed to include minimum low-income housing requirements, additional transit options (such as ferries), an expansion of the types of housing that would be protected from displacement, and the way it defines targeted high-jobs areas.

SB 50 has been endorsed by many mayors (including London Breed), AARP California, the Natural Resources Defense Council, Habitat for Humanity, the Non-Profit Housing Association of Northern California, the BART board of directors, and other organizations. Opposition has also been vigorous, including the city of Beverly Hills, Palo Alto's mayor, and the LA AIDS Healthcare Foundation.

#### **FACTS AND FIGURES**

1,800: Number of U.S. newspapers that have closed in the past 15 years ... **45:** percentage decline in newsroom jobs over past 15 years . . . nearly 70 percent: vacancy in San Francisco's juvenile hall; three supervisors have proposed closing the facility . . . \$.95-\$10: projected monthly tax per water customer in the state if a plan by Gov. Gavin Newsom takes effect to raise money to fund improvements in water quality for disadvantaged communities ... 18: number of years Manohar Raju worked as a public defender before being named to succeed the late Jeff Adachi as the city's public defender.



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#### FROM THE COVER

#### Reynolds Rap

continued from cover

London Breed promised to clean it up within three months of taking office. She told the NBC Bay Area Investigative Unit she fulfilled her promise, but last November the unit revisited 20 of the dirtiest blocks from their original January 2018 survey and found the amount of human feces increased by 67 percent. Data from 311 also reflect a rise in complaints concerning trash, human waste, and used syringes. (Unfettered by facts, Breed also gave herself an A+ recently in a fluffy interview with the *San Francisco Chronicle*.)

If you think Breed is the only delusional person at City Hall, think again. Another investigation by NBC Bay Area uncovered that since 2013 San Francisco has paid public relations firm JBR Partners over \$400,000 for an annual cleanliness survey. JBR ranks streets and sidewalks on a scale of one to three, with one being "very clean" and three being "very dirty." Last year, commercial and residential neighborhoods received a 1.18 and a 1.06, respectively. Meanwhile, the city's nonemergency-services system received 21,000 complaints about human waste — more than double the number it fielded four years ago.

If Breed's campaign mantra was cleaning the streets, fellow candidate Angela Alioto's was cleaning house — she promised to get rid of every failing department head. In retrospect, that should have been Breed's promise. I've been calling for the resignation of Jeff Kositsky, director of the Department of Homelessness and Supportive Housing, for a while (in February, Supervisor Aaron Peskin made the same call at a



Mayor Breed says she fulfilled her promise to clean the streets. PHOTO: SF ZOMBIE NATION

marathon City Hall hearing on homelessness, citing a lack of progress and urgency from Kositsky as his reason). While Kositsky has only been on the job since 2016, other department leaders have decades of bureaucracy under their belts.

Take Mohammed Nuru, director of the Department of Public Works, for example. He's in charge of keeping the streets of San Francisco clean. I think it's fair to say if most people showed the kind of results Nuru shows on the job, they would be unemployed. But if you've lived in San Francisco for long, you know that's not how it works. As long as you have connections to the still-powerful Willie Brown machine, you can behave badly, fail miserably, and not only keep your job, but get promoted. That's what Nuru has done under the leadership of three mayors, and he's still going strong under the fourth.

#### **BIG BUDGET, BIGGER MESS**

Nuru oversees a 1,600-member workforce, a \$312 million annual operating budget, and an active capital project portfolio exceeding \$5.6 billion. Since Nuru became director, DPW's street cleaning budget has nearly doubled — from \$33.4 million in fiscal year 2012-13 to \$65.4 million in 2017-18. In fact, San Francisco spends three to four times more than Los Angeles and Chicago, despite those cities having triple the population.

Keep in mind San Francisco's total doesn't even include overhead costs, which tack on another \$11.2 million. That's over \$3 million more than the median yearly total of \$8 million for street cleaning in 11 major U.S. cities, according to a 2018 survey by San Francisco's Budget and Legislative Analyst's Office

While the average city street cleaning staff has around 40 workers, San

Francisco's has 300. Evidently that wasn't enough for Breed and Nuru, who hatched a plan for a "poop patrol" to clean up human feces left by San Francisco's large homeless population. The job pays nearly \$185,000 in salary and benefits.

Another \$750,000 went to hire a team exclusively dedicated to cleaning up needles discarded by the city's 22,000 intravenous drug users. Ironically, most of those needles came from the city itself courtesy of the Department of Public Health's needle exchange program, which manages to collect just 60 percent of the 400,000 syringes handed out each month.

It seems all of this would have Breed looking for a new DPW leader. Not only would it benefit San Francisco to have fresh, creative eyes on the problem, it might boost Breed's approval rating with her understandably disgruntled constituents. As she faces another election in 2020, this would be a good thing. But it's unlikely she'll have the guts to get rid of Nuru because they have one very important thing in common — a mentor named Willie Brown, who has played a huge role in both of their careers.

### OH WHAT A TANGLED WEB WILLIE WEAVES . . .

Mohammed Nuru has been a controversial figure in San Francisco politics for years, with a history of messy scandals. His ascent started in 1991 when he became second in command at the San Francisco League of Urban Gardeners, or SLUG, a nonprofit managing community gardens

He took the reins in 1994, winning city grants totaling \$7 million, which drew praise from environmental groups — and



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the attention of then-California Assemblyman Willie Brown.

In 1995, he volunteered for Brown's successful bid to unseat San Francisco Mayor Frank Jordan, and he worked for Brown's reelection campaign in 1999. According to the *San Francisco Chronicle*, three former SLUG workers claimed Nuru said their jobs depended on Brown's reelection and required them to walk precincts, attend rallies, and work phones for Brown's campaign while they were supposed to be cleaning streets.

That didn't faze Brown, who hired Nuru in 2000 as deputy director of operations under then-DPW director Ed Lee. Rumors quickly spread that Nuru wielded the real power as he boasted of meetings with the mayor that didn't include his boss. Soon staff complaints rolled in about Nuru flaunting city rules and misusing public funds.

In 2000, a former maintenance manager told the Civil Service Commission that Nuru ordered DPW crews to hang Christmas decorations for merchants in his neighborhood along Third Street, and to clear debris from two vacant lots near his Bayview home using more than \$100,000 in taxpayer money.

In 2002, when SLUG's city street-cleaning contract was about to expire, Nuru secured a \$1 million extension leading to a four-year DPW grant of nearly \$5 million. City records began reflecting unusual billings by SLUG, including \$500 for toys, \$1,400 for one month's meetings with a "consultant" (who happened to be a SLUG board member), and a \$65,000 bill for a doublewide trailer "used as a classroom."

In 2004, nine former SLUG workers told the Human Rights Commission that Nuru pressured them to campaign and

vote for Brown's handpicked mayoral successor, Gavin Newsom. Though Nuru claimed he did nothing wrong, he was the target of a secretary of state probe into alleged election fraud, and DPW prohibited Nuru from having any further official contact with SLUG (the organization has since shuttered).

#### **RISING THROUGH THE RANKS**

With help from Newsom after he became mayor, Brown's cronies continued to climb San Francisco's political ladder. DPW head Lee became city administrator and later an unlikely mayor, replacing Newsom when he headed off

to Sacramento as California's lieutenant governor. Ed Reiskin, Lee's replacement at DPW, took over another troubled department, the San Francisco Municipal Transportation Agency.

And, after 11 years as second in command, Nuru got the nod from Lee as the new head of DPW.

City Attorney Dennis Herrera, then running against Lee for mayor, said, "For 10 years, Nuru's questionable ethics and repeated misappropriation of taxpayer dollars didn't seem to merit a slap on the wrist from Ed Lee. Now, as mayor, Ed Lee thinks it merits a promotion."

Nuru's financial improprieties should have been enough to get him fired years ago, but that, it turns out, was just the tip of the iceberg. In a 2009 lawsuit filed against the City of San Francisco and Nuru, which also named Reiskin and Lee, an Equal Employment Opportu-

nity officer named Toni Battle claimed Nuru had "a pattern of treating African-American women differently in the workplace." When Battle brought forward a case involving a male supervisor who allegedly sexually harassed female employees throughout his three-decade career, Nuru told her to dismiss it.

The lawsuit also claims Nuru told another African-American employee that she "needed to learn how to dress like a lady" and to "stop acting ghetto."

Battle's suit was settled for \$104,000, noting that Nuru fired her in retaliation after he met with Reiskin and Lee, who approved the termination. During

Despite ethical missteps,

misappropriated funds,

and incompetence,

**Breed supports Nuru.** 

his first month as mayor, Lee signed Battle's settlement, and several months later named Nuru as DPW's director.

Nuru's role as the leader of the messiest department in San Fran-

cisco continues to anger and frustrate his many critics.

He took three trips last October, posting photos from Chile, Argentina, and China on his personal Twitter feed (with the tone-deaf handle "MrCleanSF") and writing about how clean the streets were (according to DPW spokesperson Rachel Gordon, no city funds were used).

In February, NBC Bay Area Investigative Unit reporter Bigad Shaban interviewed Nuru to address concerns from whistleblowers that DPW's process for hauling garbage is inefficient and dangerous. A months-long investigation revealed serious violations, including a failure to properly secure loads when

transporting garbage across town to the dump. Cal/OSHA, the state's watchdog for workplace safety violations, has launched its own probe.

Despite nearly three decades with DPW, Nuru looked like a deer in the headlights. "If you're informing me that state law says that I should have my trucks covered, then I would be glad to look at that and see what can be done to make sure that things are safer," he said on camera. "We haven't been tying them down and I'm not sure that the policy says that we always have to tie down stuff"

Shaban informed Nuru that California law requires his vehicles be "totally covered in a manner that will prevent the load or any part of the load from spilling or falling from the vehicle."

Nuru still seemed unconvinced. He also told Shaban that he was unaware of the Cal/OSHA investigation, and claimed he had never been told of employee complaints relating to such safety violations.

Despite ethical missteps, misappropriated taxpayer funds, lawsuits, and incompetence as the leader of street cleaning in one of the world's filthiest cities, the mayor continues to stand behind Mohammed Nuru.

In the past, Breed has attempted to distance herself from the influence of Willie Brown, once famously stating that, despite his guidance and his support for her political ambitions, he "didn't wipe [her] ass... [as] a baby." So will she ever have the guts to prove her independence by sweeping a fellow Brown protégé like Nuru to the curb? Don't count on it.

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San Francisco might be about to undergo the biggest transformation since Augustus boasted of transforming Rome from a city of bricks to one of marble. Photo: GREG NORMAN

#### Politics as Usual

continued from cover

According to Bowles, unlike previous waves of tech IPOs, this time most of the companies and the employees who stand to get the windfall wealth are in San Francisco. That has led to some people refusing to sell their homes until the money tree begins to shake wildly, and has spurred some buyers to try to get something, anything, before the gold rush pushes housing forever out of reach. That's because, as one real estate agent predicts, the median price of a single family home in the city could hit \$5 million

Many people like to say that if they suddenly received a ton of money, they wouldn't be changed. But what about the city of San Francisco? Oh, it will change.

#### LAND OF THE ENTITLED

True story: On a recent bus ride through tony Noe Valley, a perturbed woman got onto the bus just before it pulled away from the curb. Instead of using human words — you know, "Thanks for waiting, I was afraid I'd miss you" — she proceeded to complain to the driver that he hadn't waited for her even though she was trying to get his attention. She had been, mind you, on the other side of the street behind the bus. I'm not quite sure what sort of a multiheaded omniscient man she thought he was, but he simply told her that it was her job to be at the bus stop when the bus was there.

That was just too much for her. This woman, probably in her early 40s and dressed like she has never had to worry about paying a bill in her life, was going to have none of this being told the truth by a civil servant. The help is not supposed to talk back. She then proceeded to berate him, take a photo of his credentials, and call in to the SFMTA to complain while sitting mere feet from the driver. At least she didn't inquire when the bus' dinner service would begin.

I share that story only to warn you: Expect more of her type in the coming years.

A few decades ago, when a cadre of top-level journalists was beginning to make big money for the first time, someone wrote that we would soon face a time when journalists fell totally out of touch with the normal American who has little or no savings and occasionally or always struggles to make ends meet. You can argue about whether there are really that many wealthy journalists these days (and no, most of those prime time cable "news" hosts are not journalists), but the point remains.

As an editor of *Internet World* magazine in March 2001, I interviewed author

Thomas Frank, who had just written *One Market Under God*. He spoke derisively about the way many ultra-rich people were passing themselves off as middle class, but of course they couldn't be in reality. Middle class people do things that are increasingly underappreciated, such as saving money to make major purchases, rationing how often they go out to eat, worrying about affording college for their children, and serving as the bulwark of democracy. All that's out of vogue now.

Internet World magazine eventually died, relieving me of the worry that I'd become wealthy enough to forget about the common man. So I know that another trait of the middle class person is settling. Taking what you can get. The senator isn't going to pick up the phone just because you call. The mortgage lender isn't going to give you a blank check. The business person isn't going to refund your money just because his product melted after three uses.

But if you have many millions or even billions of dollars, a heck of a lot of people care what you think. They'll change public policy to satisfy you. They'll let you put ridiculous propositions on the ballot. They'll interview you and fawn over you.

San Francisco is about to look like the green room at the Davos forum.

#### MONEY, MONEY, MONEY

Forget about those trendy news reports about how to live frugally so you can retire at the age of 40. Unless you're a millionaire, you will probably have to live frugally just so you can afford to remain in the city.

Remember those articles from 2013 hyperventilating about \$4 toast? That might well be a fondly remembered point in time, like when your parents complain that stamps no longer cost 15 cents. Today's ballpark beers will finally begin to look reasonably priced.

Still, I don't begrudge any of the new millionaires their newfound wealth. Anytime there is a lot of wealth created, it is not the newly wealthy as a class who act. It is up to individuals among them to be wise investors and compassionate philanthropists. And it is up to elected officials to prepare the city and state to be able to handle an influx of money and moneyed interests.

We'll learn what our city leaders have in mind when Mayor Breed gives her 2020 State of the City speech via Skype from her new home in Stockton, the only place she can afford to live.

Because a fair number of the city's new multimillionaires will live in the Northside and read this paper, I am now accepting investment inquiries at john@marinatimes.com.

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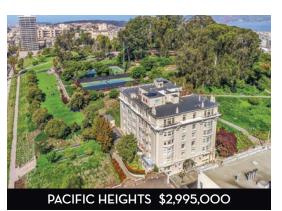
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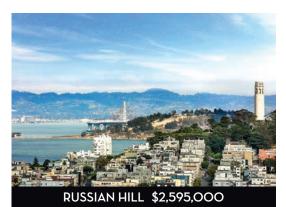
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#### From the District 2 Supervisor People in crisis

## Stopping the revolving door: Homelessness and coordinated exits

BY CATHERINE STEFANI

BOUT A YEAR AGO, MY SON AND I were walking down Chestnut Street when we saw a man in obvious distress rummaging through garbage cans with his pants at his knees. Sadly, this story is shocking to no one. To get him help, I called the nonemergency police number. After I spoke with the officers, they determined the man needed to be taken to the hospital. I am unsure of exactly what happened after this because of patient privacy laws, but the next day I saw him on Chestnut Street again, still in the same condition — only this time he was wearing a hospital bracelet.

Because of this experience and many others like it, I called for a hearing on the coordination of homeless services between departments with a focus on the 5150 process, which allows a person who is deemed to be a danger to himself, herself, or others, to be held for 72 hours at a hospital for evaluation and treatment. The crisis we see on our streets is not just about homelessness or mental health or substance abuse, but frequently all three combined. To help those living on our streets, we need shelter, crisis intervention, short-term treatment, and long-term care. If any component fails, the whole system fails. The hospital should not be a revolving door leading back to the streets. This crisis will not be solved overnight, but with a better-coordinated exit from emergency treatment, we have an opportunity to intervene when our unsheltered residents are admitted to Psychiatric Emergency Services and to prevent them from simply returning to the streets with no hope for better outcomes.

#### A COMBINATION OF CRISES

I toured PES at San Francisco General Hospital and two supportive housing sites. At PES, I saw the only place in the city that provides 24/7, open-access care for individuals experiencing acute mental health and substance abuse issues, either admitted voluntarily or on a 5150 hold. I met doctors and nurses who care deeply for their patients and wish they had more resources when their patients are released. The doctors and nurses at PES are on the front lines caring for those truly suffering, some with meth-induced psychosis, schizophrenia, suicide-risk, substance abuse, or a combination of issues.

At the two supportive housing sites, I met dozens of people who were formerly homeless and living with many challenges. Some had previously entered PES for treatment, but because they were able to secure permanent supportive housing with on-site services, they are now able to lead more healthful and successful lives and seek recovery from the issues they face. After these tours, one question kept coming to mind: How do we bridge this gap and ensure those experiencing homelessness who enter PES and then exit the hospital are able to connect to a pathway to permanent supportive housing and other supportive services?

After months of research and asking questions, I discussed the gaps in our system with the city's mental health, substance

abuse, and homelessness experts for several hours at the Public Safety and Neighborhood Services Committee. Here are some of the key takeaways:

One: PES admits more than 8,000 patients each year, and 68 percent of them report being homeless. That is about 15 homeless people who enter PES each day.

Two: Behavioral health services clients who report being homeless often face multiple severe issues. In fact, 26 percent of them experience tri-morbidity: co-occurring medical, mental health, and substance abuse issues.

Three: Addressing this crisis is as much about prevention as it is about treatment. Each week, the Department of Homelessness and Supportive Housing helps house 50 people. However, about 150 people become homeless each week. Living on the streets can lead to or worsen mental health and substance abuse issues, exacerbating the problem.

Four: San Francisco's Hummingbird Place offers respite beds and treatment and recovery services for homeless individuals with substance abuse and mental health issues, but the facility only has 29 beds. Mayor Breed and the Board of Supervisors funded 14 of these beds with the recent budget surplus, a critical investment to treat those who are homeless and suffer from multiple behavioral health issues. I will continue to work with the Department of Public Health to determine how many more beds our city needs. I am also reaching out to other providers in the city to determine how they can help.

## COORDINATED EXITS AND ENSURING TREATMENT

It is not compassionate to allow people to live or die on our streets. Those who are homeless and enter PES need places to go when they are discharged and a plan for long-term recovery. During my hearing, multiple potential solutions came to light.

First, we need more respite and treatment beds like those offered at Humming-bird, and I will advocate for this investment in this year's city budget. Respite beds provide the time and level of care necessary for people to start recovery and a place where case managers can build a relationship with their clients in one place over time rather than having to find them on the streets. Additionally, extra beds where homeless individuals can recover will most likely prevent further PES hospitalizations, actually reducing costs to the city.

We also need to continue improving coordination of care once homeless individuals enter services. Last fall, the city implemented a coordinated entry system that tracks all people who experience homelessness in one database, but we need to ensure we have coordinated exits as well. A recent grant I cosponsored allowed the city to make a major step in this process by adding two social workers and four peer navigation workers to staff PES. These case workers develop relationships with people and help get them into Navigation Centers, treatment, and supportive housing. We need to prevent people from returning to PES and divert those that can receive less acute care.



Public Utilities Commission

#### From the District 3 Supervisor Ferlinghetti

## What do we mean by 'the soul of San Francisco'?

BY AARON PESKIN

E TALK A LOT ABOUT San Francisco's heart and soul — how it's being crushed by speculation, erased by gentrification, or hurt by those who don't understand it. How it continues to thrive in various enclaves, how it's kept alive by those willing to advocate for and rejuvenate it. But what is that "it"? What do we mean by the "soul of San Francisco"?

I was thinking about this as I walked through North Beach on a sunny morning last month, on my way to plant a verdant olive tree in honor of someone who epitomizes that it factor, Lawrence Ferlinghetti. I was thinking about what I wanted to say to mark Lawrence's 100th birthday tree commemoration. I remembered a letter he wrote in 2005 in support of the North Beach Formula Retail Controls, which the community advocated strongly for to preserve the neighborhood's historic small business and arts and culture community. He opened the letter with, "North Beach is the neighborhood where the original San Francisco took root and should be preserved and protected as such." Lawrence knew what that "it" was back then, and has championed the North Beach community as the original example of San Francisco's soul for decades.

As I walked up Columbus Avenue, past Ils Lane, I thought about the fight to save low-income tenants by making 53 Columbus Avenue the first land trust acquisition and tenant co-op. Walking past City Lights Bookstore, I thought about the unique "staff pick" reviews handwritten on cards sprinkled throughout the bookshelves and my work with Lawrence to repave, light, and vacate Jack Kerouac Alley, now a popular space for block parties, including Lawrence's 100th birthday. I continued on Columbus past Vallejo Street, greeting the Central Station shift change getting their morning caffeination from Caffe Trieste, with its lifesize photos of Papa Gianni and generations of family facing out into the street for all to enjoy. There was Al Ribaya in his handmade leather work apron saying good morning to the Trieste baristas, the tables and morning

coffee line crowded with a diverse mix of artists, cops, SRO tenants, homeowners, rich and poor, and everyone in between. There was Mr. Hong sitting behind his historic green-and-red newsstand, hawking his diverse selection of international and local news. There was Frances Lau, on her way to open up S & S Grocery on Grant Avenue, stopping to tell me her rent was going up and asking if my office could help. The latest crop of filmmakers in residence at the FilmHouse were setting up a test shot in the plaza out in front of New Sun Hong Kong, bathed in morning light under the "Language of Birds" art installation. And on and on ... everywhere I looked, I saw the soul of San Francisco writ large in North Beach's alleyways, architecture, family businesses, and local community personalities, nestled between Coit Tower on the eastern skyline, Our Lady of Guadelupe Church's historic bell tower to the west, and the Trans-America pyramid to the south.

And by the time I ended up in front of 576 Union Street, I knew what I wanted to say about Lawrence and his century of living



Lawrence Ferlinghetti at Caffe Trieste in 2012. PHOTO: CHRISTOPHER MICHEL

his truth. He knows the soul of San Francisco is its unique neighborhoods: specifically, those that celebrate and take care of each other. I've written before about those special personalities that fuel a neighborhood's sense of identity and accountability to our neighbors ("Who we are: Tribute to community," Marina Times, February 2017) and Lawrence is another example of someone who has devoted his life to preserving the communities that create our neighborhood character. The tenant activists, the rebels, the patrons of the arts, the titans of business, the second and third generation union workers, the immigrant families, the parents planning events at Joe DiMaggio Playground, the creatives, the quarreling lovers, and writers and poets — all living side by side in the beautiful jumble that makes North Beach so very special.

A tree blooms in North Beach, a living testimony meant to inspire and remind the neighborhood not just about Lawrence Ferlinghetti's legacy but about all the things that make North Beach simultaneously like home and like no other place on earth. A belated happy birthday, Lawrence — you have always known we were never meant to be ordinary. Thank you for the gift of your advocacy all of these many, many years.





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#### The Tablehopper : At last



The beautiful bar and chic style at Noosh. PHOTO: AUDREY MA

## At last, the highly anticipated Noosh opens on Fillmore Street

BY MARCIA GAGLIARDI

OUND THE TRUMPETS: AFTER numerous delays, preview dinners, and early delivery on Caviar, you can finally visit Noosh (2001 Fillmore Street) firsthand for dinner (daytime hours are coming soon). Laura and Sayat Ozyilmaz, who made quite a name for themselves with their Feastly Istanbul Modern popup series, have partnered with John Litz (Lazy Bear). The couple has a fine dining background (East Coast Michelin-starred restaurants like Eleven Madison Park and Le Bernardin), and they are steeped in technique (she at Saison and he at Mourad), but will keep things casual at Noosh. They are both so warm and hospitable, and passionate about every detail of their soulful

#### **FOOD FOR THE SENSES**

Look for Eastern Mediterranean flavors, with Turkish dishes, in addition to inspiration from Israel, Greece, and Armenia, and the fluffiest house-made pita bread and flatbreads from their wood-fired oven. I've been blown away with the sophisticated layering of flavors and techniques — their food really pops. While the menu reads simply, there's so much more going on. For example, the halloumi kebab (\$8) features house-made halloumi with honey, Persian rose petals, and a Szechuan peppercorn spice mix that has Aleppo chile, cardamom, black cardamom, and green and red Szechuan peppercorn. It will awaken your senses before you even take a bite. (I got a look at their spice pantry, which includes special items like Urfa biber paste, which Sayat's father brings from the Spice Market in Istanbul.) The exquisite red pepper muhammara features Urfa biber and almonds, and is remarkable alongside their smoked yogurt. Each spread (\$6 each; \$17 for three) comes with a half "chubby pita" (I am going to get extra-chubby eating

#### **KEBABS AND CHUBBY PITAS**

The pricing is refreshingly wallet friendly. I almost rubbed my eyes in disbelief when I saw the menu offer of a kebab, a spread, and a choice of pilaf, potato, or salad, all for \$14. (Kebabs are \$7–\$9 for two skewers.) Their hearty chubby pita sandwiches (\$12–\$14) range from a classic sabich with falafel, egg, eggplant, and their creamy hummus, to a Greek po'boy with fried calamari, tzatziki, and pickles, which will transport you to a seaside vacation in two bites.

Desserts are just \$7, from dreamy lokoumades with orange honey to a sour cherry ice cream sandwich with Urfa chocolate sauce (fantastic with the Urfa Manhattan).

#### KOOKOO GIMLET OR TURKISH WINE

Bar manager Andrew Meltzer's cocktail program is as detailed as the cooking, like a whiskey highball with Westland American single malt whiskey, cacao, and clove. You also can enjoy the exotic flavors of the Kookoo Gimlet (California aqua vitae, banana, parsley, mastiha), and finish the night with their Urfa Manhattan. I fell hard for the salty-savory gin and tonic, with St. George Terroir gin, La Gitana manzanilla sherry, and marinated olives. Cocktails are \$10–\$13, and we should all be very happy about it.

The wine list features 14 wines by the glass, carafe, or bottle, with selections from Georgia, Hungary, Turkey, France, and California. Beer, cider, shrubs, and other refreshments are also available, including some Armenian foraged teas.

#### AMBASSADORS AT YOUR SERVICE

They are doing many things differently here, including a fine-casual format instead of table service. You place your order at a kiosk by the entrance and pay an ambassador. Hosts will then seat you at a variety of different areas: maybe you want a couple drinks and bites in the lounge, or a table for two, or a seat at the bar, or maybe in a nook in the upstairs mezzanine. You'll get your order more quickly because it's fired as soon as it's placed. And don't feel pressured to place your entire order in the beginning — any of the ambassadors can help with additional food or drink items or closing out vour tab.

#### **INSTANBUL TO SANTA FE STYLE**

The space has an airy and welcoming style, one that reminds me of Los Angeles, Istanbul, Greece, and a touch of Santa Fe. The white tiled bar and white painted brick walls; stucco elements; outdoor plants and olive trees; white oak dining tables; large clear glass pendant lamps; and pops of Mediterranean blue throughout combine to create a relaxed and happy feeling. The side room is the private dining space, with a mural by Alexander Tadlock. Eden Wright Design and Mokume Design collaborated on the design.

Soft opening hours are 5–11 p.m. You can also continue to order delivery on Caviar for lunch and dinner. Stand by for extended hours, ticketed dinners, and private dining/tasting menu experience (called Kitchen Table), and more.

Marcia Gagliardi writes a popular insider weekly e-column, Tablehopper, about the San Francisco dining and imbibing scene at tablehopper.com. Follow @tablehopper on Twitter and Instagram.



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#### **Art World** Baroque painting

## 'Early Rubens' at the Legion of Honor

BY SHARON ANDERSON

THE FLEMISH BAROQUE master painter Peter Paul Rubens spent pivotal years, between 1609 and 1621, in Antwerp, during which time, he refined what would become his trademark style. The Legion of Honor on April 6 is presenting a unique survey of this period, which set the stage for the painter's international fame. Over 50 works – more than 30 paintings and 20 works on paper — from private and public collections in Europe and North America will be brought together in this exhibition, many in North America or on the West Coast for the first

#### 'A PAINTER AND HIS CITY'

Rubens returned to his home town of Antwerp after spending

years studying painting in Italy. There he examined painters like Caravaggio, Titian, and Tintoretto, sometimes copying their paintings to grasp the technique and glean the deeper meanings in the artworks. After this eight-

year sojourn, Rubens returned to his home town to a dying mother and a city that had experienced revitalization during his absence.

The exhibition is arranged thematically to emphasize the broad range of Rubens's mastery of visual styles and subject matter. A key work in "Early Rubens" is *The Tribute Money* (ca. 1610–15), a depiction of Christ draped in boldly colored cloth, pointing heavenward, sur-

rounded by a sea of upturned faces eagerly receiving his message. The title is a reference to a saying attributed to Jesus in the gospels to "Render unto Caesar the things that are Caesar's, and unto God the things that are God's."

Dramatic figurative painting depicting Christian history continues in the dynamic *Massacre of the Innocents* (ca. 1611–12). Vivid colors and twisted figures trapped in a moment of violence illustrate the narrative from the Gospel of Matthew in which Herod orders the execution of all male children 2 years old and younger in the region of Bethlehem. Here we most clearly see Rubens's influence from Caravaggio and his time in Italy studying the masters.

"Early Rubens is a story of a painter and his city, of how

### Rubens returned to Antwerp and examined painters like Caravaggio, Titian, and Tintoretto.

Rubens's return to his chosen home at a particular moment in history sparked in Antwerp an artistic, intellectual and commercial revitalization," said Sasha Suda, curator of European art at the Art Gallery of Ontario. "The Massacre of the Innocents not only highlights Rubens's achievement as a painter, it provides powerful insight into the mindset of the citizens of Antwerp in 1610."

#### A GENTLEMAN PAINTER

Rubens's ability to capture human emotion and psychology was critical to his success as a painter of Christian history. Antwerp was a stronghold of Catholicism and was eager for a visual language to match its strong support of Rome's Counter-Reformation priorities. Rich tones echoing the complex psychology and emotion surrounding the mysteries of faith are evident in The Annunciation (1609) and Christ on the Straw (the Michielsen Triptych, 1618).

Beyond devotional painting, success in figurative art brought Rubens many patrons for portrait work. Established as a "gentleman" painter, he acquired increased social and professional footing through his relationships with Antwerp's human-

ists, merchants, and religious thinkers. The Fine Arts Museums of San Francisco's portraits (ca. 1611) of silk merchant Rogier Clarisse and his wife, Sara Breyel, reflect Rubens's widening network of relation-

ships. The Raising of the Cross and The Battle of the Amazons from the Rijksmuseum are examples of Rubens's expansion into reproductive engravings and the translations of his compositions into various printmaking projects.

#### A FAVORITE OF MONARCHS

Rubens's international reputation expanded as large-scale paintings began to enter the



Peter Paul Rubens's *The Annunciation*, 1609. © KHM-MUSEUMSVERBAND.

IMAGE PROVIDED COURTESY OF THE FINE ARTS MUSEUMS OF SAN FRANCISCO

collections of aristocrats and royalty in the 1610s. By the 1620s Rubens was a favorite of monarchs in France, England, and Spain and became a figure of international influence and diplomacy alongside his artistic pursuits in foreign courts. Kirk Nickel, assistant curator of European painting at the Fine Arts Museums of San Francisco, observes, "His inclination to work quickly and at a large scale was essential for Rubens's success in repopulating the city's churches with religious images, even while he painted startling episodes of ancient valor, obscure Greco-Roman mythologies, and unsettling moments of biblical history for private collectors."

The exhibition concludes with large-scale paintings, scaled to compete with tapestry or fresco painting. Mural-sized work such as *Daniel in the Lions' Den* (1614/1616) will be joined by other life-size scenes to create an immersion effect — the paintings as an environment — that will help the museumgoer appreciate the scope of the talent that is Peter Paul Rubens.

**"Early Rubens:"** Tue.-Sun., 9:30 a.m.-5:15 p.m., April 6-Sept. 8, \$35, Legion of Honor, Lincoln Park, 100 34th Ave., 415-750-3600, famsf.org

Sharon Anderson is an artist and writer in Southern California. She can be reached at mindtheimage.com.

### The Best of Books : What's flying off the shelves

## The Marina Books Inc. best-seller list

Compiled by Brian Pettus

- 1. Bad Blood: Secrets and Lies in Silicon Valley, by John Carreyrou (hardcover)
- **2.** Watch Me Disappear: A Novel, by Janelle Brown (paperback)
- **3. Becoming**, byMichelle Obama (hardcover)
- **4.** Educated: A Memoir, by Tara Westover (hardcover)
- 5. Where the Crawdads Sing, by Delia Owens (hardcover)6. Tattooist of Auschwitz:
- A Novel, by Heather Morris (paperback)
- **7. The Immortalists,** by Chloe Benjamin (paperback)
- 8. Eleanor Oliphant is Completely Fine, by Gail Honeyman (paperback)
- 9. The Book of Help: A
  Memoir in Remedies, by
  Megan Griswold (HC)
- **10.** Last Equation of Isaac Severy: A Novel in Clues, by Nova Jacobs (paperback)

**NEW RELEASES IN APRIL** 

#### Keep Going: 10 Ways to Stay Creative in Good Times and Bad, by Austin Kleon (April 2)

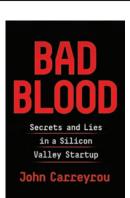
In his previous books, both New York Times best sellers, Austin Kleon gave readers the keys to unlock their creativity and showed them how to become known. Now he offers his most inspiring work yet, with 10 simple rules for how to stay creative, focused, and true to yourself — for life. Keep Going celebrates getting outdoors and taking a walk (as director Ingmar Bergman told his daughter, "The demons hate fresh air"). Pay attention, and especially pay attention to what you pay attention to. Worry less about getting things done, and more about the worth of what you're doing. Instead of focusing on making your mark, work to leave things better than you found them.

Keep Going and its timeless,

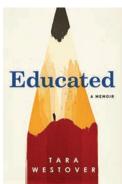
practical, and ethical principles are for anyone trying to sustain a meaningful and productive

## The Second Mountain: The Quest for a Moral Life, by David Brooks (April 16)

In The Second Mountain, David Brooks explores the four commitments that define a life of meaning and purpose: to a spouse and family, to a vocation, to a philosophy or faith, and to a community. Our personal fulfillment depends on how well we choose and execute these commitments. Brooks looks at a range of people who have lived joyous, committed lives, and who have embraced the necessity and beauty of dependence. He gathers their wisdom on how to choose a partner, how to pick a vocation, how to live out a philosophy, and how we can begin to integrate our commitments into one overriding

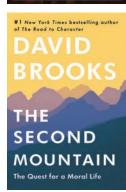












Share Your Smile: Raina's Guide to Telling Your Own Story, by Raina Telgemeier (April 30)

Have you ever thought about telling your own story, whether it be true or imagined? Are you interested in writing, drawing, or both? If so, this fun, colorful, and interactive journal is for you. With guidance from the author, brainstorm ideas, make lists,

paste in personal photos, and use your imagination to create your own stories. For additional inspiration, behind-the-scenes information from the author's own comics-making adventures is also featured.

Brian Pettus is the manager of Books Inc. in the Marina (2251 Chestnut Street, 415-931-3633, booksinc.net/sfmarina).

### Michael Snyder on . . . Film

## **Meet Shazam and Diane**

BY MICHAEL SNYDER

NE OF THE GRATIFYING THINGS about reviewing movies is the massive variety of styles and genres that filmmakers can explore. For example, a pair of the more noteworthy and watchable releases in April are a blithely blustery and blockbuster-y movie about an unlikely superhero; and an intimate portrait of a salt-of-the-earth middle-aged woman in crisis.

#### 'SHAZAM!'

Working as a dandy stand-alone as well as adding some new characters and color to DC Comics's multimovie attempt to compete with Marvel Comics's cinematic superhero universe, *Shazam!* is a load of fun for anyone who delights in this sort of thing. Its blend of megapowered action and good-natured humor, wrapped around a sweet message about the importance and nature of family, could also appeal to newbies or those who get a kick out of fantasy wish-fulfillment tales like *Big*.

As it happens, *Big* has much in common with the World War II-era source material behind *Shazam!* — a long-running Fawcett Publications comic book series devoted to a wholesome, golden-hearted superhero. The premise of *Shazam!* the movie and those vintage comic books is big-city street urchin Billy Batson (Asher Angel) becomes a full-grown adult equivalent to Superman whenever he says the magic word "shazam" at the behest of a noble wizard (Djimon Hounsou) seeking a pure-hearted champion to battle the evils of the world. Billy is then a boy in man's body, like the magically transformed

youngster in *Big*. Only Billy's new form can fly, is indestructible, is super-strong, and wears a body-hugging red suit with a white minicape. While there are updates and tweaks to the classic origin story that accommodate a modern movie, and suggest the presence of DC's other luminaries in Billy's world, the basics are the same.

Portrayed in adult mode by Zachary Levi, the super Billy is a lovable, self-aggrandizing, thoroughly goofy dynamo besotted by his new abilities. He must eventually learn responsibility when the villainous Dr. Sivana (Mark Strong) comes on the scene. Sivana wants all of Billy's power to rule the world, and is willing to threaten Billy's foster family to achieve those nefarious goals. So the man-child's frivolity is tempered by duty. Coached by his foster brother Freddy (Jack Dylan Grazer), Billy is discovering the scope of the otherworldly talents he's been given, even as Sivana attacks. It's colorful and silly, and despite seeming to be a kid-friendly property, it's rated PG-13 for some blasts of shockingly intense violence and a crew of monsters that could be potentially horrifying to younger children.

Trivia Treat: Billy's costumed alter ego was originally known in the 1940s as Captain Marvel. DC acquired the character in the 1960s and, after much legal wrangling, dubbed him Shazam, ceding the "Captain Marvel" name to Marvel — who just scored a hit with their Captain Marvel movie last month. In a sense, two Captain Marvel feature films are being released within weeks of one another. Two too much? I call that Marvelous.

Shazam! opens at Bay Area theaters on April 5.



From left, Jack Dylan Grazer and Zachary Levi in Shazam!. IMAGE: NEW LINE CINEMA / WARNER BROS. PICTURES

#### 'DIANE'

Mary Kay Place delivers what could be a career-best performance as the title character in the lean and tragedy-tinged drama *Diane*. To put that statement in context, Place broke out with an Emmy Award-winning performance as Loretta Haggers on the 1976 kitchen-sink sitcom *Mary Hartman*, *Mary Hartman* and went on to high-profile roles in landmark movies such as *The Big Chill* and *Being John Malkovich*. In other words, she's a veteran actress — and no slouch. *Diane* offers her a chance to dig deep into the psyche of an older woman overwhelmed by challenging circumstances in Western Massachusetts.

Although she lives on her own, most of Diane's time is devoted to helping other people. She visits a sick relative in the hospital, and she and her best friend (a wonderfully prickly Andrea Martin) serve dinners to the less fortunate at a community outreach program. And in the evenings, she attends small family gatherings and kibitzes with her aunts, uncles, and cousins. But Diane's main focus is on her

son Brian — a troubled young man wrestling with addictive behavior. Brian, portrayed in nuanced fashion by Jake Lacy, is a self-loathing time bomb who consumes much of Diane's emotional bandwidth. All the while, something from Diane's past plagues her, and no charitable activities or booze-drenched evenings at a local bar will wipe the memory from her mind.

Shot in cinéma vérité style by writer-director Kent Jones, *Diane* feels at times like a documentary, helped by an accomplished, naturalistic supporting cast that includes Estelle Parsons, Deirdre O'Connell, and Joyce Van Patten. Still, it's ultimately all about Place, who makes Diane's mix of caring, anxiety, regret, love, and hope realer than painfully real.

Diane opens at the Opera Plaza Cinema on April 5.

Michael Snyder is a print and broadcast journalist who covers pop culture on Michael Snyder's Culture Blast, via GABnet.net, Roku, Spotify, and You-Tube. You can follow Michael on Twitter: @cultureblaster

#### Ferlinghetti

continued from cover

ities through recurring iconic representations of human figures, birds, boats, skylines, and seascapes.

### SORBONNE TO SAN FRANCISCO

It is important to situate Ferlinghetti's painterly production within a remarkable personal history. He attended the University of North Carolina at Chapel Hill, earning a B.A. in journalism in 1941; earned a master's degree in English literature from Columbia University in 1947; and went to Paris, where he earned a doctorate degree in comparative literature at the Sorbonne.

He served in the Second World War, spending four years on U.S. Navy ships, commanded a subchaser, was in the Normandy invasion, and saw the devastation of Nagasaki six weeks after the atomic bomb blast — all experiences that led to his radical pacifism.

After serving in World War II, Ferlinghetti moved to San Francisco in 1951 and cofounded City Lights Bookstore in 1953. As the owner of City Lights, he published works by many San Francisco Renaissance writers, aka the Beats, and was arrested for publishing Allen Ginsberg's *Howl* in 1956. This resulted in a

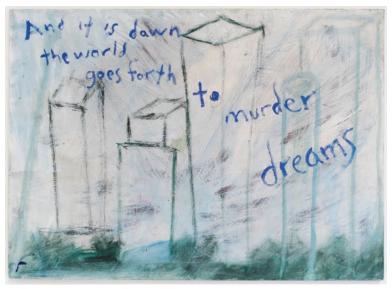
lengthy First Amendment trial — for which he was vindicated — and the poem, the poets, and he became widely known throughout the country.

It is in this context that Ferlinghetti is usually associated as a Beat poet — albeit mistakenly — he self-identified as "an anarchist at heart" and stated, "I was never a Beat poet."

This history and sentiments inform Ferlinghetti's overall visual art trajectory. He first started painting while living in Paris in the late 1940s, with his work subsequently shown in galleries and museums nationally and internationally.

## **EXISTENTIAL** UTTERANCES

"Lawrence Ferlinghetti: 100 Years Without a Net" showcases recent paintings and works on paper, and constitutes a continuation of his conjoining literary and art historical discourses through a fusion of figuration, abstraction, and textualization. In this exhibition, Ferlinghetti's long affinity for Abstract Expressionism and concerns with what became known as Bay Area Figurative painting — a movement that fused Abstract Expressionism's concern with extreme subjectivity, emphasis on essentials of medium and painterly process with Bay Area Figurative's



Lawrence Ferlinghetti's And it is Dawn. courtesy rena bransten gallery

union of these formal concerns with figuration — is uniquely evident.

Here, Ferlinghetti's paintings function as personal existential utterances aimed at articulating a desire for social commentary and transformation, manifested through his gestural painterly style and placement of textual references, which allude to historical, social, and literary themes that inform the content of the work.

This conflation of pictorial elements is evidenced in the works on display, as many seem to function as visual political placards, revealing a sensibility shared by many of the works — a kind of angst, estrangement, and discontent with contemporary life. Individually, the

works function as emblematic assertions that are more concerned with making immediate personal statements than with concentrating on, or serving as vehicles for, "canonical" formal investigations of painterly prowess.

In fact, the impassioned expressionist gestures that are uniquely characteristic of much of the work reflect none of the virtuosity or subtlety that would suggest they are constructed with an eye toward painterly connoisseurship, and thus the viewer is not wholly seduced by form, color, or technique. Indeed, Ferlinghetti's synthesis of a painterly dialectic of formal shapes and colors with figurative elements instead favor the articulation of person-

al sentiments that are socially and counter-culturally based.

Ferlinghetti's utopian desire for social transformation is manifested in the works through the employment of art historical images and literary passages that bridge a false dichotomy to transgress demarcations between the visual and textual. The placement of text on some of the drawings and paintings reveals the nature of language and visual images as both material marks and socially legible symbols that simultaneously function as compositional elements and as slogans that infuse the images with historically specific references and meanings.

This strategy speaks to the interrelationship between art history and literature, and in the process raises the issue of how the construction of visual meaning is formed through literary interpretation and, conversely, the idea that paintings are "texts" that here can literally be "read" as personal and political statements.

"Lawrence Ferlinghetti: 100 Years Without a Net": Tue.-Sat., 11 a.m.-5 p.m. (11 a.m.-8 p.m., Saturday, April 6) through April 27, Rena Bransten Gallery, 1275 Minnesota St. #210, 415-982-3292, renabranstengallery.com

Anthony Torres is an independent scholar, curator, and art writer

## APRIL EVENTS

#### NOT TO MISS THIS MONTH

#### **MAJOR EVENTS**

#### S.F. International Film Festival

Daily, April 10-23

Various Bay Area venues

Stock up on the caffeine so you can stay awake for 163 films, including 46 features, 40 documentaries, 70 shorts, and more from 52 different countries and including 12 world premieres — all at the 62nd edition of this festival. \$16 (individual), \$93 (6 films), \$150 (10 films), 415-561-5006, sffilm.org

#### **Polk Street Spring Wine Walk**

Friday, April 12, 4-8 p.m.

Post to Filbert Streets

Stroll, sip, and shop your favorite stores while enjoying wine samples and snacks before enjoying your dinner at one of the many available eateries. \$25 & \$30, 888-310-6563, sresproductions.com

#### Northern California Cherry Blossom

Sat.-Sun., April 13-14 & 20-21 Japantown (Post St. btw. Laguna & Fillmore Sts.)

This street fair features Japanese food for purchase, cultural performances, live bands, martial artists, the Queen Program, and more. The Grand Parade caps the festival on April 21 (1 p.m.). Visit website for schedule and map. Free, 415-563-2313, nccbf.org

#### Earth Day San Francisco 49th **Anniversary**

Saturday, April 20, 11 a.m.-7 p.m. Valencia Street (btw. 19th & 20th Sts.)

This year's fair, "Celebrate the Green New Deal," features talks, demos, and workshops on conservation, climate change, recycling, and the intersection of politics, technology, and the environment. Enjoy live music, art, a chef zone, fashion show, eco-conscious vendors, and more. Free, earthdaysf.org

#### **Easter Parade & Spring Celebration**

Sunday, April 21, 10 a.m.-5 p.m. Union Street (Gough to Fillmore Sts.)

A Union Street tradition, this parade and celebration features everything from rollerblading butterflies and creative self-propelled mini-floats to garden areas, sophisticated fashions, and classic and art cars. Free, 415-906-4805, unionstreetevents.com

#### **Annual S.F. Decorator Showcase**

Tue.-Sun., April 27-May 26 & Monday, May 27

3800 Washington St. (btw. Maple & Cherry Sts.) This year's home to be transformed by a team of

designers is an 18,000-square-foot-plus mansion, a S.F. landmark listed on the National Register of Historic Places and known as the Petit Trianon. Proceeds benefit S.F. University High School's financial aid program. \$40, 415-447-5830, decoratorshowcase.org



#### **Annual Opening Day on the Bay**

Sunday, April 28, 9 a.m.-3 p.m. Crissy Field to Pier 39

Boating season kicks off with the blessing of the fleet and a festive parade featuring over 100 historic workboats, fireboats, towboats, classic, and contemporary craft decorated to the theme Holidays on the Bay. Free viewing, 925-451-4621, picya.org PHOTO: FLICKR.COM/DULUOZ\_CATS

#### **COMMUNITY** CORNER

#### **SFPD Community Meeting**

Tuesday, April 9, 6-7 p.m. Northern Station (1125 Fillmore St.)

Join Capt. Joseph Engler in an update on issues affecting the Marina and the surrounding neighborhoods comprising the Northern District. Free, 415-614-3400, san franciscopolice.org/northern station



#### 1906 Earthquake 113th Anniversary

Sunday, April 28, 9 a.m.-3 p.m. Crissy Field to Pier 39

Boating season kicks off with the blessing of the fleet and a festive parade featuring over 100 historic workboats, fireboats, towboats, classic, and contemporary craft decorated to the theme Holidays on the Bay. Free viewing, 925-451-4621, picya.org PHOTO: FLICKR.COM/-MARLITH-

#### Earth Day at the Presidio

Saturday, April 20

Volunteer events: 9 a.m.-noon BBQ & games: noon-1 p.m.

Fort Scott Meadow (1216 Ralston Ave.) Join the Presidio and the Golden Gate National Recreation Area for a morning of stewardship projects followed by a BBQ potluck and lawn games. All ages. Free with registration, 415-561-4323, presidio.gov

#### **GALAS & BENEFITS**

#### 53rd Annual Edgewood Fair

Thursday, April 4, 5-6:30 p.m. The Bently Reserve (301 Battery St.)

This exclusive shopping and cocktail event features vendors from around the country. Proceeds benefit Edgewood and its programs that support Bay Area children and families. \$40, 415-681-3211, edgewood.org

#### Walk MS: San Francisco Sunday, April 28, 9 a.m.

Start/Finish: Justin Herman Plaza

Come together with friends, loved ones, and co-workers to fund raise, connect, and advocate for people affected by MS. Choose a one- or three- mile route. Proceeds benefit National MS Society. Free, fund raising encouraged. 855-372-1331, walkms.org

#### North Beach Citizens' Spring Dinner Sunday, April 28, 6-9 p.m.

Sts. Peter and Paul Church (666 Filbert St.)

Share a delicious authentic Italian meal to support this nonprofit organization that helps homeless and low-income citizens. \$175 & up, 415-772-0918, northbeachcitizens.org

#### **ARTS & CULTURE**

#### **Immigrant Yarn Project**

Fri.-Sun. through May 19, 10 a.m.-5 p.m. Fort Point

The unique exhibition features thousands of yarn-based art pieces collected from over 600 contributors across the country, each representing a personal or familial story of immigration and integration. Contribute a piece of your own to represent your family's story at forthcoming pop-ups across the country. Free, immigrantyarnproject.org

#### Renegade Craft Fair Spring 2019

Sat.-Sun., April 13-14, 11 a.m.-6 p.m. Festival Pavilion, Fort Mason Center

Celebrate spring shopping season and the DIY spirit with more than 250 makers and artisans. Enjoy hands-on workshops, local gourmet cuisine, music, and immersive special features while finding wonderful handmade items and unique gifts. Free, 312-226-8654, renegadecraft.com

#### Art Market San Francisco

Thu.-Sun., April 25-28

Festival Pavilion, Fort Mason Center

View works from dozens of local and global galleries presenting a significant selection of contemporary and modern art. \$25-\$50, 212-518-6912, artmarketsf.com

#### Startup Art Fair

Fri.-Sun., April 26-28

Hotel Del Sol (3100 Webster St.)

Over 60 artists selected by art world experts will transform hotel rooms into individual exhibition spaces and offer their works for sale to art lovers of all levels. \$15-\$40, startupartfair.com/SF



#### **SFUSD Arts Festival**

Daily, April 27-May 5 Asian Art Museum (200 Larkin St.)

This annual festival is a celebration of student creativity in visual, literary, media, and performing arts and features a film festival, student performances, and more. Visit website for schedule. Free (includes access to museum collections), 415-379-7023, sfusdartsfestival.org

PHOTO: 2018 BIRDS ON A WIRE BY JANIYAH HERNANDEZ, GRADE 5, GARFIELD ELEMENTARY SCHOOL; SFUSDARTSFESTIVAL.ORG

#### **MUSEUMS & GALLERIES**

#### Kimono Refashioned

Tue.-Sun. through May 5, 10 a.m. Asian Art Museum (200 Larkin St.)

Kimono materials, forms, techniques, and decorative motifs have inspired designers for more than 150 years. Featuring over 35 garments, this exhibition demonstrates that kimonos continue to be a source of ideas for contemporary designers across the globe. \$25, 415-581-3500, asianart.org

#### **Monet: The Late Years**

Tue.-Sun. through May 27, 9:30 a.m.-5:15 p.m.

de Young Museum

(50 Hagiwara Tea Garden Dr.)

This exhibition features nearly 50 paintings mainly from 1913 to 1926, inspired by Monet's garden at Giverny, which became a personal laboratory his concentrated study of natural phenomena. \$35, 888-901-6645, famsf.org

#### S.F. Ballet and Fairy Tales

Tue.-Fri. 1-6 p.m. & First Saturdays 1-5 p.m. through June 1 Museum of Performance & Design (2200 Jerrold Ave.)

This exhibition celebrates past fairy tale ballets featuring original costume designs, programs, video, and other original items from William Christensen's Hansel and Gretel; Lew Christensen's Beauty and the Beast; and Christensen's and Michael Smuin's Cinderella. Free, 415-741-3531, mpdsf.org

#### THEATER

**Curran: The Jungle** 

Tue.-Sun. through May 19 Curran Theater (445 Geary St.)

This play explores the short-lived, selfgoverning society that emerged within a sprawling refugee camp in Calais, France. Take a seat in an Afghan cafe, where those fleeing war and persecution created a world offering warm hospitality amidst squalor and danger. \$59-\$165, 415-358-1220, sfcurran.com

#### Magic Theatre: In Old Age

Wed.-Sun., April 3-7

Tue.-Sun., April 9-21 Bldg. D, Fort Mason Center

When Azell Abernathy arrives at the home of Abasiama Ufot to redo the floors of her dilapidated New England home, he is surprised to be met with stubborn resistance. The two clash, challenge each other, and eventually form an unlikely spiritual connection as they teach each other the true nature of forgiveness and love. \$15-\$125, 415-441-8822, magictheatre.org

#### **ACT: Vanity Fair**

Tue.-Sun., April 17-May 12 Geary Theater (405 Geary St.)

Ambitious Becky Sharp may not have been born with wealth or status, but she's determined to attain both at any cost in this adaptation of William Makepeace Thackeray's classic 19th-century novel that pops with 21st-century spirit. \$15-\$110, 415-749-2228,

#### 42nd Street Moon: 110 in the Shade

Wed.-Sun., April 24-May 12 Gateway Theatre (215 Jackson St.)

In a Depression-era town, a sharp-witted but insecure rancher's daughter, Lizzie, is resolving herself to live out life as a spinster until charming stranger Starbuck comes to town with the promise to make it rain, encouraging Lizzie to dream beyond her own view of herself. \$30-\$75, 415-255-8207, 42ndstmoon.org

#### DANCE

**Alonzo King Lines Ballet: Spring Season** 

Various days, April 12-21 YBCA Theater (701 Mission St.)

The ballet partners with Emmy award-winning Vietnamese musician and composer, Vân-Ánh Vanessa Võ for its spring season. \$40-\$105, 415-863-3040, linesballet.org

#### S.F. Ballet: The Little Mermaid Various days, April 19-28

War Memorial Opera House

Featuring an original score by renowned composer Lera Auerbach, John Neumeier's contemporary version of The Little Mermaid is a haunting tale of two divergent worlds: the serenity and simplicity of underwater life and the complex, often flamboyant life of humans. Ages 12 & up. \$40-\$399, 415-865-2000, sfballet.org

#### Smuin Ballet: Dance Series 02

Fri.-Sun., April 26-28

YBCA Theater (700 Howard St.)

The company concludes its 25th anniversary season with a tribute to founder Michael Smuin and his vibrant works set to the music of George and Ira Gershwin, Peggy Lee, Nat King Cole, and others in The Best of Smuin, and a world premiere by Amy Seiwert honoring Smuin's legacy and set to music by Kitka Women's Vocal Ensemble. \$25-\$81, 415-912-1899, smuinballet.org

#### 21st Annual Bay Area Dance Week

Daily, April 26-May 5

Various S.F. venues

This 10-day celebration of dance features hundreds of classes, performances, open rehearsals, lecture demonstrations, over 100 forms of dance, and the wildly popular Kick-Off event. Visit website for schedule. Free, 415-920-9181, bayareadance.org

#### 10th Annual Dancing in the Park S.F.

Saturday, April 27, 1-4:30 pm. Music Concourse, Golden Gate Park

Presented by Mark Foehringer Dance Project|S.F., this event features 30 dance

groups or dance artists including professional dance companies, preprofessional programs, and community groups from the Bay Area. Free, 415-640-2784, mfdpsf.org

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#### **MUSIC: CLASSICAL**

#### **Schwabacher Recital Series** Wednesday, April 3, 7:30 p.m.

Veterans Bldg. (401 Van Ness Ave.) Hear opera's next generation of stars in this annual series showcasing exemplary artists who have participated in the prestigious training programs of S.F. Opera Center and the Merola Opera Program. \$30, 415-864-3330, sfopera.com

#### **Cathedral Concerts: Lyle Sheffler** Sunday, April 7, 4 p.m.

St. Mary's Cathedral (111 Gough St.)

Enjoy a concert of classical guitar music by international guitar soloist Lyle Sheffler, acclaimed for his artistry, warm tone, and captivating programs. Free, 415-567-2020,

#### **Choir of New College Oxford** Monday, April 8, 8 p.m. **Grace Cathedral**

The choir will perform a program of Renaissance and Baroque music including works by Giovanni Pierluigi de Palestrina, Tomás Luis de Victoria, Josquin des Prez, John Taverner, Thomas Tallis, and others. \$12-\$45, 510-528-1725, sfems.org

#### **Emanuel Ax**

Thu.-Fri., April 11-12, 8 p.m. Sunday, April 14, 2 p.m. Davis Symphony Hall

Ax adds an almost improvisational fluidity to Brahms' Second Piano Concerto, a piece that combines harrowing pianism with symphonic muscle. Also, Russian conductor Andrey Boreyko leads the symphony in Zemlinsky's symphonic fairy tale based on the Hans Christian Andersen tragedy The Little Mermaid. \$35-\$245, 415-864-6000, sfsymphony.org

#### **MUSIC: CONTEMPORARY**

#### S.F. Jazz Poetry Festival

Wed.-Sun., April 3-7

S.F. Jazz Center (201 Franklin St.)

"American Dream States" challenges writers of different genres to respond to a key piece of writing on the American Dream and perform these new creative responses in collaboration with an all-star band. \$10 & \$15, 866-920-5299, sfjazz.org



#### **Buddy Guy**

#### **Buddy Guy**

Saturday, April 13, 8 p.m.

S.F. Masonic (1111 California St.)

The legendary blues performer celebrates his new album, The Blues is Alive and Well, which features contributions by Mick Jagger, Keith Richards, and Jeff Beck. \$40-\$256, 800-653-8000, stmasonic.com

#### **Rosario Flores**

Sunday, April 14, 7 p.m. Palace of Fine Arts Theatre

This Latin Grammy award-winning singer who blends traditional music, such as flamenco and gypsy tunes, with a variety of pop influences is the queen of Flamenco and pop around the world. \$59-\$89, 415-563-6504, palaceoffinearts.org

#### **NIGHTLIFE**

#### Music Therapy: Free 80s and Latin **Funk Party**

Tuesdays, April 2, 16, 23, & 30 Pop's Bar (2800 24th St.)

Get your weekly dose of music therapy and let the funk bring you peace. An ever-changing carousel of styles makes this a fun party. It's all about the 1970-80s funk, 1980-90s pop and hip hop, breaks and, of course, the Latin funk. Ages 21 & up. Free, facebook.com/events/544466056031930

#### **Emporium Arcade DJ Meikee** Magnetic

Saturday, April 13, 6-10 p.m. Emporium (616 Divisadero St.)

Play your favorite classic arcade games, pinball, pool, and more while sipping on cocktails and listening to music. Be an adult and a teenager at the same time. Ages 21 & up. Free, 628-867-7362, emporiumsf.com

#### Mr. Weed's Comedy Cafe Sunday April 14, 6 p.m.

The Silver Cloud (1994 Lombard St.)

Mr. Weed's Comedy Cafe presents Clean Clever Comedy in the Cloud. Try saying that three times. If you can, you will be handsomely rewarded. Free, 415-922-1977. mrweedscomedycafe@gmail.com

#### **Sonny Rhodes**

Thursday, April 18, 7:30 & 9:30 p.m. Biscuits & Blues (401 Mason St.)

American blues singer and lap steel guitar player Sonny Rhodes is a road warrior, delighting and amazing audiences with his virtuosity. \$22, 415-292-2583, biscuitsandblues.com

#### FILMS & **LECTURES**

#### 8th Annual Czech That Film 2019 Friday-Sunday, April 5-7, 7 p.m.

Roxie Theater (3117 16th St.)

Showcasing the best of what the current Czech cinema has to offer, this festival has become the largest and the most successful annual presentation of Czech culture in North America. Pricing not available at press time, 415-863-1087, czechthatfilm.com

#### **Ruth Reichl**

Tuesday, April 9, 7:30 pm Sydney Goldstein Theater (275 Hayes St.)

In conversation with award-winning journalist Steven Winn, hear the best-selling author, former restaurant critic, former Gourmet editor, and six-time James Beard award winner. Her memoir, Save Me the Plums, will be published in April. \$29, cityarts.net, 415-392-4400.

#### 3rd Annual Cherry Blossom Film Festival

Sat.-Sun., April 13-14, & 20-21 New People Cinema (1746 Post St.)

This festival showcases Japanese live-action and animated films. All films are in Japanese subtitles, unless otherwise noted.

#### **SCIENCE & ENVIRONMENT**

\$15, iffsf.org/cbff2019

#### California Wildfire: Breaking a Cycle of Destruction

Tuesday, April 9, 6 p.m. The Commonwealth Club (110 The Embarcadero)

The wildfires of 2018 were the largest and deadliest in California history, surpassing records just set in 2017. How did we get here? How does the latest science inform how we break the cycle of increasingly destructive fires in California forests? Two scientists will look at the benefits and costs of targeted ecological thinning, prescribed fire, and managed wildfire and wildlife. \$20, 415-597-6705, commonwealthclub.org

#### **After Dark: Best Coast**

Thursday, April 11, 6-10 p.m.

The Exploratorium

The West Coast (sometimes called the Best Coast) and its unique history and environment have created an ever-changing culture and landscape. Come explore the work of California artists, learn about our coastline, explore hidden histories of the state, and taste sustainably caught seafood. \$20, 415-528-4444, exploratorium.edu

#### **Presidio Stargazing Party**

Sunday, April 14, 7-10 p.m. Main Parade Ground, the Presidio

The S.F. Amateur Astronomers bring their giant telescopes and help people of all ages see up close the night sky's most interesting astronomical beauties. Depends on visibility; check sfaa-astronomy.org at 4 p.m. on April 14 to confirm the event is occurring. Visit timeanddate.com/sun/usa/san-francisco to gauge the start time. Free, 415-561-4323 presidio.gov

#### City Nature Challenge 2019 Fri.-Mon., April 26-2

Various Presidio locations

Enjoy a variety of adventures as part of an annual worldwide event for citizen scientists to make observations of "nature where they live." Team with experienced naturalists to take scientific explorations and help record wild plants and animals using the free iNaturalist app. Last year, the Presidio helped S.F. win the challenge. Visit website for details. All ages. Free. Some activities require registration. 415-561-4323, presidio.gov

#### POTABLES & EDIBLES

#### **Whiskey Society Tasting**

Wednesday, April 3, 7-8:30 p.m. The Dorian Restaurant (2001 Chestnut St.)

Taste Nikka Japanese whiskey, then sample food from the menu of shared-plate American classics (for purchase). \$25, 415-814-2671, thedoriansf.com

Sponsored



Wine Tasting & Lecture with **Aemilia Imports** 

Sunday, April 7, 4:30 p.m. Museo Italo Americano Bldg, C. Fort Mason Center

Vito Fabbrizio, importer of fine Italian wines and owner of Aemilia Imports, will discuss the rich history of Roman wine production, commerce, and evolution, and lead a guided tasting of fine Italian wines. \$10-\$20, RSVP required at 415-673-2200 or info@sfmuseo.org; sfmuseo.org

#### 6th Annual Cider Summit S.F.

Saturday, April 13, 1-5 p.m. Main Parade Ground, the Presidio

Sample over 150 ciders, cider cocktails, and apple spirits. Proceeds benefit the Institute for Myeloma & Bone Cancer Research and Berkeley Humane. \$35-\$45, cidersummit.com

#### 36th Annual S.F. International Beer **Festival**

Saturday, April 20, 7-10 p.m. Festival Pavilion, Fort Mason Center

Enjoy hundreds of fine brews from the Bay Area and beyond, spirits, complimentary bites from leading local restaurants, music, games, and fun. Proceeds benefit Telegraph Hill Cooperative Nursery School. \$75 & \$150, 415-421-3313, sfbeerfest.com

#### Spring Cocktails of the Farmers' Market Wednesday, April 24, 5:30-8 p.m.

Grand Hall, Ferry Building

Sip and stroll as 13 of the Bay Area's best bartenders offer original drinks using the freshest spring produce from Ferry Plaza Farmers' Market. Includes three full-sized cocktails, unlimited sample-size drinks, and bites from celebrated local restaurants. Proceeds support CUESA. \$55-\$60, 415-291-3276, eventbrite.com

#### Taste of Mendocino

Saturday, April 27, 1–4 p.m. Gallery 308, Landmark Bldg. A,

Fort Mason Cntr.

Enjoy a swirl through Mendocino's diverse showcase of fine wines, artisan foods, enchanting destinations, and unique experiences in an intimate setting with a view of the Golden Gate Bridge. \$75, 707-921-7629, tasteofmendo.com

#### SPORTS & HEALTH

#### Art of Aging Gracefully Resource Fair Tuesday, April 9, 9:20 a.m.-3 p.m. JCCSF (3200 California St.)

Discover valuable resources to help you stay healthy and energized, including presentations from local medical professionals; insights, opportunities and challenges to support active, creative aging; classes, meditation, brain boot camp, and more. Visit website for details. Free, advance registration highly recommended at 415-292-1200, jccsf.org/aging gracefully

#### 7th Annual Walk to Work Day Thursday, April 11, 7-10 a.m. Citywide

S.F. is a walking city — celebrate by signing the pledge to walk, get your workplace involved, walk with city officials, and get free stuff like tote bags, coffee, or breakfast snacks across the city. Visit

website for details. Free, 415-431-9255, walksf.org

#### **Brain & Body NightLife**

Thursday, April 11, 6 p.m.

California Academy of Sciences

Feed your brain and body as you explore the fascinating world of neuroscience and human health. \$15, 415-379-8000, calacademy.org

#### Health Risks of Plastic Pollutants and **How to Solve Them**

Tuesday, April 16, 6-7:30 p.m.

The Commonwealth Club (110 The Embarcadero) Learn about the hazards of the endocrine disrupting chemicals in plastics, which hack our hormone signaling systems that control fetal development, and set in motion physiological processes that can lead to a wide array of diseases and disabilities. \$20, 415-597-6705, commonwealthclub.org

#### S.F. Giants vs. L.A. Dodgers Mon.-Tue., April 29-30, 6:45 p.m. Oracle Park

Fans won't want to miss the first home series of the season against the rival L.A. Dodgers. Monday is SFSU night and Tuesday is UCB night. \$19-\$215, 415-972-2000, sfgiants.com

#### CHILD'S PLAY

#### Silly Symphonies

Sat.-Sun. in April

Walt Disney Family Museum

View the cartoon shorts that provided a testing ground for Disney animators to experiment and improve the art of animation. \$8-\$10, 415-345-6800, waltdisney.org

#### Mark Foehringer: Alice in Wonderland Sat.-Sun., April 6-7 & 13-14

Cowell Theater, Fort Mason Center This magical, zany, and fun, 50-minute produc-

tion of Lewis Carroll's classic story combines contemporary dance and ballet set to live music. \$21-\$43, 628-400-1348, mfdpsf.org

#### Garden Songs with Meadowlark Music Sunday, April 14, 9:30 & 10:30 a.m.

S.F. Botanical Garden (1199 9th Ave.) Nurture your child's musicality with a class that meets in a meadow, under sheltering trees and featuring play-along instruments, movement, an interactive puppet show, and a magical Celtic harp. \$23 (50 percent discount for siblings), 415-661-1316, eventbrite.com

#### Festinema Junior French Youth Film **Festival**

Saturday, April 20, 11 a.m., 1 p.m., & 3 p.m. Alliance Française de S.F. (1345 Bush St.)

This festival aims to encourage kids to discover foreign films and to develop an active, analytical appreciation of cinema. Visit website for film schedule and recommended audience ages. \$5 & \$15, 415-775-7755, eventbrite.com

#### **JUST FOR FUN**

#### Laughter Yoga

Wednesday, April 3 & 17, 5:30-6:30 p.m. Friday, April 26, 2:30-3:30 p.m.

UCSF Osher Center (1545 Divsadero St.) Help create a laughing community and have fun while reducing stress, enhancing endorphins, strengthening and lengthening muscles, and more with deep breathing, stretching, clapping, and laughter exercises. Free, 415-353-7718, osher.ucsf.edu

#### Sea Chantey Sing-Along

Saturday, April 6, 8 p.m.-midnight S.F. Maritime National Historic Park (499 Jefferson St.)

Join fellow sailors and scallywags for an evening of traditional sea songs and chanteys led by park rangers aboard a historic ship. Bring a mug for cider and dress warmly. Free, RSVP required at peter\_kasin@nps.gov; 415-561-7171, nps.org

#### Calendar listings

Send your event listings to calendar@marinatimes.com with succinct specifics about your event, location, dates, times, prices, and contact information (telephone and Internet).

Visit marinatimes.com for additional calendar listings. For sponsored listings, call 415-815-8081.

#### Outreach April 2019

Would you like the opportunity to bring positive change to your community? Would you like to help make the City and County of San Francisco a safer place for all? Here is your chance to join the men and women of the San Francisco Sheriff's Department. We are currently accepting applications for the position of Deputy Sheriff. The salary range for this entry level position is \$71,994 to \$91,910 per year with full benefits. Choose to make a difference today!

#### Minimum Qualifications:

- No previous law enforcement experience necessary
- Must be at least 20 years old
- Possess a high school diploma or GED
- Must be a United States Citizen
- No felony convictions
- Possess a valid California Class C driver's license

#### To Apply

Apply with the City and County of San Francisco at https://www.jobapscloud. com/sf/ (Deputy Sheriff I)

Let your career take off at San Francisco International Airport (SFO)! A variety of career opportunities are available including airport administration, positions with airlines, security, baggage and cargo handling, driving, food service, retail, and more! Some companies are offering signing bonuses. SFO also offers robust education and internship programs, helping to pave the pathway for future employment. Contact community@flysfo.com or 650-821-5242 to learn more.

Big opportunities are also available for small businesses at SFO! The Airport offers a wide variety of business opportunities ranging from construction to concessions to professional services. Contact smallbusiness@flysfo.com or 650-821-5022 to learn more about upcoming opportunities and the range of supports that enable small businesses to compete equitably.

#### GET FREE, TRUSTED HELP WITH YOUR CITIZENSHIP APPLICATION!

The San Francisco Pathways to Citizenship Initiative provides free legal help from community immigration service providers at our free workshops. Resources for the citizenship application fee are available onsite. Learn more at sfcitizenship.org

When: Saturday, April 27, 2019. Registration is open from 9:30 am - 12:30 pm. No appointment needed!

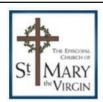
Where: San Francisco State University, Mashouf Wellness Center, 755 Font Boulevard, San Francisco, 94132.

#### APPLY NOW TO THE DREAMSF FELLOWSHIP!

The DreamSF Fellowship is a leadership and professional development program for immigrants in the Bay Area. DreamSF Fellowes work directly with immigrantserving nonprofits in San Francisco 20 hours a week, develop professional skills within the nonprofit sector, receive a stipend, and much more!

Must be 18 and over to apply and be enrolled in or recently graduated from an undergraduate or certificate program. Application deadline is April 26, 2019. Program starts in May.

Visit sfimmigrants.org for application details and instructions on how to apply.



### We Welcome You To **Holy Week & Easter Sunday!**

(Nursery Care available every Sunday)

Sunday, Apr. 14: Palm Sunday

8:00, 9:00, 11:00 a.m. Holy Eucharist

Thursday, Apr. 18: Maundy Thursday

6:00 p.m. Simple Supper, Choral Eucharist, & Foot Washing

Friday, April 19: Good Friday

12:00 p.m. Stations of the Cross

7:00 p.m. Evening Liturgy

Saturday, April 20: Easter Vigil

8:00 p.m. Easter Vigil with Holy Eucharist

**Sunday, April 21: Easter Sunday (with brass)** 

8:00, 9:30, 11:15 a.m. Festival Choral Eucharist

The Episcopal Church of St. Mary the Virgin 2325 Union Street, San Francisco CA 94123 • www.smvsf.org • (415) 921-3665



#### The Healthful Life Eating right

## Why good digestion is good for you

The alkalinity of water

dilutes stomach acid and

delays digestion, which

can lead to heartburn.

to our food digestion

and nutrient absorption.

BY THALIA FARSHCHIAN

THE OLD SAYING, "YOU ARE WHAT you eat," is true, but it is arguable that you are actually what you absorb. Eating a healthful diet is imperative to disease prevention, but how we eat our healthful diet is equally important. For example, the person who eats plenty of calcium-rich foods, but has poor absorption is still largely at risk for osteoporosis.

#### **HOW STRESS AND AGING IMPACTS** DIGESTION

Physiologically, stress shunts blood away from the digestive tract to muscles to support a fight-orflight response. Historically, stress was short-lived, and the fight-orflight response

was balanced with the rest-and-digest response. We have not yet evolved to surmount the amount of stress in our Western lifestyles, so we need to be cognizant of our limitations. When we eat under stressful conditions, our bodies do not release the digestive juices like stomach acid and pancreatic enzymes required for breaking down food into nutrition.

As we age, our stomach acid and pancreatic enzymes decline naturally. Chronic stress and aging effects on digestion include gastroesophageal reflux disease (GERD), heartburn, constipation, diarrhea, abdominal bloating, gas, malnutrition, and susceptibility to infections like Helicobacter pylori, parasites, and more.

#### SUPPORTING HEALTHY DIGESTION

**Start cooking**. Digestion truly begins when we first step foot in the kitchen to prepare our food. The tasty aroma of our food stimulates our sense of smell, and signals the brain to prepare the body to release digestive juices. We have all experienced this response when we start salivating at the thought, sight, or smell of

Relax and enjoy. Eating in a relaxed state is incredibly important to our or with friends and family, remove all possible stimuli including your television and cell phone. Take a few

deep breaths, making your exhale twice as long as your inhale. When we inhale, we stimulate the sympathetic nervous system correlated with the fight-or-flight response. When we exhale, we stimulate the parasympathetic nervous system correlated to the rest-in-digest response. By focusing on the exhale, we can prep our bodies to prepare to eat. Laughing and pleasant conversation improves the eating experience and reduces stress levels, so eat with the people you most enjoy in your

Chew your food. Digestion begins in our mouths using salivary amylase and lipase for fat and carbohydrate breakdown. Eating rapidly causes us to skip an important first step. The goal is to chew your food about 25 times per bite.

Slowing down our meals also helps us digest better by building stomach acid and digestive enzymes and allows our stomach to properly signal our brain when we have become full.

Avoid water with meals. My patients are often surprised when I tell them to avoid drinking water with their meals. The reasoning behind this suggestion is that the alkalinity of water dilutes stomach acid and delays digestion. The consistent dilution of stomach acid often leads to heartburn and GERD. Low stomach acid causes undigested food to sit

> in the stomach and create pressure that produces heartburn symptoms. Those complaining heartburn or who have been diagnosed with GERD have too little stomach acid, not too much. Long-term

antacid use inhibits nutrient absorption and predisposes people to conditions like osteoporosis and anemia. Drink one tablespoon of lemon juice or apple cider vinegar in an ounce of water to aid healthy stomach acid levels. Some individuals' stomach acid or pancreatic enzymes are so low that further support is necessary using hydrochloric acid or digestive enzymes.

#### **NUTRIENTS AND HERBS TO** SUPPORT DIGESTION

Water and salt. Chronic dehydration can also lead to low stomach acid. Biochemically, water donates hydrogen molecules to help make stomach acid, which is one hydrogen molecule and one chloride molecule. Chloride often comes from salt. In the United States, most people over consume salt, so this piece of the requirement is pretty simple to meet. The best indicator for hydration level is urine color — the goal is to maintain a straw color throughout most of the day. For those who take supplements, this may be more difficult to gauge, so half your body weight in ounces is another guideline.

**Bitters**. The same ingredients found in

many cocktails can also be used to help food digestion and nutrient absorp- **Eating in a relaxed state** prime your body for a meal. Arotion. Whether alone or with friends and is incredibly important matic bitters contain an herb called gentian, has been shown to support healthful hydrochloric acid and pancreat-

> ic enzymes. These bitters can be mixed with carbonated water and lemon to sip throughout a meal for those who have difficulty not drinking anything with food.

> Spearmint. Spearmint tea is a great addition to the natural medicine cabinet and to a daily routine. This herb supports digestion by eliciting relaxation, soothing the stomach, and reducing spasms that can be associated with reflux. If spearmint is difficult to find, peppermint is a close relative and can also be helpful.

> Thalia Farshchian is a naturopathic doctor using alternative medicine specializing in hormones, digestion, weight loss, and autoimmune disease. She can be reached at drtalia.com or 650-474-2130.

#### **MomSense** : Too much tech?



First, take a look at your own technology use. Is it too much? PHOTO: SILVERKBLACK

## Tips for parents to break our technology dependence

BY LIZ FARRELL

RECENTLY HAD TWO INTERESTING experiences related to technology **L** that gave me pause. The first was a talk by UCSF professor and pediatrician Dr. Robert Lustig, author of The Hacking of the American Mind. His talk focused on the latest research surrounding the effects technology is having on our brains, especially those of children and adolescents. The data are clear the effect is dramatic — similar to those of other addictive substances such as drugs, alcohol, and sugar.

The second event was a forum with middle and high school students about their own technology use. A recurring theme was the distraction of technology not only for them but also for their parents — it is hard to get their attention, they are always on a device or at a screen,

and they don't follow the same rules they impose. Sounds like typical teenagers, right? Maybe, but I do think they are on to something. As parents, we are concerned about our children and

their screen time and reliance on technology, but have we stopped to look in the mirror? Here are some tips to help you do that:

#### **AWARENESS**

In a recent New York Times article, a reporter wrote about going through a phone detox and counting how many times a day he reached for his phone. I did this for a few days and realized that on average it was 96 times a day. Yikes, this was a mind-blowing number.

I have also been tracking my screen time in the settings menu on my iPhone. I spend on average 11 hours a week on social networking, which includes text messages, social media apps, and email. I would also grab my phone while pumping gas, waiting in any line, and every time I got in the car, just to name a few. These two exercises made me keenly more aware of just how much and when I was using my phone.

#### **TIMEOUT**

Now that I was aware just how much I was using my device and knowing that ditching it completely is not an option, what could I do to cut back? I make my kids turn in their devices before bed, but I was still sleeping with my phone right

next to my bed. I decided to practice what I preach and "turn" my phone in at night, too.

I also turned off all notifications that weren't completely necessary, and started putting my phone in airplane mode when on a walk, visiting a friend, or in a meeting. Without the constant ping, it becomes less tempting to grab for your phone. One thing that is probably the most important (but still a work in progress), is putting my phone in the glove box or backseat while driving. With three kids, so much of the day is about coordinating logistics, so I feel like I need to be in constant contact, but I have learned the world doesn't fall apart if it's 15-20 minutes before returning a call or text.

#### **MAKING CHOICES**

We are concerned about

children's screen time,

but have we stopped to

look in the mirror?

We clean out our closets, drawers, and garages to declutter and simplify, so I

> decided to try the same with my phone. I deleted apps I hadn't used in a while and a lot of the games I had for the kids. I realized they are less likely to reach for my phone if there is nothing there

anymore. I also deleted apps that were consuming a lot of browsing time such as shopping apps. A friend recently told me to decrease her social media time she doesn't use the phone app; therefore, she doesn't check it as often. After doing these things, I had the same feeling I get when looking at a clean, organized closet lighter and more in control.

One of the biggest reasons for wanting to make some of these changes was realizing that we are the biggest role models for our children not only in life but now we are also their media mentors as well. I want my kids to know it is always going to bring you more joy and happiness to have a face-to-face conversation than over text, that our Fear of Missing Out or "fomo" gets in the way of living in the present and appreciating what we have, and that the ping of a Facebook "like" or incoming text may make you happy for a second, but finding a way to live a balanced life is what ultimately will make us the happiest.

Liz Farrell is the mother of three young children and the founder of TechTalks, a consulting group to help schools and families have productive and healthful conversations around social media and technology. Email: liz@marinatimes.com



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PROPERTY OWNERS: Turn In Your Required ABE Form TODAY!

The Department of Building Inspection (DBI) is reminding property owners to comply with the Accessible Business Entrance (ABE) program, which requires existing buildings with a place of "public accommodation" to have all primary entrances from the public way accessible for people with disabilities. If you own commercial storefront(s), this Program applies to you.

TAKE THIS IMPORTANT STEP! To comply, property owners are required to submit	Tier	Category Description	Submit form or compliance checklist and specify compliance option	
one of the following: Pre-Screening, Waiver or Category Checklist Compliance form to DBI.	1	In Compliance	1/1/19	
Category Checklist Compliance form to DBI.	2	No Steps but barriers	1/1/19	
To read about the Program's requirements and your next steps, visit <i>sfdbi.org/businessentrance</i> .	3	One Step with other barriers	6/1/19	
	4	1+ Steps with other barriers	12/1/19	

DBI | Protecting Building and Life Safety

**ff y** @sfdbi

### **The Marina Times Real Estate Market Report: February 2019** Ry Alain Pinel Realtors

SINGLE FAMILY HOME SALES							
NEIGHBORHOOD	ADDRESS	BEDROOMS/ BATHROOMS	SALE PRICE	ABOVE/AT/BELOW ASKING PRICE	DAYS ( MARKI		
Cow Hollow (no sales)							
Lake St.	111 6th Avenue	4BR/2BA	\$2,795,000	At	22		
Laurel Heights (no sales)							
Lone Mountain (no sales)							
Marina	148 Alhambra Street 51 Avilla Street	3BR/3+BA 4BR/3+BA	\$2,825,000 \$5445,000	At Below	35 12		
Nob Hill (no sales)							
North Beach (no sales)							
Pacific Heights	2019 Webster Street 2544 Vallejo Street 2611 Divisadero Street 3242 Washington Street	5BR/2+BA 3BR/1+BA 4BR/5+BA 6BR/4+BA	\$2,250,000 \$3,750,000 \$4,380,000 \$4,450,000	Below Below Above Below	161 15 9 123		
Presidio Heights (no sales)							
Russian Hill	1145 Vallejo Street 2424 Larkin Street	3BR/3BA 3BR/3BA	\$2,575,000 \$3,600,000	Below Above	91 9		
Sea Cliff	320 Sea Cliff Avenue	3BR/4BA	\$11,700,000	Below	226		
Telegraph Hill (no sales)							
CONDOS							
NEIGHBORHOOD	ADDRESS	BEDROOMS/ BATHROOMS	SALE PRICE	ABOVE/AT/BELOW ASKING PRICE	DAYS MARK		
Cow Hollow	2415 Van Ness Ave. #401 3030 Octavia Street	OBR/1BA 2BR/2BA	\$580,000 \$1,600,000	Below At	135		
Lake St.	103 19th Avenue 133 12th Avenue 225 26th Avenue #3 156 12th Avenue	2BR/1+BA 3BR/1BA 3BR/2BA 3BR/3BA	\$1,350,000 \$1,425,000 \$1,550,000 \$2,300,000	Above Above Above	6 10 19 10		
Laurel Heights (no sales)							
Lone Mountain (no sales)							
Marina	3235 Gough Street #206 1773 Chestnut Street 3516 Pierce Street 1598 Bay Street #306 1436 Jefferson Street 1438 Jefferson Street	2BR/1BA 2BR/2BA 2BR/2BA 3BR/2+BA 3BR/4+BA 3BR/3+BA	\$909,000 \$1,550,000 \$1,885,000 \$2,460,000 \$4,117,000 \$4,833,000	Above Above Above Above Below Below	88 24 10 93 19		
Nob Hill	1155 Leavenworth St. #11 1461 Broadway #301 1650 Jackson Street #706 1868 Van Ness Avenue #401 1536 Pacific Avenue #1 1100 Sacramento St. #708	1BR/1BA 2BR/2BA 1BR/1BA 2BR/2BA 3BR/2BA 3BR/3BA	\$599,000 \$910,000 \$1,025,000 \$1,269,000 \$2,375,000 \$5,995,000	At Below Below At Above Below	26 152 83 62 34 141		
North Beach	33 Vandewater Street #201	1BR/1BA	\$705,000	Above	19		
Pacific Heights	2145 California Street #5 2101 Baker Street #3 2101 Baker Street #13 1998 Broadway #1201 2875 Jackson Street #3 1840 Washington St. #704 2200 Sacramento St. #801 2121 Jackson Street #2 2861 Clay Street 2427 Divisadero Street	1BR/1BA 1BR/1BA 1BR/1BA 2BR/2BA 2BR/1BA 2BR/2BA 2BR/2BA 2BR/2BA 3BR/2+BA 4BR/3BA	\$780,000 \$825,000 \$920,000 \$1,250,000 \$1,340,000 \$1,450,000 \$1,705,000 \$1,950,000 \$2,675,000 \$2,850,000	Above Below Above Below At Above Below At Above At Above At	17 21 6 7 0 23 6 7 9		
Presidio Heights	425 Spruce Street	3BR/2BA	\$1,500,000	Above	26		
	1340 Union Street #B	1BR/1BA	\$760,000 \$800,000	Below Above	30 79		
Russian Hill	837 Union Street 1425 Vallejo Street #205 2335 Jones Street 2164 Hyde Street #611	2BR/1BA 2BR/2BA 3BR/2BA 4BR/2+BA	\$1,250,000 \$1,900,000 \$2,300,000	Above Above Below	23 11 127		
Russian Hill  Sea Cliff (no sales)	1425 Vallejo Street #205 2335 Jones Street	2BR/2BA 3BR/2BA	\$1,250,000 \$1,900,000	Above	11		

The data presented in this report is based on the San Francisco Multiple Listing Service and is accurate to the best of our knowledge, but cannot be guaranteed as such. For additional information, contact Jay Costello, Manager, Alain Pinel. Real Estate, 1880 Lombard Street, 415.321.4274, jcostello@apr.com. www.apr.com

#### Real Estate Reporter Yard work



Green Meadows Village, the author's former home. PHOTO: GOOGLE STREET VIEW

## Rise of the LIMBYs

## Not every problem is a problem

BY JOHN ZIPPERER

DON'T KNOW HOW YOU FEEL ABOUT it," the neighbor said, informing me about a neighborhood development. "I don't know if you're a NIMBY or YIMBY or whatever . . . "

My neighbor had just told me the old, run-down, one-story house (or as scientists would call it, "shack") behind our condo building was going to be torn down. In its place would be a three-story multifamily building with about eight units. The new building would definitely impact the rear views of some of our condo units, none more than mine, and it was sure to draw some criticism. Maybe even more worrying to some people is the building is being developed by Habitat for Humanity to create affordable housing. What will the neighbors

As one of those neighbors, would I be a NIMBY (Not In My Backyard) or a YIMBY (Yes In My Backyard)?

I am, in fact, a LIMBY: Literally In My Backyard. This new building will be situated directly behind my unit, maybe a dozen feet or so away; it will block a rather beautiful view we have from two of our rooms, overlooking an architecturally significant neighborhood and beyond that a big park filled with trees.

As for the fact that it will be affordable housing, I say good for them. There's really nothing for people to be concerned about. As much as I agree this city needs to have ultra-cheap housing for the otherwise homeless, that won't be the case here. It's not an SRO, and it couldn't be. There are no services nearby in our heavily residential neighborhood. You know what it's a perfect spot for? A dense development of housing for people who would otherwise not be able to live in the city, and that appears to be what it will be. Do I want a building filled with school teachers and baristas with families? I sure do.

I have been on the other side of the equation. When I was in first grade in Green Bay, Wis., my family moved into a freshly built townhouse that was part of a large apartment complex built near the edge of the city. There were no frills or high-end finishes to our apartment; there was linoleum instead of slate flooring in the kitchen and the countertops were as far from granite as you could get. The walls were thin, we shared a party line phone with our neighbors, the basement flooded enough that we ran a sump pump year-round, and the parking lot also flooded more than once. But our new apartment had its own front entrance and rear patio, three bedrooms, a full basement, a big living and dining room, a backyard, and — best of all one and a half bathrooms, which was an unbelievable luxury for this family of four children and their mother. It was also located in a nice neighborhood, with lots of trees, a creek, and within walking distance to my new elementary

The apartments were built by a private developer with support from the U.S. Department of Housing and Urban Development. This was during the decade in which the federal government was extricating itself from involvement in housing development; no more public housing would be funded by Washington, which perferrred to incentivize private developers to take on the work.

I recently used Google Street View to virtually revisit the old apartment complex where we had lived for two years. It is still there, and it looks — as far as one can tell from the outside — like it's still in perfectly good shape. It's not run down; it's not covered in graffiti; it still looks like a perfectly fine place for young singles, roommates, families, and retired people to live in townhomes or its collection of two-bedroom units.

I do not know if the neighbors of that development had objected to a large complex of apartments being dropped into their neighborhood of quiet ranch homes and tree-lined streets. But when we interacted with their children at school or went trick-or-treating on their streets, there was no sense of rejection or otherness; we just lived in the same neighborhood, and that was good enough for us.

The place was called Green Meadows, and though we jokingly called it Green Ghettos it was nothing of the sort. For us, it was a way station between our previous, smaller apartment and our next home, which was a large apartment in a two-flat house. That place had two full bathrooms.

Back here in San Francisco — where I currently live in the 22nd place I have called home — I will miss being able to see the park from some of our rooms. I will not enjoy the noise and other disturbances during the construction period. But I won't miss the run-down house behind us, and I will be very happy for the families who get a nice new home to live in in one of the best neighborhoods in one of the greatest cities in the world.

Which makes me a LIMBY YIMBY.

Real estate news tips? Email: john@marinatimes.com

## **2018** TOP PRODUCER AGENTS





Pictured far left: Tanya Dzhibrailova (#1 Companywide Agent). Pictured left to right, starting from top row: Isabelle Grotte (#1 Noe Valley Agent), Laura Kaufman, Vicki Valandra (#1 Pacific Heights Agent), Chris DeNike (#1 Marin Agent), Suhl Chin, Kuntala Cheng (#1 Upper Market Agent), Peter Goss, John LePage, Ravi Malhotra.





































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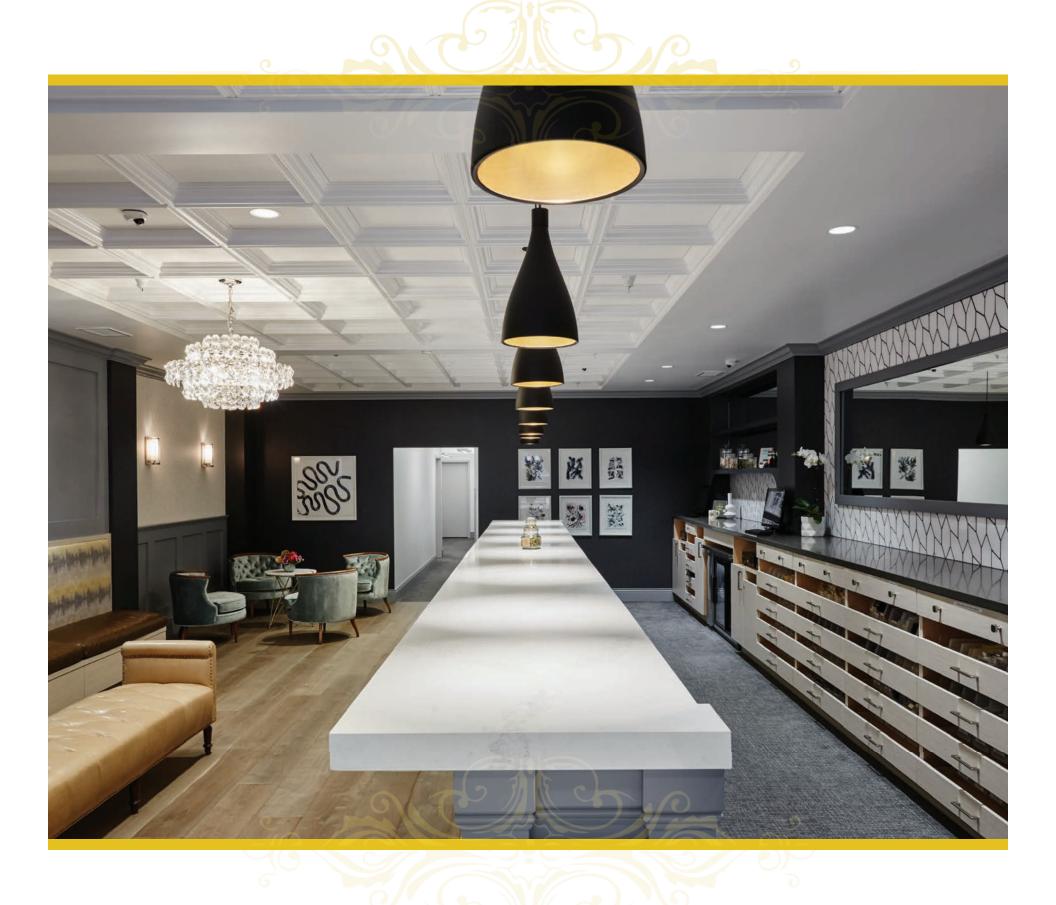
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