## MarinaTimes



#### **Mouth-watering**

The Tablehopper says it's time to get ready for brunch, and set off for a multifloor visit to the new One65. p. 8

Julie Mitchell visits Karaweik in the Marina for an authentic Burmese meal in San Francisco. p. 9



#### More online

Anthony Torres covers
MOAD's Postcolonial Paradox,
Patty Burness visits Elk and
Boonville, and more online
specials. marinatimes.com

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Detail of *Annabeth Rosen: Fired, Broken, Gathered, Heaped* (installation view), 2017. PHOTO BY GARY ZVONKOVIC.

#### Artist redefines contemporary ceramics

BY SHARON ANDERSON

HE CONTEMPORARY JEWISH Museum will present the first major museum survey of the work of Northern California sculptor Annabeth Rosen. A pioneer in the field of contemporary ceramics,

Rosen's survey covers over 20 years of her works. Exhibited for the first time on the West Coast, "Annabeth Rosen: Fired, Broken, Gathered, Heaped" includes sculptures that range from the diminutive to the monumental as well as large works on paper that mirror her explorations in ceramics.

#### **REPURPOSED PIECES**

Rosen was formally trained in ceramics, yet is influenced by paint resulting in conceptually driven sculptural forms that push the medium into new directions beyond spectacle. Raised in work-

ART WORLD, continued on 10

#### REYNOLDS RAP

## Irrevocable parole and our property crime crisis

Arrest, charge, release, and repeat

BY SUSAN DYER REYNOLDS

AST MONTH THE MARINA TIMES RAN A QUALITY of life survey, and it comes as no surprise that the two major concerns for city residents remain homelessness and property crime. I'll offer some solutions for homelessness next month in a feature story about my visit to a successful program called Community First Village in Austin. But this month, I thought it was time to weigh in on San Francisco's property crimes gone wild.

Everyone agrees we have a huge problem, and last year the FBI confirmed what we already knew — the city had the highest per capita rate of property crimes among the 20 most populous U.S. cities in 2017, racking up 6,168 crimes per 100,000 people (the equivalent of about 150 per day). While everyone agrees there is a problem, there is wide disagreement about where to place culpability. The police blame the district attorney, the district attorney blames the police, and residents are caught in the middle just wanting things to change.

REYNOLDS RAP, continued on 5

#### READER SURVEY

### State of the city

Is the city better than ever or the worst it's ever been? We asked you in our first quality of life survey. Here's what you said.

BY JOHN ZIPPERER

ORE & MORE EMPTY STOREFRONTS. EVERYwhere!" One *Marina Times* reader added that note when sending us a response to our quality of life survey ("Speak up, Northside," June 2019). In fact, quite a few of the people who mailed us their hard copies of the survey appended notes and comments and even full letters. The message came through quite clearly: San Franciscans care about their city — both in its current condition and what it becomes tomorrow — and there is widespread dissatisfaction with the state of the city.

The *Marina Times* quality of life survey came about as a way to capture actual feedback from residents about the city. We wanted to go beyond what politicians are saying you think, what marketers are telling you to think, and what the occasional anecdote suggests you think. The survey, conducted in June, asked about a wide variety of issues to find out which were serious concerns of residents. We also asked about the city's elected officials

READER SURVEY, continued on 4

#### Not to Miss



Take your picnic to Tuesday's Presidio Twilight. PHOTO: JESUS CAMACHO

## Summer in the city: Enjoy the outdoors

BY LYNETTE MAJER

Et's face IT: We have frigid summers in San Francisco. But we still want to get outdoors and enjoy all that our beautiful environs have to offer. Even though the sun may shine

all day long, come late afternoon, it's a different story, which doesn't deter the best of us, who know to bring layers on our adventures ("summer cashmere and down" as I suggested to a friend planning a visit). After all, as long as you're warm, you're set.

Here are some great ways to enjoy the outdoors this month:

#### **FESTIVALS**

Free street festivals are a San Francisco summer staple. The Fillmore Jazz Festival offers great music, food, and shopping (Saturday-Sunday, *July 6–7; sresproductions.com).* ... the ongoing months-long Yerba Buena Gardens Festival is a cultural goldmine, featuring free music, art exhibitions, performances, film screenings, family-friendly events, and more (various days through Oct. 27; ybgfestival.org) ... Francophiles won't want to miss the Bastille Day celebration with an outdoor bistro, live music, pétanque, course garçons de café, and more (Saturday, July 13; bastilledaysf.org). ... For a true San Francisco neighborhood experience, head to this month's Sunday Streets in the Mission, where you can bike, skate, or walk along the car-free streets (Sunday, July 14; sundaystreetssf.com). ... The Stern Grove Festival continues with performances by the symphony, ballet, Mitski, and Toots and the Maytals. The weather is pretty iffy over here, meaning it can be lovely or freezing, so take heed (Sundays through Aug. 18; sterngrove.org).

NOT TO MISS, continued on 6

#### TOP 10 STEAKS IN AMERICA

Osso Steakhouse - San Francisco, CA
Bobo's - San Francisco, CA
Peter Luger Steakhouse - Brooklyn, NY
Bern's Steakhouse - Tampa, FL
CUT - Beverly Hills, CA
Emeril's Delmonico - Las Vegas, NV
Mario Batali's Carnevino - Las Vegas, NV
Chicago Cut - Chicago, IL
The Precinct - Cincinnati, OH
Elway's Cherry Creek - Denver, CO





Osso Steakhouse is a romantic hideaway tucked in the landmark Gramercy Towers, near The Fairmont, Mark Hopkins and Huntington Hotels. The stylish Art Deco-inspired design provides an elegant yet relaxed ambiance.

The Bone-In Filet Mignon is their signature steak and has a flavor that is nothing short of a revelation.

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#### **News**

#### **NEWS BRIEFS** Plans run awry



Fort Winfield Scott remains without a redevelopment plan. PHOTO: PRESIDIO TRUST

#### Fort Scott back to the drawing board

BY JOHN ZIPPERER

#### PRESIDIO REJECTS FORT SCOTT PLAN

After 17 months of proposals, submissions, refinements, and public input, the Presidio Trust's board of directors in June went back to square one, rejecting a proposal submitted by a group of organizations (dubbed the "do-gooder proposal"). It now appears that redevelopment of the 30-acre historic site will be put on the back burner while the trust focuses on developing other sites in the Presidio.

"We have been entrusted to care for this public land and to make the right choices for its use and its preservation, with input from the public," said Presidio Trust CEO Jean Fraser. "At this point, it's in the best interest of the Presidio to develop the site ourselves."

The board agreed with its staff's evaluation of the submitted plan that the proposal did not meet enough of the key objectives required by the request for proposals. The plan, submitted in May, called for the creation of a home for a number of "mission-driven" organizations that would be environmentally sustainable.

While expressing gratitude for the "time and thoughtfulness" that the consortium of organizations put into creating their proposal, Presidio Trust board chair William Grayson said, "It ultimately didn't meet enough of the Presidio Trust's requirements to move forward. We will continue to focus on our many exciting projects, including the new Presidio Theatre, the Tunnel Tops and new development opportunities in the park."

#### FACIAL RECOGNITION SOFTWARE NIXED

With former prosecutor and District 2 Supervisor Catherine Stefani the only dissenting vote, San Francisco supervisors overwhelmingly approved a bill to ban the use of facial recognition software by city agencies. Opponents of the technology, which is being marketed to police departments by Amazon and other tech giants, argue that it leads to too many "false positives" — inaccurate identifications of suspects — especially with people of color.

Oakland and Berkeley are considering similar bans, and legislators in Sacramento are considering a statewide ban on the technology.

#### **CLEANING UP**

In her two-year budget proposal, Mayor London Breed added \$11.9 million to efforts to clean San Francisco's streets. The money would fund seven new staffed Pit Stop public toilets and expanded hours at existing Pit Stops, 80 new BigBelly trash cans, increased street cleaning, and expansion of the Chinatown Clean program to five days a week.

#### **POLK SUMMER SATURDAYS**

The Discover Polk Community Benefit District launched monthly Only on Polk Summer Saturdays, with participating shops flying an "Only on Polk" flag and offering discounts and special items for customers, along with live music and sidewalk displays. The first event was on June 22; upcoming dates are July 27, Aug. 21, and Sept. 28 (11 a.m.–6 p.m.).

Details on participating businesses can be found at discoverpolk.org/only-on-polk.

#### FACTS AND FIGURES

One-third: Percentage of U.S. pets that are overweight, according to Banfield Pet Hospital . . . 430: Number of burglaries year-to-date in Northern Station's part of the city . . . 402: number of burglaries yearto-date in the same area in 2018 . . . more than \$100 million: expanded funding for homeless services and housing programs in the mayor's proposed two-year budget . . . 5: number of candidates who qualified to challenge Mayor London Breed in the November 2019 election . . . 50: number of acutely mentally ill individuals in San Francisco who are likely to have the new conservatorship law applied to them each year, according to the Department of Public Health . . . \$21 billion: cost of Gov. Gavin Newsom's plan to create a fund to pay for future wildfire costs; the cost would be split equally between ratepayers and shareholders of the state's three major utilities.

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Calendar submissions due by the 15th of the month to calendar@marinatimes.com

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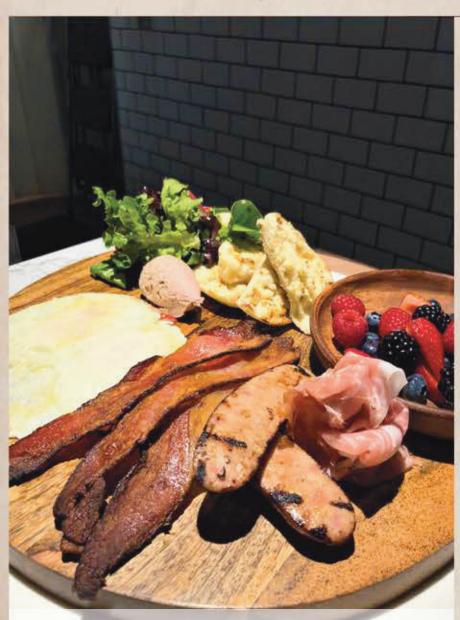


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#### FROM THE COVER

and agencies responsible for addressing problems, and the level of confidence in the city to get the job done. Responses came in via traditional mail, email, and our website. We received responses from across the city, but most of the submissions were from residents of Districts 2 and 3. Though the top concerns of our readers will not shock anyone, there were some surprises along the way in other categories.

#### **LIVABILITY**

We asked people to rank nine different issues on a scale of 1–5, indicating which was a top concern to them (1)

Northsiders are saying

that the city has the

financial resources to

deal with its problems.

all the way down to being of little concern (5). The three issues with the lowest score, thus representing the biggest problems, are homelessness (with an average rank of 1.73), public safe-

ty (1.85), and street/sidewalk cleanliness (1.89). Those three issues are also closely related to the overall quality of life that has attracted so much negative attention to the city in recent years. As one reader wrote, "The number of mentally ill is out of control." At its core, despite your feelings about other things (such as cost of living or the state of the economy), when you walk down the street to go to the store or work or the park, are you constantly coming across these symptoms of what seem to be a failing system?

Readers also indicated that the health of businesses was a fairly high concern, with an average rating of 2.01, followed by property crime (which might surprise some with its 2.17 rating), and the everhot water-cooler topic the cost of housing (2.19). Even further down the list were transportation (2.38), specifically public transportation (2.43), and, finally, public schools (2.56).

Crime and cleanliness are not just topics of discussion for San Franciscans and their out-of-town guests; the state of San Francisco's streets is a national topic — even a political weapon wielded by critics of local politicians. Earlier this year, while locked in a government shutdown battle with congressional Democrats, President Donald Trump tweeted that Speaker of the House Nancy Pelosi was irrational

and a "Radical Democrat" who is "so petrified of the 'lefties' in her party that she has lost control...And by the way, clean up the streets in San Francisco, they are disgusting!"

That naturally led a number of commentators to point out that the speaker of the U.S. House of Representatives is not responsible for street maintenance in San Francisco or any other city. So we asked readers who is responsible and how they would rate that

The San Francisco Department of Public Works came in for some knocks about the disruption caused by the large number of street construction projects across

person's performance.

ber of street construction projects across the city. With all of the street repairs and upgrades going on, one reader couldn't help expressing frustration over the sorry state of so many areas: "We should file a class action lawsuit against the city for all the potholes. Between Bay and Union there are 40 potholes on Laguna." Another complained about "no follow-up even when reported (2 yrs ago)." Still another: "Get rid of Uber and Lyft. They clog the streets."

But those comments aside, readers ranked DPW roughly in the middle between bad and good, not too far from others we asked them to rank.

#### POLITICAL LEADERSHIP

If you read social media commentary and catch the occasional complaint from a friend, you might conclude that San Francisco is deeply politically polarized. A couple comments from survey respondents support that. One person wrote both that "Aaron Peskin is the BEST" and that Mayor London Breed is a "Greedy B---- worrying about her own pocketbook"; meanwhile, another opined that "The screaming liberals are killing our fair city!"

But when we asked people to rank the mayor, despite a few outliers indicated by the above comments, Breed was ranked as basically O.K. — in other words, she earned an average rating of 2.56 on a scale of 1–5, with 1 being bad and 5 being good. Similarly, people ranked their own supervisor somewhat middling as well at 2.77 (and, again, most of those were ranking District 2 Supervisor Catherine Stefani or District 3 Supervisor Aaron Peskin).

In that same section, we also asked for your ratings for the San Francisco Municipal Transportation Agency (SFMTA) and how well City Hall is functioning; just like the ratings for the mayor, supervisors, and DPW, they came in roughly in the middle with SFMTA rating 2.53 and City Hall getting 2.48

Those are not the scores one would expect if they were being blamed for the city's major problems. A look at our last

category suggests how Northsiders really feel about this.

#### **MONEY AND A PLAN**

To try to get beyond personal feelings toward certain politicians or public talking points, we also asked about residents' attitudes toward the city's ability and will to solve problems. Again on a 1–5 scale, with 1 being negative and 5 being positive, we asked whether San Francisco has the leadership needed to solve the identified problems (readers gave it an average response of 2.0), whether leaders have a plan to do so (2.31), whether people are optimistic about the future (2.66), and whether the city has the funding necessary to solve the problems (3.78).

Those responses point toward some doubt about the ability of the city's leadership to address issues, despite those earlier O.K. rankings for political leaders. But that final number stands out: Northsiders are saying that the city has the financial resources to deal with its problems; it's not a matter of money or taxes or fees, it's a matter of political will

Many of the comments people added to their surveys demonstrated that no matter how they felt about various issues, individuals, and agencies, they care about the city and want it to solve its problems.

Thanks to everyone who participated in our first quality of life survey. We will track these issues throughout the year, and we will also ask you for ongoing feedback so that we may share it with city leaders and other residents of San Francisco.

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#### Reynolds Rap

continued from cover

Lately, both agencies seem to be getting that and are working more cohesively. For example, the police are working with prosecutors to home in on the most egregious offenders, a small group of mostly gang members who commit the majority of auto burglaries. The strategy paid off, with car break-ins falling 17 percent in the first three months of 2018. Still, we have a long way to go before residents don't have to hold their breath every time they walk out to their cars in the morning.

#### **NON-PURSUIT POLICY**

The San Francisco Police Department does a fairly good job of arresting serial drug dealers (special kudos to the hardworking officers in the train wreck Tenderloin), but their record is dismal when it comes to auto break-ins, with an arrest rate of just 1.6 percent. The Mission District was hit the worst, which is nothing new. Several years ago I heard a woman tell a beat cop that her car had been stolen a block from her home on Valencia Street for the sixth time in three years. I asked why this was so prevalent. "We call it irrevocable parole," the officer explained. "Last week I caught a guy stealing a car who was on parole for stealing a car, and he was cited and released."

I believe part of the problem is the SFPD's property crime nonpursuit policy, which is understandable if they're chasing a car thief through the Financial District at rush hour, but that's often not the case. One reader told me about his car, which had been stolen three times in a year. The police actually caught the thieves in the act during the third incident, which took place in a secluded area of Golden Gate Park.

The perpetrators jumped out of the car and ran while the police watched. It seems the nonpursuit policy should be altered with some common sense discretion.

#### **CONVICTION CHALLENGES**

San Francisco District Attorney George Gascón announced in late 2018 he wouldn't run for a third term. At the time he said it was because he needed to move back to Los Angeles to be closer to his ailing mother, but now it appears he plans to run for district attorney there, where he served as police chief prior to accepting that role in San Francisco. He was later elected to his current post twice, but it was no secret he would face competition this time around, which in politics translates to "We think we can beat the incumbent" — never a good sign.

Gascón's record as San Francisco's district attorney is not as bad as his critics believe. For the majority of his eight-year term he had a charge rate roughly the same as his predecessors, but in 2017 it was the city's highest in 20 years. He also achieved a 5.1-month average sentence for auto burglaries (sadly considered a fairly long sentence for that crime). His record as police chief was also markedly better than that of his successor, Greg Suhr, with an 18 percent arrest rate (it dropped to 9 percent under Suhr). Of the 6,500 cases filed by Gascón's office each year, the conviction rate is 84 percent.

After 2014, Gascón's popularity took a hit as the coauthor of Proposition 47, the controversial California criminal justice reform initiative supported by 80 percent of San Francisco voters. Writing for the San Francisco Chronicle in 2018, Gascón touted Proposition 47 as a necessary step in "putting the war on drugs behind us" by reducing simple drug possession for personal use from a felony to a misde-

meanor. It also increased the felony theft threshold for some property crimes (not auto burglary, he points out) from \$400 to \$950 to "keep pace with inflation." Sounds reasonable, but all San Franciscans see is the explosion of personal drug use in front of their homes and their children's schools.

A few weeks ago I saw three men pulling drug paraphernalia out of their backpacks on Chestnut Street at 2 p.m. on a Monday. I'm also fairly certain the increased threshold for "some property crimes" has led to the proliferation of "smash and grabs" at high-end Union Square boutiques as well as shoplifting at grocery stores. (That's why toothbrushes are locked up like the Hope Diamond.)

Despite Gascón's assertions in the San Francisco Chronicle that "only 19 people were released from custody in San Francisco when the initiative passed," a 2018 report from the nonpartisan Public Policy Institute of California concluded that passage of Proposition 47 contributed to a jump in car burglaries, shoplifting, and other thefts. For example, larcenies increased 9 percent by 2016, or about 135 more thefts per 100,000 residents than if tougher penalties had remained. Thefts from motor vehicles accounted for about three-quarters of the increase. Proposition 47 also led to the lowest arrest rate in state history in 2015 as police frequently ignored crimes that brought minimal punishment. Bookings in 12 sample counties dropped 8 percent for Proposition 47 crimes while cite-and-releases (aka "irrevocable parole") increased.

#### **DOUBLING DOWN**

Evidently Californians are gluttons for punishment, because in 2016 they passed Proposition 57, allowing nonviolent inmates to petition for earlier release and participate in rehabilitation programs. In 2020, voters will decide on a measure that would shorten the list of those who can seek earlier parole and reclassify some thefts from misdemeanors to felonies. It would also expand the number of crimes where DNA is collected, which was limited when some crimes went from felonies to misdemeanors under Proposition 47. Hopefully Californians have learned their lesson and the measure will pass.

Of course, none of this matters if judges don't do their jobs, and San Francisco judges are notoriously lenient. Take for example Superior Court Judge Christopher Hite, who (surprise!) previously worked as an attorney under the late Jeff Adachi in the public defenders office. Hite dismissed every outstanding "quality of life" warrant (nearly 65,000 in all) issued between January 2011 and October 2015 because of a court-wide conclusion that "fining poor people is pointless." It also rendered citations worthless, meaning police couldn't detain court skippers. In 2018, he wanted to release Deshawn Patton, a sometimes violent and prolific car thief, from jail despite the grand jury indicting him on 20 counts (including 11 felonies) related to eight break-ins over a one-year period. After public outcry and the parole office deeming Patton unfit for the restorative justice rehabilitation programs, Hite sentenced the 21-year-old to four years in state prison (he will only serve about nine months due to time served and because he was charged while under 21).

As long as San Francisco courts are run by indulgent judges like Hite, irrevocable parole will remain the law-lessness of the land.

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Joshua Raoul Brody performs during Flower Piano at the San Francisco Botanical Garden. PHOTO: TRAVIS LANGE

#### Not to Miss

continued from cover

#### **OUTDOOR EATS**

You can't beat the Presidio Picnic (Sundays through October) featuring cultural performances and yoga or the Presidio Twilight (Tuesdays through October) with fire pits and those new transparent "igloos," designed to keep that whipping wind from driving you back indoors, and which look oh-so-cool when lighted in a variety of bright colors (presidio.gov). Bring your own picnic for both or enjoy the offerings from Off the Grid, which takes its show over to Fort Mason on Fridays (through Oct. 25), with Fog Appreciation Night on July 26 (offthegrid.com).

#### **LIGHTED NIGHT SKIES**

The fourth wouldn't be the fourth without the perennial question of whether fireworks will be visible at Pier 39's July 4 Celebration, which starts early with music (3-6 p.m.). The potentially spectacular fireworks display starts at 9:30, but events are contingent on weather and subject to change (pier39.com). ... For another kind of spectacular, join the Stargazing Party and view the night sky up close through giant telescopes (Thursday, July 11; presidio.gov).

#### **PARK ADVENTURES**

Don't miss the **Flower Piano** at the San Francisco Botanical Park, where 12 pianos are scattered about the 55-acre park. The pianos are open to guests who want to tinkle the ivories any time other than the scheduled performances. Enjoy also lunch-time concerts, the family-friendly Flower Piano at Sunset, a community sing-along, piano lessons, and Flower Piano at Night with food trucks and an outdoor bar (Thursday, July 11 through Monday, July 22; sfbg.org) ... also in the Botanical Park, take your favorite little person to Bean Sprout Days to enjoy nature crafts, garden care, outdoor games, and exploration in the Children's Garden (Saturdays through Oct. 1; sfbotanicalgarden.org)

Yoga in Golden Gate Park is sure to leave you on an ohm state of mind (Saturdays; purushasevaproject.org) ... or maybe a yoga happy hour trail mixer with your pup is more appealing at Yoga and Dogs Unite (Doga). Admission includes snacks, dog treats, adult beverages, and more, plus the proceeds benefit the Golden Gate Parks Conservatory (Thursday, July 19; eventbrite.com).

Art lovers — have you checked out the Guided art hike of Andrew Goldsworthy in the Presidio? It's the largest collection of the artist's work on view in North America. Visit all three installations during this threemile hike (Saturday, July 13; presidio.gov).

#### **WORTHY CAUSES**

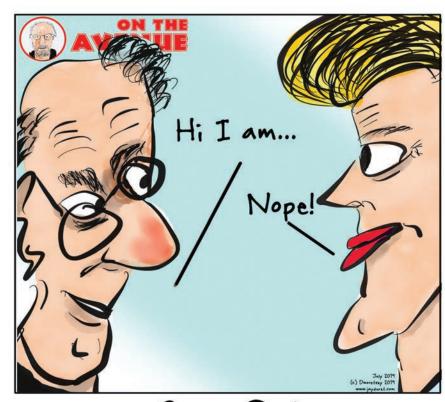
Join the AIDS Walk in Golden Gate Park (Sunday, July 14; aidswalk.net) or head over to the Presidio, as a Trail Steward to help maintain the trails, a Habitat Steward to restore and create wildlife corridors, or a Garden and Sustainability **Steward** to help enhance the gardens and grounds (ongoing; presidio.gov).

#### **EXPLORE YOUR CITY**

If you've never been on a San Francisco City Guides walking tour (ongoing: sfcityguides.org), put it on your bucket list. Each tour is a great way to learn about the city's neighborhoods, history, and architecture. July tours include Fort Mason, Coit Tower Murals, the Golden Gate Bridge, Telegraph Hill Stairway Hike, the Presidio, Palace of Fine Arts, Cow Hollow, North Beach by Night, and many more.

Enjoy our great urban outdoors, don't forget your jacket, and visit us next month for more summer fun in the city.

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#### **The Tablehopper** Six floors of food



Taste the rainbow at the new One65 Patisserie & Boutique. PHOTO: ©TABLEHOPPER.COM

## New brunch options, and a look at all the floors of the French One65 project

BY MARCIA GAGLIARDI

AN FRANCISCO IS A BRUNCHING town, and here are some options to check out. One of the biggest projects of 2019 is the multilevel **One65** (165 O'Farrell Street) from acclaimed chef Claude Le Tohic, which has just opened all its floors and concepts in a historic Beaux Arts building in Union Square. Le Tohic is known for gaining three Michelin stars while at the restaurant Joël Robuchon at the MGM Grand (the only three-star in Las Vegas); this is his own project, in partnership with the group behind Alexander's Steakhouse.

On the street level is **One65 Patisserie** & Boutique, a contemporary French patisserie experience, with breakfast and lunch service and classic bistro seating in a blackand-white space designed by D-Scheme Studio. Freshly baked breads, pastries, chocolates, ice cream, macarons, and more are available. There is also barista service and a selection of wines on tap. Open Monday–Saturday 7:30 a.m.–7 p.m. and Sunday 8:30 a.m.–4 p.m.

Next on the second and third floors is One65 Bistro & Grill, offering brunch, lunch, and dinner from chef de cuisine Jennifer Dewasha, with contemporary Cal-French comfort dishes like steak tartare, a crispy onion tart with porcini, a seasonal stuffed artichoke, and dishes from their Spanish Josper charcoal grill, including skirt steak (and entrecôte for dinner). Fun fact: All meals are prepared using induction ranges and the Josper ovens, eliminating the use of gas throughout the building.

Sustainability appears with the recycled cork flooring and recycled porcelain paneling, and it has a sleek look, with white marble and wood tabletops. There's tufted banquette seating by the windows, or sit at the counter facing the open kitchen. Monday–Thursday 11:30 a.m.–2 p.m., 5:30–9:30 p.m.; Friday–Saturday 11:30 a.m.–2 p.m., 5:30–10 p.m.; Saturday–Sunday 10:30 a.m.–2:30 p.m., 5:30–9:30 p.m.

The cocktail bar and lounge, **Elements at One65**, is on the fourth floor. It's a dark and dramatic hideaway, with dim lighting, private booths, and some lounge-y seating by the windows if you want to see who you're drinking with. The black and gold quartz bar is a stunner. It's overseen by bar director Trevin Hutchins, who came out from Maine, and his cocktail menu covers the four elements, with a couple large-format options for groups. You'll find wines, and you can order bites from the Bistro (there is also afternoon tea service from 2:30–4:30 p.m., except Sundays). Open daily 11:30 a.m.—midnight.

And now, the final and fine dining concept on the fifth and sixth floors:

O' by Claude Le Tohic. The O' from the O'Farrell address reminded Le Tohic of the French word "eau," meaning water. He was inspired to base a refined culinary concept and menu on the elements of water, fire, and earth. There is a 10-course tasting menu at \$250 per person, and a 10-course vegetarian menu, with two wine-pairing options by wine director Vincent Morrow. The experience is meant to be luxurious but not pretentious, with some tableside preparations, and carts galore, including cheese and dessert, featuring artisan French and local cheeses and mignardises. Le Tohic plans to offer an à la carte menu in time as well.

The space was designed by Le Tohic and D-Scheme Studio, which integrates artwork from photographer and artist Christian Andrade embedded in the walls and as part of the architecture.

There is a spacious chef's table for eight guests, with a view of O's state-of-the-art kitchen. Additionally, there are two private dining rooms on the sixth floor: the Cherrywood Room (up to 20 guests) and The Moss Room (up to six guests). Open Tuesday–Saturday from 5:30 p.m.

#### **MARINA**

Fans of the Instagram-ready U Dessert Story in the Castro (which is just next door to the cult-like brunch outpost Kitchen Story) now have a second location to visit in the Marina, **U Dessert Story, Vintage** (2120 Greenwich Street). Taking over the former Mina Test Kitchen space, you can come in for Japanese, Thai, and Korean brunch during the day (9:30 a.m.-3:30 p.m.) and then Asian desserts from 5 p.m.-midnight.

#### **RUSSIAN HILL**

While everyone is going bonkers and waiting in line at Daily Driver in Dogpatch for wood-fired bagels, have you ever had chef Andrew McCormack's bagels at his pop-up brunch on Feastly, Early to Rise (1098 Jackson Street)? They're about as outstanding as his eggs Benedict (and his house-made English muffins). And now, Eater has noted he has landed a permanent location in the former The Fine Mousse on Nob Hill (he has partnered with TFM's Ben Rogers — who still had the lease — on this project). You can check out the prix-fixe brunch service on weekends, which can be prebooked and is served at 11 a.m. (\$25) or 1 p.m. (\$38). Bottomless low-ABV Italian greyhounds, just \$15. Look for expanded hours and more soon.

Marcia Gagliardi writes a popular insider weekly e-column, Tablehopper. Follow @tablehopper on Twitter and Instagram.

#### **Newly Notable** Karaweik Burmese Cuisine

#### Burmese food finds its way to the Marina

BY JULIE MITCHELL

AN FRANCISCO HAS ALWAYS been home to Asian restaurants of every type due to our large Asian population and the cultural ties immigrants and their families have to their countries of origin. Mandarin, Cantonese, Thai, Vietnamese, Japanese, and Indian; these are just some of the delectable cuisines found in eateries throughout the city. From sushi to pho to curry, you can find it within blocks of almost any location in the city.

One cuisine that's on the rise here and throughout the United States is Burmese. Burma changed its name to Myanmar in 1989 following years of dramatic political, social, and economic change. The name Burma was imposed by British colonizers in 1886, but after a military junta took power in 1989, the country became Myanmar and the capital Rangoon was changed to Yangoon not only to be more inclusive but to rid the country of all English-sounding names.

#### A BURMESE FOOD PRIMER

Myanmar offers a wide variety of specialties that differ regionally, taking influences from neighboring countries including

China and India. Dishes from the southern part of Burma tend to feature ingredients like lemongrass, fish paste, turmeric, chili, ginger, and tamarind similar to Thai food - while dishes from the north tend to be hotter and spicier. Fish products are used extensively in all Burmese foods, including fish sauce and ngapi, a paste made from either fish or shrimp, considered a staple of Burmese cuisine. Rice, especially fermented rice, is a signature dish, and main dishes are usually served with a side like soup, boiled vegetables, or a flavorful salad. Variations of tea leaf salad are served all over Myanmar as well as most Burmese restaurants here. Burmese curries tend to be saucy. even soupy, using tomato curry and oil to make a rich curry "gravy" can be mixed into rice or spooned over vegetables. Noodle dishes are also very popular across the country, as are crispy chickpea fritters.

#### KARAWEIK BURMESE CUISINE

Karaweik Burmese Cuisine is owned and managed by Joe Sein and his Japanese wife Aya. Sein, who owned Sapphire Indian Cuisine in the Financial District for several years until it closed in 2018, wanted to bring traditional Burmese food to San Francisco, but "with a little bit of a modern twist," he says. "We serve at least 20 tables a day, and so far, we've gotten good feedback. The Marina is a great neighborhood with a good environment and plenty of customers." Sein says some of the most popular dishes at Karaweik are the tea leaf salad, eggplant curry, and the fritters. Read the tea leaves — better yet, eat them!

At Karaweik, the crispy lentil fritters served with a coconut curry dip (\$9) take top billing among the appetizers, which also include keema paratha (a buttery bread) with a choice of chicken or lamb filling (\$10/\$12); and tay-tay lay tea with garlic shrimp, bite-sized tea leaves mixed with sesame seeds, cashews, and garlic shrimp (\$10).

Karaweik serves three different tea leaf salads. The ginger and tea leaf salad combines assorted nuts, crispy garlic, and sesame seeds with tomatoes, jalapenos, and cabbage, all topped with a tea leaf dressing and pickled ginger (\$13). Soups include a traditional mohinga, or fish chowder, featuring fresh fish cooked with lemongrass, ginger, shallots, garlic, turmeric, and other spices over rice vermicelli, garnished



Clockwise from top left: Myanmar lager beer, royal tea leaf salad, tay-tay lay tea with garlic shrimp, and crispy lentil fritters with coconut curry dip. PHOTO: NAOMI ROSE

with cilantro, fried onion, and a boiled egg (\$14). There are two vegetarian soups, including a lentil stew with vegetables (\$14).

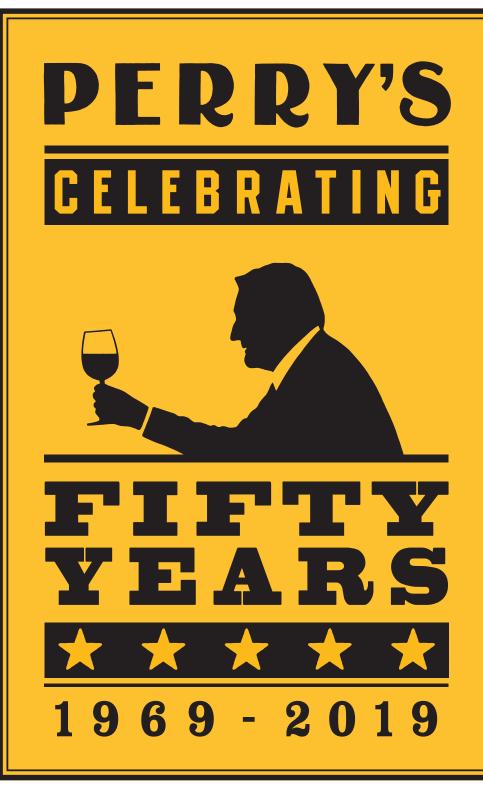
Rice and noodles are a key part of Karaweik's menu, and are featured in seafood, meat, tofu, and vegetable combinations like street noodles mixed with coconut curry chicken, chili flakes, shallots, fried onions, and roasted bean powder (\$14); and vegetable or shrimp fried rice (\$12/\$15). Beef, chicken, fish, lamb, pork, seafood, and vegetables are served in a variety of ways, including curries with Burmese spices, pumpkin curries and stews, and other entrees like beef masala, slowcooked beef with lemongrass, ginger, garlic, onion red chili paste, and masala spices (\$17); and chili fish, lightly fried fish tossed with garlic, chili flakes, and fried shallots (\$18).

The restaurant offers a small selection of wine, beer, and sake, and while no desserts are on the menu now, Sein says plans are in the works to add some soon.

If you already love Burmese food or you've been wanting to give it a try, this welcoming, warm spot on Steiner Street offers your fill of traditional and updated Burmese specialties at very reasonable prices for both lunch and dinner. The menu is also available for delivery through their website or DoorDash.

Karaweik Burmese Cuisine: 3317 Steiner Street, 415-922-1892, karaweikburmesecuisine. com; lunch Tuesday-Sunday 11:30 a.m.- 3 p.m., dinner Tuesday-Thursday 5-9 p.m., Friday 5-9:30 p.m., Saturday 4:30-9:30 p.m., Sunday 4:30-9 p.m.

Email: julie@marinatimes.com



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**AUGUST** 

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#### **Art World**

continued from cover

ing-class Brooklyn, Rosen was taught to be resourceful and often uses repurposed pieces from broken ceramics. Like the Japanese approach known as Kintsugi, breaks and repairs are treated as a part of a broader history of objects, and the resulting damage, repair, and repurposed fragment is considered beautiful because of its flaws. Process and chance are equal elements in the formation of her art objects. "I break almost as much ceramics as I make," Rosen says, "and I think I learn as much about the work by doing so. By being so focused on a destination for the piece, I overlook shapes and ideas. Much of the work is made by already fired parts broken, reassembled, re-glazed, and re-fired with the addition of wet clay elements if necessary."

#### WHIMSICAL TO DECAYED

Rosen's ceramic sculptures are whimsical, biomorphic explorations reminiscent of Surrealist paintings by Paul Klee or Yves Tanguy. *Untitled #100 Twig* consists of a series of striped, tube-like shapes pushing out in all directions like a crea-

ture found at the bottom of the sea. *Talley*, crafted from glazed and fired ceramic, steel bailing wire on a steel stand on coasters, takes the biomorphic to a whimsical extreme with

large, brightly colored shapes that seem to shift and drip as if they were fluid instead of solid objects. Black and white two-dimensional studies complement the ceramics in pieces like *Tube II*, made from acrylic paint, ink, and gouache on paper. The presentation of Rosen's works on paper alongside the ceramic pieces imitates the immersive experience of entering the artist's studio.





Left to right: Annabeth Rosen, Hive, 2016; and Boogaloo, 2015. COURTESY ANNABETH ROSEN; ANGLIM GILBERT GALLERY, SAN FRANCISCO AND P.P.O.W. NEW YORK

The earliest works in the exhibition date from the mid-1990s and include a series of plate- and tile-based sculptural objects that take inspiration from the natural world. When Rosen moved

to Davis, Calif., she became the Robert Arneson Endowed Chair in the Department of Art and Art History at the University of California, Davis. These works imagine dense ecosystems

of flowering plants, birds, and small microcosms in varying states of decay. Stacked in layers, they recreate the strata of the earth.

Between 2005 and 2015, Rosen began to create her large-scale "mash up" works. Using unlikely elements like steel bailing wire, tubes, organ-like blobs and voluptuous gourd shapes in precarious gravity-defying assemblages, she turned

away from the traditional support of the pedestal and replaced it with the more functional and nontraditional rolling metal cart. The artist began honing in on the delicate, unsettled relationship of improvised construction.

#### **PUSHING THE BOUNDARIES**

"Annabeth Rosen, an important Northern California Jewish artist, has been working prolifically for decades to redefine the genre and boundaries of contemporary ceramic practice," says Lori Starr, executive director of the CJM. "We are exceptionally pleased to offer audiences in the Bay Area — a region known for its innovation in the medium of ceramics — this opportunity to discover the work of one of the most important contemporary artists working in clay today. On the heels of her prestigious Guggenheim fellowship, the timing to celebrate Rosen's work could not be better."

A significant monograph published by Lucia Marquand and organized by Contemporary Arts Museum Houston accompanies the exhibition. The publication includes an introduction and essay by organizing curator Valerie Cassel Oliver, as well as contributions by Nancy Princenthal and Jenni Sorkin. The monograph also features color images of the artist's works and a chronology of the artist's life and work. Annabeth Rosen's works are in the collection of the Los Angeles County Museum of Art, Oakland Museum of California, and the Denver Art Museum. She has received multiple grants and awards, including a Pew Fellowship and two National Endowments.

Annabeth Rosen: Fired, Broken, Gathered, Heaped: Thursday 11 a.m.-8 p.m., Friday-Tuesday 11 a.m.-5 p.m., July 20 through Jan. 19, 2010, \$14, The Contemporary Jewish Museum, 736 Mission St., 415-655-7800, thecjm.org

Sharon Anderson is an artist and writer in Southern California. She can be reached at mindtheimage.com

## The Best of Books What's flying off the shelves

Rosen says she breaks

almost as much

ceramics as she makes

and learns by doing so.

#### The Marina Books Inc. best-seller list

COMPILED BY BRIAN PETTUS

- **1. Karl the Fog**, by Karl the Fog (hardcover)
- **2. A Gentleman in Moscow: A Novel**, by Amor Towles (paperback)
- **3. A Woman in the Window: A Novel**, by A.J. Finn (paperback)
- **4.** The Mars Room: A Novel, by Rachel Kushner (paperback)
- 5. Little Fires Everywhere: A Novel, by Celeste Ng (paperback)6. Parharian Days: A Surfix
- **6. Barbarian Days: A Surfing Life**, by William Finnegan (paperback)
- 7. The Mueller Report: The Final Report of the Special Counsel into Donald Trump, Russia, and Collusion, by Robert Mueller (paperback)
- **8.** The Hate U Give, by Angie Thomas (hardcover)
- 9. The Lost Girls of Paris: A
  Novel, by Pam Jenoff
  (paperback)
- **10.** An American Marriage: A Novel, by Tayari Jones (paperback)

NEW RELEASES IN JULY

#### Three Women, by Lisa Taddeo (July 9)

Three Women is the deepest nonfiction portrait of desire ever written. Based on years of immersive reporting, and told with astonishing frankness and immediacy, Three Women is a groundbreaking portrait of erotic longing in today's America, exposing the fragility, complexity, and inequality of female desire with unprecedented depth and emotional power.

#### The Code: Silicon Valley and the Remaking of America, by Margaret O'Mara (July 9)

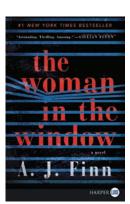
Margaret O'Mara (July 9)

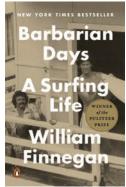
After almost five years of pioneering research, O'Mara has produced the definitive history of Silicon Valley—the story of mavericks and visionaries, but also of powerful institutions creating the framework for innovation, from the Pentagon to Stanford University. It is also a story of a community that started off remarkably homogeneous

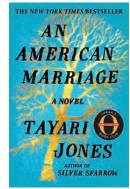
and elitist and stayed that way, and whose belief in its own mythology has deepened into a collective hubris that has led to astonishing triumphs as well as devastating second-order

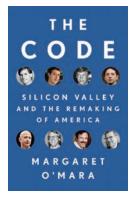
#### Nickel Boys: A Novel, by Colson Whitehead (July 16)

Elwood is sentenced to a juvenile reformatory called the Nickel Academy, whose mission statement says it provides "physical, intellectual and moral training" so the delinquent boys in their charge can become "honorable and honest men." In reality, the Nickel Academy is a grotesque chamber of horrors where the sadistic staff beats and sexually abuses the students, corrupt officials and locals steal food and supplies, and any boy who resists is likely to disappear. Based on the real story of a reform school in Florida that operated for 111 years and warped the lives of thousands of children, The Nickel Boys is a devastating, driven narrative by a great American













#### Chances Are: A Novel, by Richard Russo (July 30)

Three men convene for a weekend on Martha's Vineyard, friends ever since meeting in college. Lincoln is a commercial real estate broker, Teddy a tiny-press publisher, and Mickey a musician beyond his rockin' age. But each holds his own secrets, in addition to the monumental mystery that none of them has ever stopped puzzling over since a Memorial

Day weekend on the vineyard in 1971: the disappearance of the woman each of them loved. Now, more than 40 years later, three lives are displayed in their entirety while the distant past confounds the present like a relentless squall of surprise and discovery.

Brian Pettus is the manager of Books Inc. in the Marina (2251 Chestnut Street, 415-931-3633, booksinc.net/sfmarina).

#### Michael Snyder on ... Television

### All hail the princess and the commander in chief

BY MICHAEL SNYDER

ALL ME ECLECTIC WHEN IT COMES to storytelling. No matter the genre, ✓ if it's done well, I'm interested. That leads me to high-quality entertainment in some unexpected places. For instance, one of my current televised pleasures can be found on a most unlikely platform for me: the Lifetime cable network. Lifetime is widely thought of as the province of that oft-screeching beast reality TV, the TV docudrama torn from tabloid headlines, and a parade of formulaic TV movies, generally exploitive or corny and aimed at a female demographic. But the hour-long comedy series American Princess, which debuted on Lifetime in early June and will run for a total of 10 weekly episodes, is none of the above.

American Princess tracks the truly funny, sometimes raunchy, and occasionally bittersweet odyssey of Amanda Klein, a young, well-to-do Jewish social butterfly from New York's Upper East Side. Played with just the right postcollegiate intellect, snark, vulnerability, and whine by Georgia Flood, Amanda is purportedly pursuing a career as an online fashion maven/tastemaker. All of that will be rendered more superfluous than it already is, though, because she's about to be married to a seemingly perfect guy at a dream wedding in the countryside. On the day of the nuptials, the bride-to-be accidentally discovers her groom getting premarital oral satisfaction from a random lingerie-clad woman,

and that sends Amanda off the rails — or more specifically, on a tear-blurred run to anywhere else via a tricycle-rickshaw meant for the coupling ceremony.

Hearing music in the distance, Amanda leaves her wheels behind and wanders into a Renaissance fair, thinking it's another fancy country wedding with a medieval theme. She becomes increasingly drunk on fairground libations and, to her shock, is welcomed and embraced by various actors and "Ren-nerds" working there. Determined not to accede to knee-jerk entreaties from her spoiled socialite clique and her self-centered mother to forgive her errant betrothed, Amanda decides to get a job at the fair where she might find her better self, true acceptance, and perhaps even romance. Of course, there has to be conflict, even in a place that traffics in immersive, joyful, anachronistic fantasy.

#### **QUEEN VERSUS PRINCESS**

The company is ruled by Maggie (Seana Kofoed), an aging, arrogant actress who plays Queen Elizabeth at the fair. Her astringent personality is likely a consequence of dashed dreams of stardom. In any event, Maggie immediately takes a disliking to Amanda, despite the latter's often hapless attempts to learn fair protocol and endear herself to Her Royal Smugness. Furthermore, the road to trueish romance in the aftermath of Amanda's broken engagement won't be simple in a free-spirited place like the fair, where the handsome actor (Lucas Neff) who catches

her attention — and vice versa — is dallying with a lissome fellow fair performer.

Few of the American Princess cast members are that well known, but all of them are on point and deliver the show's sharp, sometimes salty dialog with 21st century verisimilitude and 16th century propriety or low-born glee, depending on the circumstance. They seem to be having a blast, which can be downright infectious to

'American Princess'

has a pedigree

that seems very

un-Lifetime-like.

anyone watching. Flood is particularly appealing and affection-worthy as Amanda, a role that could have been off-putting in the wrong hands. If we aren't invested in her journey, the show might not work as well.

Created by comic actress Jamie Denbo, coproduced by Jenji Kohan (Orange Is the New Black), and graced by the wild, fearless, unflinching comedy sensibilities of writers Julia Wolov and Dana Min Goodman (Faking It, Good Vibes), American Princess has a pedigree that seems very un-Lifetime-like. As noted, narrative gold is where you find it, and this series is shaping up to be a treasure fit for royalty and commoner alike.

#### **SWEET STREAMS**

Major props to Netflix for saving Lucifer, the slyly witty mix of supernatural, buddy-cop, and rom-com elements that was brought back in May for a fourth series to the delight of multitudinous fans after it had been canceled by Fox. This new 10-episode run was so well received that the streaming service opted to order a fifth and final series to wrap up the escapades of the charming Devil played by suave Tom

Netflix also leapt into action when ABC

dropped Designated Survivor,

offering the political thriller a third season released last month. It continues to follow the progress of Tom Kirkman, the cabinet member who becomes U.S. president when a

catastrophe kills everyone ahead of him in the line of succession. Kiefer Sutherland's Kirkman gives us a president who is diligent, humane, scholarly, and eloquent, and puts the needs of the country and all of its citizens ahead of his own. Clearly, it's fiction, although it reminds us of a time when basic decency was expected from the nation's chief executive.

Michael Snyder is a print and broadcast journalist who covers pop culture on Michael Snyder's Culture Blast, via GABnet.net, Roku, Spotify, and YouTube. Follow Michael on Twitter: @cultureblaster.



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The Department of Building Inspection (DBI) is reminding property owners to comply with the Accessible Business Entrance (ABE) program, which requires existing buildings with a place of "public accommodation" to have all primary entrances from the public way accessible for people with disabilities. If you own commercial storefront(s), this Program applies to you.

TAKE THIS IMPORTANT STEP!
To comply, property owners are required to submit one of the following: Pre-Screening, Waiver or Category Checklist Compliance form to DBI.

To read about the Program's requirements and your next steps, visit *sfdbi.org/businessentrance*.

Tier	Category Description	Submit form or compliance checklist and specify compliance option
1	In Compliance	1/1/19
2	No Steps but barriers	1/1/19
3	One Step with other barriers	6/1/19
4	1+ Steps with	12/1/19

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#### A Healthful Life : Ticked off

## Lyme disease: Growing awareness in the Bay Area

BY THALIA FARSHCHIAN

Increased awareness over the past several years as one of the fastest growing infectious diseases in the United States with 329,000 new cases each year. Many believe this condition is limited to the Northeastern part of the country because it was discovered initially in New England; however, research shows the spiral shaped bacteria associated with Lyme disease, Borrelia burgdorferi, has been identified in ticks in all 50 states.

California has become a hotspot for Lyme — 42 of 58 counties have identified Western blacklegged ticks infected with Borrelia burgdorferi. Outside of the United States, more than 65 other countries have also identified the organism in their environment.

While the adult ticks primarily feed on deer, the nymph (immature) ticks feed on squirrels, mice, lizards, rabbits, and certain birds. Tick bites across multiple species of animals can potentiate the spread and number of infections that are transmitted. With the transmission of Borrelia burgdorferi, commonly there are other strains of Borrelia and other associated

tick-borne infections that may also spread.

Unfortunately, most individuals with Lyme disease do not actually recall a tick bite. When bitten by a tick, it is important to take action

quickly to prevent the progression of an acute infection to chronic Lyme disease because the bacteria may rapidly disseminate throughout the body.

#### **ACUTE LYME DISEASE**

Early in the course of the infection, testing is of limited value as it takes 4-6 weeks for the body to develop antibodies. Waiting to treat it, on the other hand, may allow the infection to spread, making it much more difficult to eradicate.

Many people are more exposed in the spring and summer months and symptoms of acute Lyme may seem like a summer flu. Symptoms of acute Lyme disease include:

- Low-grade fevers
- Muscle aches
- Joint pain
- Fatigue
- Bull's-eye rash (appearing within a few days to weeks, a red expanding rash with a clear center, with multiple sites possible)

The most discussed symptom is the bull's-eye rash, but the absence of this rash does not necessarily correlate with an absence of the infection. Any of the above symptoms should be taken seriously.

#### CHRONIC LYME DISEASE

The Borrelia bacteria is difficult to detect because it does not appear to circulate in the blood, and usually goes to distant sites like our skin, joints, heart, brain, and bladder. Chronic Lyme disease symptoms may manifest over a period of weeks to years after an initial exposure.

Due to its affinity to multiple organ systems, symptomatic patients are often an enigma to their doctors. This complexity

may be potentiated by the neuropsychiatric manifestations of this disease.

Chronic Lyme disease may exhibit as a combination of the following symptoms:

- Neck stiffness, pain and/or spasms
- Fatigue
- Difficulty with concentration and focus
  - Memory impairment
  - Depression
  - Mood swings
  - Anxiety
  - Headaches
  - Sleep disturbances
  - Joint pain/arthritis
  - Abdominal pain/nausea
- Bowel disturbances (constipation/diarrhea)
- Chest pains

**Unfortunately, most** 

individuals with Lyme

disease do not actually

recall a tick bite.

- Heart palpitations
- Erectile dysfunction/loss of libido
- Tingling/numbness/shooting pain

Though more light is being shed on Lyme disease, its existence and proper treatment continues to be hotly debated.

#### PREVENTING LYME DISEASE

Prevention is always the best medicine. Ticks can be the size of poppy seeds, and their bites do not necessarily hurt or itch.

> Here are some tips on how to mitigate your risk of a tick bite or catch it early:

Wear protective clothing: Hats that have neck coverage, light-colored clothing, Permethrin-treat-

ed clothing, and tuck pant legs into socks.

**Use an insect repellent**: DEET is an option, but others include Picaridin sprays and natural essential oil sprays.

**Do regular tick checks** when anywhere outdoors including backyards, schoolyards, and parks: Don't miss the hair, hair line, and skin folds.

**Stay on cleared trails** while walking and running and avoid piles of leaves.

Ensure your pets are on a flea and tick medication: Animals can bring ticks home, and can be affected by Lyme disease just like humans.

#### SO YOU GOT BITTEN BY A TICK, NOW WHAT?

First, stay calm. After removing the tick, consider sending it to a lab that can do a Polymerase Chain Response (PCR) test on the tick to identify the Borrelia bacteria and its coinfections. PCR testing only shows the organism with 30 percent accuracy, so a negative result does not eliminate the possibility of infection. The Bay Area Lyme Foundation (bayarealyme.org) offers free Lyme and coinfection testing for ticks.

Although awareness of Lyme disease is growing, there are different perspectives on treatment within the medical community. It is important to consult a Lyme-literate doctor for proper treatment. You can find one at the International Lyme and Associated Diseases Society (ilads.org) using the physician's directory.

Dr. Thalia Farshchian is a naturopathic doctor specializing chronic complex diseases, including Lyme disease and mold illness. For more information, please visit medicaloptionsforwellness.net

#### **MomSense** : Learning to live



Kids can learn a lot from unstructured time. PHOTO: VOYAGERIX

## The benefits of summer boredom

BY LIZ FARRELL

HANCES ARE YOU HAVE HEARD the refrain "I'm bored" more than a few times at this point of the summer. When hearing this from my daughter for the first time, I felt like I had to "fix" that problem for her. It usually came when we had no structured plan or activity, and I was actively trying to reduce screen time. My first instinct was I was being a bad parent if she was bored, and I had to step up my entertainment options. Now, after several summers of parenting, I have grown to see the benefits of experiencing boredom and realize also that it is good for kids — they need it. It teaches them life lessons such as resourcefulness, self-control, and self-discipline. Here are my tips for helping your child to experience summer boredom:

#### **UNSTRUCTURED TIME**

There is so much valuable learning that comes from giving our children unstructured time, especially in the summer. Camps and vacations are wonderful, but carving out time for kids to explore and create on their own is equally important. If we keep them constantly busy with lessons, activities, and screen time, they miss

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the opportunity to discover their own interests or to tap into their imagination and creativity. It is during this unstructured time that that they may build a fort or create a new recipe,

write a song, or put on a play with their cousins, which my children did recently. It takes practice and patience as parents because our instincts tell us we need to fill their time for them. There will be complaining and negotiating and maybe even a few tears, but in the end, remember you are giving them a gift. With all of us glued to our devices 24/7, the art of doing nothing is quickly becoming a thing of the past, so we have to create it for ourselves and our children. Even for me, some of my best ideas or thinking come when I have put my phone and computer away and take a walk or write in a journal.

#### **BOREDOM BUSTERS**

The idea of your children having to entertain themselves can be frustrating and daunting at first, so help them brainstorm some ideas to combat boredom. Ideas can be written as a list or on small pieces of paper and put in a box or jar that

they can pull out when they need to. The two most important parts are they help create the list and they end up choosing what activity they will do. Ideally, these boredom busters are things they like to do such as playing a game, reading a book, or going for a hike or bike ride, but the activities can be things they may want to try or even some chores. Some ideas on our list are shooting hoops, building a fort, playing cards, and my favorite that unfortunately never gets picked — cleaning out your closet and drawers.

#### CONNECTION AND RESPONSE

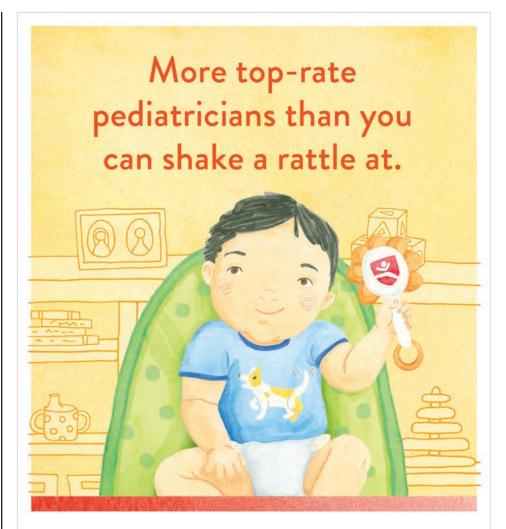
Sometimes boredom can be a mask for needing a little more connection. If your children are having a hard time self-entertaining, consider taking some time to snuggle or play a game with them. After they have felt that connection it may be easier for them to find something to do on their own. We have all become so dependent on devices for connection that we sometimes forget the power of a hug or even a short walk to the park. It has become almost impossible even for adults to feel bored. When we are waiting in a line at the grocery store or for food in a restaurant, our first inclination is to get out our phones to read an article, check

> email, or scroll a social media feed. Our response in these situations is what our children are watching and learning from, so the next time you find yourself in one of these situations, fight the

urge to pull out your phone and instead strike up a conversation with your child.

When I was growing up and my sisters or I would say we were bored, my mom would quickly respond, "I'm Kathy, nice to meet you." Now, my response to my kids is "interesting people don't get bored." With both responses, the intent is the same — this is not a problem I am going to fix for you. Boredom is part of life. Our children may experience it in school, or at some point in the workforce — the sooner we can teach them what to do with that feeling, the better off they will be.

Liz Farrell is the mother of three young children and the founder of TechTalks, a consulting group to help schools and families have productive and healthful conversations around social media and technology. Email: liz@marinatimes.com



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## The Marina Times Real Estate Market Report: May 2019 By Compass

		DEDDOOMO/		ADOUT/AT/DELOW	DAVO
NEIGHBORHOOD	ADDRESS	BEDROOMS/ BATHROOMS	SALE PRICE	ABOVE/AT/BELOW ASKING PRICE	DAYS O MARKE
Cow Hollow	2377 Filbert Street 2373 Filbert Street 1808 Filbert Street 2646 Chestnut Street	3BR/2+BA 3BR/3+BA 4BR/3+BA 5BR/4+BA	\$3,600,000 \$3,910,000 \$4,150,000 \$5,725,000	Above Below Below At	6 43 17 19
Lake St.	1120 Lake Street 162 22nd Avenue	4BR/2BA 4BR/3+BA	\$2,540,000 \$3,950,000	Above Below	9 19
Laurel Heights	21 Collins Street 555 Laurel Street 108 Palm Avenue	2BR/1+BA 3BR/3+BA 4BR/4BA	\$2,500,000 \$2,925,000 \$4,700,000	Above Above Above	0 10 4
Lone Mountain (no sales)					
Marina	3718 Divisadero Street 1646 North Point 12 Rico Way 77 Toledo Way	3BR/1+BA 2BR/1BA 3BR/3BA 4/BR/4BA	\$2,500,000 \$2,725,000 \$3,695,000 \$4,400,000	Above Above At At	15 5 13 0
Nob Hill	83 Bernard Street 1032 Broadway	2BR/1BA 4BR/4BA	\$1,300,000 \$9,900,000	Above Below	8
North Beach (no sales)					
Pacific Heights	2616 Octavia Street 2424 Divisadero Street 2224 Clay Street 2440 Washington Street 2807 Clay Street 1 Raycliff Terrace	3BR/2+BA 4BR/3+BA 5BR/2+BA 4BR/3+BA 5BR/4+BA 4BR/3+BA	\$2,181,000 \$3,525,000 \$4,200,000 \$4,900,000 \$6,650,000 \$7,685,000	Above Below Below Above Below Below	22 75 157 2 23 48
Presidio Heights	3455 Washington Street	6BR/5BA	\$7,500,000	At	217
Russian Hill	14 Macondray Lane 36 White Street 1089 Chestnut Street	4BR/\$BA 2BR/1BA 5BR/7+BA	\$4,600,000 \$1,800,000 \$9,900,000	Above Above Below	6 14 105
Sea Cliff	285 32nd Avenue	2BR/2BA	\$2,050,000	Above	15
Telegraph Hill (no sales)					
CONDOS					
NEIGHBORHOOD	ADDRESS	BEDROOMS/ BATHROOMS	SALE PRICE	ABOVE/AT/BELOW ASKING PRICE	DAYS MARK
Cow Hollow	1501 Greenwich Street #503	3BR/2+BA	\$2,453,000	Above	12
Lake St.	840 Lake Street #1 830 Lake Street #3 6118 California Street 146 7th Avenue 5606 California Street #201	2BR/1BA 2BR/1BA 4BR/3BA 3BR/1+BA 4BR/2+BA	\$1,060,000 \$1,220,000 \$1,705,000 \$1,851,000 \$2,300,000	Above Above Above Below Above	14 14 13 96 13
Laurel Heights (no sales)					
Lone Mountain (no sales)					
Marina	1656 Beach Street 2230 Francisco Street #102 3121 Franklin Street 3011 Van Ness Street 2023 Jefferson Street 147 Cervantes Blvd.	1BR/1BA 2BR/1BA 2BR/1+BA 4BR/2BA 2BR/2BA 2BR/2BA	\$1,070,000 \$1,310,000 \$1,665,000 \$2,100,000 \$2,150,000 \$2,200,000	Above Above Below Above Above Above	20 32 44 100 10
Nob Hill	1333 Jones Street #1009 1355 Pacific Avenue #303 1448 Sacramento Street #A 1868 Van Ness Avenue #703 1049 Clay Street 1308 Taylor Street	1BR/1BA 1BR/1+BA 3BR/2BA 2BR/2BA 3BR/2BA 3BR/2+BA	\$965,000 \$1,175,000 \$1,380,000 \$1,570,000 \$2,500,000 \$3,000,000	Below Above At Below Above Above	0 27 0 33 22 12
North Beach	55 Vandewater Street #1	1BR/1BA	\$800,000	Above	18
Pacific Heights	2106 Scott Street #B 2025 Broderick Street #7 1885 Jackson Street #401 1650 Broadway #406 1835 Franklin Street #303 2634 Octavia Street #1 2200 Pacific Avenue #6B 2295 Vallejo Street #2 2308 Divisadero Street 1940 Broadway #1E 1855 Broadway 1998 Broadway #1205 1960 Vallejo Street #8 1998 Broadway #1605 1629 Green Street 2526 Broadway 1925 Gough Street #22 2127 Broadway #6	1BR/1BA 1BR/1BA 2BR/2BA 2BR/2BA 2BR/2BA 2BR/1BA 1BR/1+BA 2BR/2BA 4BR/3+BA 2BR/2BA 3BR/3BA 2BR/2BA 3BR/3BA 2BR/2BA 4BR/3BA 4BR/3BA 4BR/3BA 4BR/3BA 4BR/3BA	\$780,000 \$890,000 \$960,000 \$1,175,000 \$1,225,000 \$1,243,000 \$1,375,000 \$2,150,000 \$2,225,000 \$2,600,000 \$2,610,000 \$3,400,000 \$3,400,000 \$3,525,000 \$5,200,000 \$5,500,000	Above Above Below Above Above Above Above Below Below Below Below Above Below Above Below Above Below At Above Below At Above Below At Above Above At	4 12 102 84 1 12 6 11 66 56 24 7 56 0 7 102 32 16
Presidio Heights (no sales	)				
Russian Hill	2336 Jones Street #A 2417 Larkin Street 929 Greenwich Street 2033 Leavenworth St. #C 1097 Green Street #6 1328 Greenwich Street 1050 North Point #1603 2354 Hyde Street 2111 Hyde Street #504	1BR/1BA 1BR/1BA 2BR/1BA 1BR/1BA 1BR/1BA 2BR/2BA 2BR/2BA 2BR/2+BA 3BR/2BA	\$855,000 \$1,025,000 \$1,150,000 \$1,177,000 \$1,300,000 \$1,560,000 \$1,600,000 \$1,800,000 \$2,510,000	Above	9 105 15 4 12 56 10 52 42
Sea Cliff (no sales)					
- La Citt (110 sales)					

The data presented in this report is based on the San Francisco Multiple Listing Service and is accurate to the best of our knowledge, but cannot be guaranteed as such. For additional information, contact Jay Costello, Manager, Compass, 1880 Lombard Street, 415.321.4274, jcostello@apr.com. www.apr.com

#### **Real Estate Reporter** More costs, more initiatives



There are two proposals to produce new housing for San Francisco teachers.

#### **News from the housing vortex**

BY JOHN ZIPPERER

#### **HOUSING PRICES REBOUND**

After several years of prices below the heights they reached in 2015, the median house sales prices are back up to their second-highest levels for the area including Cow Hollow, the Marina, Pacific Heights, and Presidio Heights. That's the news from Compass's Bay Area Market Report for June. Condo prices in this region are also at their second-highest level. In some other parts of the city, such as Noe Valley, Cole Valley, Glen Park and other nearby neighborhoods, the median home price is higher than it was in 2015.

Other statistics for the city as a whole also show a housing market that doesn't look ready to throw in the towel on its long bull run. The measure of average-days-on-market yo-yos up and down throughout the year between hot and cold months for sales, but Compass reports that over the past seven years, the trend has been for fewer and fewer days on market before a home is snapped up by a buyer

Don't own a home? Well, according to RentCafé.com, "Rents in San Francisco clocked in at \$3,648 in May, making them \$122 more expensive than at the same time last year. San Jose rents saw an annual net increase of \$30, reaching \$2,741 last month." In a separate report, the company notes that for the decade between 2007 and 2017, more than 1.34 million households with incomes of at least \$150,000 became renters. Though it might seem as if all of those were in San Francisco, that's the nationwide number. But RentCafé does note that "San Francisco has more high-income renters than it does high-income homeowners."

#### MORE DUELING BALLOT MEASURES FOR HOUSING

This can get confusing, so let's break it down carefully. Teachers in the city like to live in housing. I think everyone can agree with that. So do firefighters, editors, coders, and cheesemongers. But everyone loves teachers, and there are now two ballot measures proposed to build housing for teachers in the city using public land and streamlining the development process.

Mayor London Breed struck first in April by proposing to amend zoning laws to allow affordable housing to be built on publicly owned land (whether owned by the city, state, or federal government). Breed's plan would also stop members of the public from delaying projects for reasons good or bad with delays that can add millions of dollars to a project's cost. District 2 Supervisor Catherine Stefani, along with supervisors Vallie Brown and Ahsha Safai, indicated support for the proposal, but it would need the support

of three more supervisors to get onto the November ballot.

Meanwhile, District 3 Supervisor Aaron Peskin joined forces with colleagues Sandra Lee Fewer, Matt Haney, and Shamann Walton to put forward a competing proposed ballot measure that would not block public delays of projects but would allow housing that was 100 percent affordable and targeted at teachers. (The San Francisco Chronicle notes that the mayor's proposal "defines teacher housing as projects with two-thirds of units reserved for educators, while the four supervisors would require each unit to house at least one educator.")

In both cases, parkland would not be eligible for development.

Still unclear is what happens if a teacher in one of these units is fired, quits, or retires. Also, is this only for public school teachers? Do charter school teachers count? Teachers at religious schools? What if a teacher working in the San Francisco Unified School District gets a job in a different town but wishes to remain living here?

Which plan will we see on the November ballot? If they both end up getting there, it would not be the first time our legislators expected the voting public to discern critical differences in the confusing referendum written descriptions.

#### QUOTE UNQUOTE

"Although the San Francisco housing market sputtered slightly over the past 12 months, the fact remains that most people will never be able to buy a home at market prices in the city. According to the SF-based investment fund Unison, a home purchase in the city means decades of savings and upwards of \$200,000 per year in income (taxes not included) just to keep up on payments. Unison's second annual Home Affordability Report, released in early June, assesses what potential homeowners need to procure housing in 35 major U.S. cities. . . . 'Nationwide, it takes 14 years to save for a 20 percent down payment on a median priced home for those earning the median income, according to Unison. But in San Francisco that figure jumps up to a weary 40 years, the second highest in the nation behind only LA, which takes the top spot at 43 years."

—"Buying a home in SF means earning a \$200K salary — at least," Adam Brinklow, SF Curbed, June 21, 2019.

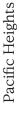
#### STAT OF THE MONTH

**\$1 billion:** The amount in land and financing Google is pledging in its efforts to build 20,000 units of housing in Silicon Valley

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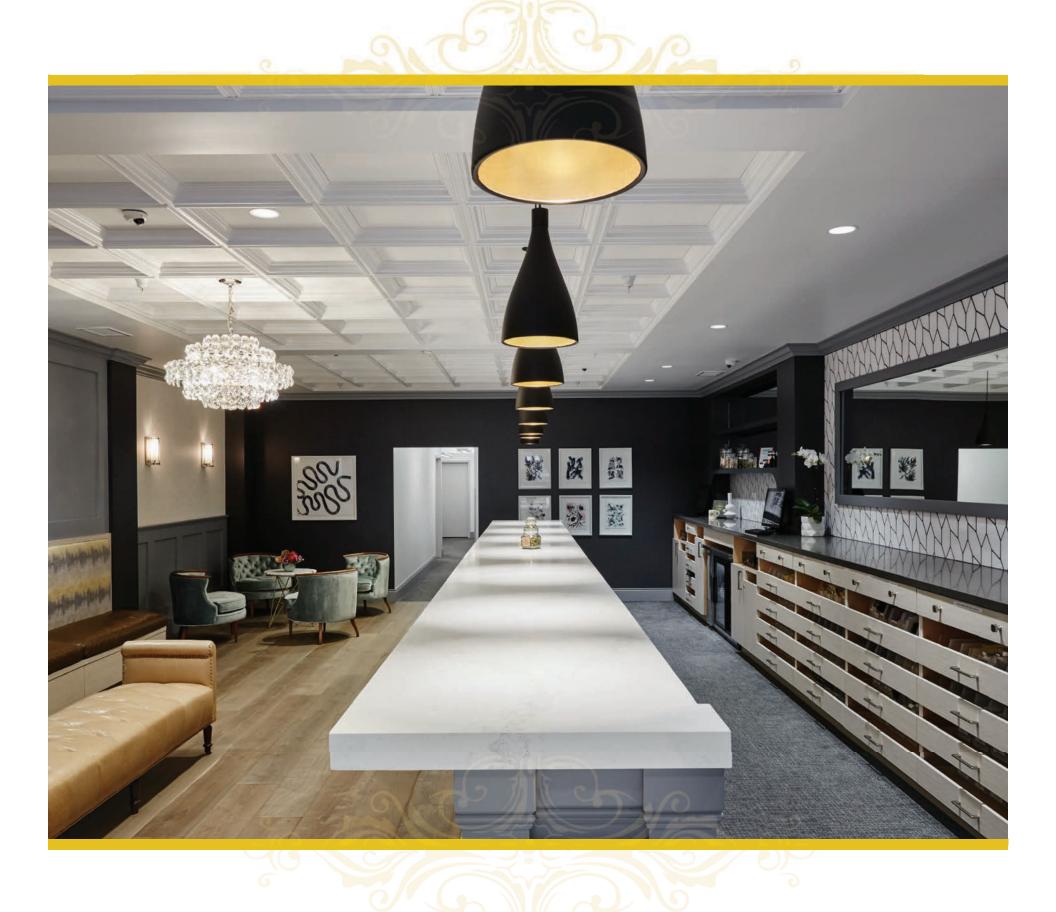


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